

## Student Planner

### SHSM Components

#### 1. A bundle of Grade 11 and Grade 12 credits

##### Major Credits

Four Grade 11 and 12 credits that build a foundation of sector-focused knowledge and skills before entering a postsecondary destination; at least one of the credits must be Grade 12. Since the required Grade 11 World Religions or IB Philosophy course counts as one major credit, only three more are needed. An extra Co-op credit (beyond the two credits required below) may also count for one of these major credits. If necessary, see your guidance counsellor for more courses that will satisfy this requirement.

**Plan at least three more credits (check  four)**  
 (at least one must be from the Grade 12 column)

GRADE 11	GRADE 12
<input checked="" type="checkbox"/> World Religions HRF/HRT 3O/3M or Philosophy HZB 3M-IB <input type="checkbox"/> Anthropology, Psychology, & Sociology HSP 3U <input type="checkbox"/> Leadership & Peer Support GPP 3O <input type="checkbox"/> Marketing BMI/X 3C/3E <input type="checkbox"/> Canadian Law CLU 3E/3M <input type="checkbox"/> Travel & Tourism CGG 3O <input type="checkbox"/> Environ. Science SVN 3M <input type="checkbox"/> Biology SBI 3U <input type="checkbox"/> American History CHA 3U <input type="checkbox"/> Media Arts ASM 3O/3M <input type="checkbox"/> Communication Technology TGJ 3O/3M	<input type="checkbox"/> Human Development HHG 4M <input type="checkbox"/> Nutrition & Health HFA 4C/4U <input type="checkbox"/> Personal Life Management HIP 4O <input type="checkbox"/> Working with Children & Adolescents HPD 4C <input type="checkbox"/> Recreation & Leadership PLF 4M <input type="checkbox"/> Bus. Leadership BOH 4M <input type="checkbox"/> Canadian Law CLN 4U <input type="checkbox"/> Economics CIA 4U <input type="checkbox"/> World Issues CGW 4U <input type="checkbox"/> World History CHY 4C/4U <input type="checkbox"/> Philosophy HZT 4U <input type="checkbox"/> An eligible Dual Credit

##### Co-operative Education Credits

Two credits that provide authentic learning experiences in a workplace setting, enabling students to refine, extend, apply and practice the sector-specific knowledge and skills acquired in the major credits. A third and/or fourth Co-op credit may be substituted for one of the major credits above and/or the related other required credit below.

**Plan at least two credits (check  one)**

GRADE 11	GRADE 12
<input type="checkbox"/> One 2-credit Co-op placement (a.m. or p.m.)	<input type="checkbox"/> One 2-credit Co-op placement (a.m. or p.m.)
<b>or</b>	
<input type="checkbox"/> Summer Co-op, starting after Grade 10, total of 2 credits	

##### Other Required Credits

One Grade 11 or 12 credit in a related subject area; an extra Co-op credit (beyond the two credits required above) may count for this related credit.

One Grade 11 math credit and one Grade 12 English credit; these credits are already compulsory credits for the OSSD.

\*If not counted as a Major Credit above

**Plan at least one more credit (check  one)**

<input type="checkbox"/> Accounting BAF 3M <input type="checkbox"/> Marketing BMI/X 3C/3E* <input type="checkbox"/> Bus. Leadership BOH 4M* <input type="checkbox"/> Computers ICS 3C/3U <input type="checkbox"/> Learning Strat. GLE/S 4O <input type="checkbox"/> Mathematics MEL 4E <input type="checkbox"/> Literacy OLC 4O	<input type="checkbox"/> Biology SBI 3C/3U* <input type="checkbox"/> Chemistry SCH 3U/4C <input type="checkbox"/> Physics SPH 3U/4C <input type="checkbox"/> Science SNC 4E/4M <input type="checkbox"/> Environ. Science SVN 3M* <input type="checkbox"/> Writer's Craft EWC 4U <input type="checkbox"/> An extra Co-op credit
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## Sample Timetable Plans by Destination

Apprenticeship/Workplace/College (with 4 Co-op credits)	
GRADE 11	GRADE 12
Religion (Major Credit)	Religion
English	English
Math	Major Credit
Major Credit	Co-op
Co-op	Co-op
Co-op	Elective
Elective	
Elective	

*The third and fourth Co-op credits count as a major credit and other required credit. One four-credit Co-op is also an option.*

Apprenticeship/Workplace/College (with 2 Co-op credits)	
GRADE 11	GRADE 12
Religion (Major Credit)	Religion
English	English
Math	Major Credit
Major Credit	Major Credit
Other Required Credit	Co-op
Elective	Co-op
Elective	
Elective	

*Co-op may be taken in Grade 11 instead, with electives taken in Grade 12.*

University (with one 2-credit Co-op)	
GRADE 11	GRADE 12
Religion (Major Credit)	Religion
English	English
Math	Major Credit
Major Credit	Elective
Major Credit	Elective
Other Required Subject	Elective
Co-op	
Co-op	

*Co-op should be taken in Grade 11 to allow for the Grade 12 courses needed for university admission.*

University (with two 1-credit Co-op)	
GRADE 11	GRADE 12
Religion (Major Credit)	Religion
English	English
Math	Major Credit
Major Credit	Co-op
Major Credit	Elective
Other Required Subject	Elective
Co-op	Elective
Elective	

*Summer Co-op can be taken between Grade 10 and 11 and/or between Grade 11 and 12 instead.*

### 2. Certifications and/or training courses/programs

Seven industry-recognized certifications that provide knowledge and skills related to safe work habits and sector-specific training and give students an advantage when entering the workforce. For instance, Standard First Aid, CPR Level C (including AED), WHMIS generic instruction, and ethical considerations are compulsory certifications for Non-profit.

### 3. Experiential learning and career exploration

Activities that take place outside the traditional classroom setting and allow students to observe, participate in, and reflect on a variety of sector-specific experiences and careers. Examples include job shadowing, job twinning, worksite tours, and attendance at career fairs, conferences or competitions hosted by the sector.

### 4. Reach ahead experiences

Experiences connected with students' postsecondary plans that provide them with an opportunity to experience the next step in their chosen pathway. Examples include tours of colleges, universities, training facilities and workplaces, interviews of employees in the sector or students studying in the field, and dual credit courses.

### 5. Sector-partnered experiences

Activities that take a process-based approach to innovation, creativity and entrepreneurship by encouraging the application of key skills to a unique experience solving real-world, sector-relevant challenges, developed and delivered in collaboration with employers and community partners.

### My Course Plan

GRADE 11	GRADE 12
Religion	Religion
English	English
Math	

Also plan for your courses and other learning opportunities in your Individual Pathways Plan (IPP).



*The future is yours*