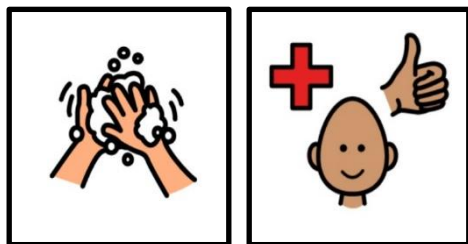


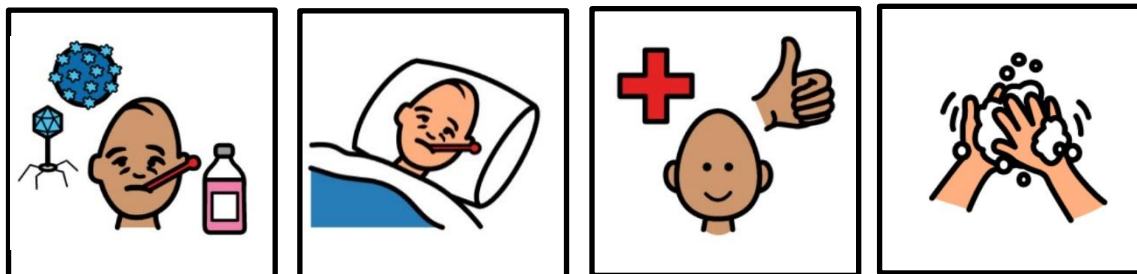
Washing Your Hands



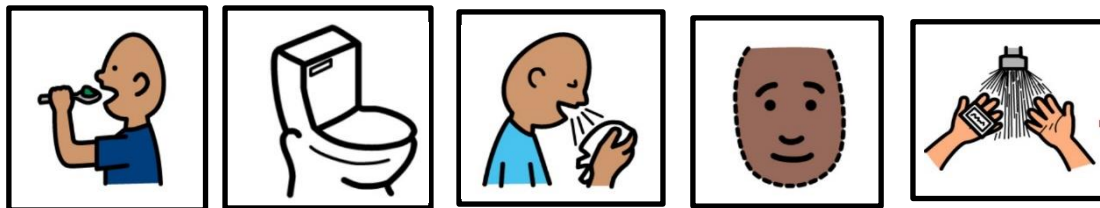
www.theautismhelper.com



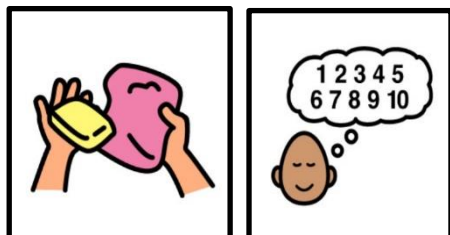
Washing our hands helps us stay healthy.



Coronavirus is making a lot of people sick. We can help stay healthy by washing our hands.



Before and after we eat, after we go the bathroom, after we sneeze, and before we touch our face we should wash our hands.



Use warm water and soap. Wash your hands for 20 seconds. I can count to 20 in my head.



Washing your hands is an important part of staying healthy.