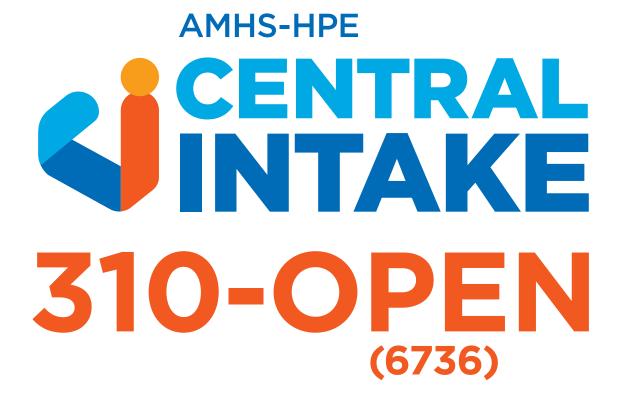


We have concluded our

AMH PANDEMIC HELPLINE

as the province has moved to a Stage 2 Re-Opening.

If you are in need of **addictions** or **mental health** support, please connect with



If you are in **crisis**, please contact the **Crisis Intervention Centre**613 969-7400 Ext 2753

RESOURCES/INFORMATION RELATED TO COVID-19

- >> Ontario Ministry of Health
 ontario.ca/page/2019-novel-coronavirus
- >> Public Health Ontario publichealthontario.ca
- >> Public Health HPE hpepublichealth.ca

- >> COVID-19 Self-Assessment Tool covid-19.ontario.ca/self-assessment
- COVID-19 Emergency Assistance mcss.gov.on.ca/en/mcss/programs/social/apply_online.aspx