## **Developmental Disabilities Consulting Program**

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## Family/Caregiver Consultation Service.

In these challenging times due to COVID-19, the Developmental Disabilities Consulting Program will be offering free, time limited telephone consultations for parents and caregivers of individuals with developmental disabilities or Autism Spectrum disorders.

**Types of assistance** Consultations on a variety of issues including:

- strategies for dealing with behavioural/sensory challenges
- caregiver stress management
- resources designed for parents/caregivers and individuals with developmental disabilities and Autism Spectrum disorders.

**Consultations** 3-4 calls will be available over 6-8 weeks.

During the first call we will:

- provide information about the services available
- obtain consent for services and videoconferencing
- gather information about issues of concern
- arrange for follow up calls from an Occupational Therapy or Psychology team member.

**Fees:** Consultations will be provided free of charge.

**To access this service,** please contact our intake coordinator at 613-519-2787 **Or email us at info@developmentaldisabilitiesprogram.com** for more information.

We aim to respond to requests Monday-Thursday from 1-4pm or return your voicemail within 72 hours.