

# Asthma

One out of five children in Ontario have asthma. There is no cure, but it can be controlled so that children lead healthy lives at home and at school.

Ryan's Law which came into effect May 2015, will help to protect students who have asthma.



What can you do to help your child at school?

1. Provide your school with a copy of notes and instructions from your child's health care provider where applicable.
2. Work with the school to develop an Plan of Care for your child.
3. Ensure that the information on file is kept up to date, including any changes in medications.
4. Work with an asthma educator to learn more about controlling asthma.
5. See your health care provider at least twice a year, even if asthma is under control.

For more information, please visit:

**[LungOntario.ca](http://LungOntario.ca)**

**[Asthma.ca](http://Asthma.ca)**