

St. Patrick Catholic School

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Bell Let's Talk Day/Family Literacy Day

Monday, January 23, 2023

Dear parents/guardians,

Bell Let's Talk Day takes place on Wednesday, January 25th, 2023. Bell Let's Talk Day aims to elevate awareness and reduce stigma around mental health. The theme for this year is "Let's Change This." At St. Pats, classrooms will have mandalas and speech bubbles available to them that each class can decorate and put in the halls. We will also participate in a whole school mediation moment. Ms. Stewart, our Child and Youth Worker, will also be visiting classrooms to do a small presentation about the meaning of the day.

Friday, January 27th is Family Literacy Day. We will be hosting a pajama/comfy clothing day while reading buddies make time to see each other. Some of our older students also plan to come into the younger classes during lunch and read stories to the students while they eat.

Many thanks,

Mr. Minutillo
Principal

Mr. Wells
Vice-principal