

# REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: [www.reginotredame.ca](http://www.reginotredame.ca)



## Newsletter

Newsletter is issued at the beginning of each month

### Principal's Address

This past weekend marked the beginning of **Advent** and indeed of the liturgical calendar. The readings remind us to "keep alert" and to light candles in this season of preparation and hope. Similarly, many people this year have already begun to decorate their homes with festive lights. We must all do our part to convey hope and light to one another in these potentially isolating times. Our school has visual reminders of the **Advent Season** and we are grateful to **Student Council** for the first of their **Advent** prayer services, shared by video.

We are now in the latter half of Octo Three. It is a good time to check your child's academic progress through their subject teacher. Courses move quickly in this system. I am hoping that students and staff are able to navigate this with some balance between learning and necessary downtime, both of which are essential. I have been so impressed with the efforts and collaboration of our whole community, but also note the stress levels. The **Christmas** holiday break is even more crucial this year.

We are moving into the season of Grade Eight registration for **September 2021**. Please see the Student Services section for information about the **Grade Eight Parent Information Night** (virtual) and the **International Baccalaureate (I.B.) Program**.

Take care, everyone, of yourself and others.  
Terri Daniel

### Pastoral Services

"Come Lord Jesus" is our Advent prayer.

**ADVENT** is a Latin word meaning "a coming or arrival". The four candles of the **Advent wreath** represent the four weeks leading up to Christmas as we anticipate not only the historical birth of Jesus but also his coming among us today and looking forward to his final coming in glory! Thank you Students' Council for putting together our Advent Candle lighting prayer services on the **Regiopolis-Notre Dame youtube channel**.

**Christmas Mass:** start planning now to find how your parish plans to celebrate in this time of Covid restrictions. Hopefully there is room for you to go to mass but if not there are many parishes ready to help you celebrate online.

**\$1000 Club Advent: "Food Sharing Project"** There will be another chance for individuals and groups to contribute to the **\$1000 club for Advent**. Donations will be collected all month to go towards the **"Food Sharing Project"**. People will also be able to donate through **'Cash online'**. Everyone knows our brains need fuel to do our best at school and we know that teenagers don't always plan ahead to bring that nutritious food. Let's be grateful for the weekly food we receive at RND and use this chance to give back and to help others who would be grateful for that individually packaged muffin or cheese. The cost of Covid friendly (individually packaged) food is an added financial burden to those who generously support this program, so consider donating this advent!

**Coat Drive:** Thank you to **Students' Council** and **Faith Rep Autumn Thorpe** for organizing a successful Coat Drive for the needy of our community through **St. Mary's Cathedral's** outreach programs.

**Eco-Schools Team and ACSA:** Mask recycling is now possible at the **Cowdy St.** entrance. African-Caribbean Student Mentors from **Queen's** are inviting students of **Regi** of all cultural backgrounds to contribute to their **Virtual Culture Show** in **February** with the theme of "Together"! See **Mary Elaine** in Chaplaincy for more information.

### Student Services

#### Reminder for Students Applying to University

The deadline for Ontario secondary school students to submit completed online applications to OUAC (Ontario University Application Centre) is **January 15<sup>th</sup>, 2021**. Because of the high volume of applications received prior to this date, RND students are strongly encouraged to complete their application prior to the Christmas Holidays.

Students are encouraged to make an appointment with their guidance counsellor if they need any further assistance with their application. Students should have received their OUAC PIN through Canada Post. This PIN is needed to apply.

Students applying to out-of-province universities must inform **Mrs. Warren** as soon as possible so deadlines for transcripts can be met.

### **Reminder for Students Applying to College**

Applications received and paid for on or before **February 1<sup>st</sup>, 2021** will be given equal consideration by the colleges. Because of the high volume of applications received each year, RND students are strongly encouraged to complete their application prior to the Christmas Holidays. After **February 1<sup>st</sup>, 2021**, applications are still processed but will be considered by the colleges on a first-come, first-served basis. It is unlikely that an application for a highly competitive program will be considered after the deadline.

Students are encouraged to make an appointment with their guidance counsellor if they need any further assistance with their application.

### **Regi Guidance in D2L**

Several grade 12s are missing important announcements and reminders because they are not on the Regi Guidance class list. If you do not see Regi Guidance in “your classes” please let your guidance counsellor know so we can add you.

### **Semester Two Co-op Students**

Any student in grade 11 or 12, who has co-op in their semester two timetable should be searching for an appropriate co-op placement with the help of family and friends. This is especially important if the co-op is periods 1 or 2 (morning) or is full day. If you have any questions, please contact **Ms. Lott or Mr. Farrell** in Student Services.

### **Dual Credit**

There are limited spots still available in some dual credit courses. Students can participate in courses on site at SLC, but RND students also have access to congregated courses offered virtually at St. Lawrence (Kingston) and integrated courses offered virtually from all three St. Lawrence campuses. If interested, please contact **Ms. Lott** at extension 2527.

### **Grade Eight Visits**

Guidance counsellors will visit partner schools of RND in the weeks leading to Christmas Break. Grade 8s will receive registration packages and direction for the 2021/2022 course selection process. Completed registration packages for partner-school students are due in Student Services by **Thursday,**

**January 14<sup>th</sup>, 2021.** Registrants from non-partner schools must complete registration materials by **Friday, January 22<sup>nd</sup>, 2021.**

### **Grade Eight Night 2021**

Parents and students interested in learning more about what RND has to offer should tune into our Virtual Grade 8 Night on **Wednesday, January 13<sup>th</sup>, 2021.** Our program will include a general information session, a virtual tour, and a student video. It will air on the RND YouTube channel at 6:30pm that night. Be sure to watch!

### **KFPL Tutors Needed**

KFPL is presently accepting volunteer applications from upper-year high school students comfortable with tutoring and motivating younger students in various subjects. Volunteers will attend a brief training session and weekly tutoring sessions. These sessions will take place over the library’s Zoom account, so participants will need access to an Internet-enabled computer with a web cam and microphone.

This is an excellent opportunity for high school students to develop important skills and earn volunteer hours during this exceptional time. Interested students are encouraged to apply online or to email **Graeme Langdon**, at [glangdon@kfpl.ca](mailto:glangdon@kfpl.ca) for more information.

### **Tutoring at RND**

***Paid Tutors*** – There is a short list of private tutors who offer one-on-one tutoring for a fee (generally \$20-\$30 per session). Please see your guidance counsellor for more information.

***HYPE (Helping Young People Excel) Tutoring Program*** – An after-school tutoring program offered by Queen’s University – It is FREE and this year it is virtual. Qualified tutors help in all subject areas at all grade levels. Check out the QR code on Regi Guidance to book a session with HYPE.

***Mathify (formerly Homework Help)*** - Mathify is a FREE online math help resource for students in Grades 7-10. Visit <https://tvomathify.com/students> and register with student OEN (Ontario Education Number) found in Maplewood and Date of Birth.

### **Pathways to Education**

Pathways to Education is a free, community-based program providing high school youth with -

- Tutoring - all subjects
- Mentoring - Includes workshops, field trips, YMCA memberships, and volunteer opportunities
- Financial Support - incentives include PC Gift cards, school lunch vouchers, and a post-secondary scholarship up to \$2000 (after four years)
- Other Support - each student is assigned a student/parent support worker

Pathways is open to any high school students who live in the area of Division Street, Raglan Road, Conacher Drive, and the Inner Harbour area. Meetings between Student Support Workers and RND students in the Pathways program began in early October.

For more information, please contact: **Petra Hanson**, Student/Parent Support Worker Representative, Pathways to Education, Kingston Community Health Centres. Call **613.507.7107 ext. 2106** or email at [Petrah@kchc.ca](mailto:Petrah@kchc.ca).

### IB News

This year, the IB Information Evening for Grade 8 students and parents will take place virtually. An online **IB at RND Virtual Presentation will be available by December 1<sup>st</sup>**. Anyone interested can view the presentation. No preregistration is required. **Deadline for IB Applications is January 22<sup>nd</sup>, 2021 for nonfeeder schools**. Students may register online through the direct link on our website. If you have any questions about the IB Programme at RND, please email **Mr. Jim David**, [david@alcdsb.on.ca](mailto:david@alcdsb.on.ca).

### RND Mathletes

RND has ten new grade nine mathletes already join. Any student from any grade can join the mathlete club. We are practicing online during the weekends. Our math coaches post and work with the mathletes challenging math problems in preparation for the **University of Waterloo** math contests and hopefully, math tournaments in the spring.

Contact **Mr. Santos** via email: [santosh@alcdsb.on.ca](mailto:santosh@alcdsb.on.ca) and he will get you connected with the mathlete practices.

### 2020 Mathlete Awards

**FORREST CAO** - Pascal Medal winner & Certificate of Distinction. **BEATRIX LAU, ALEX DUGGAN** - Pascal Certificates of Distinction. **SHIANN BUCHANAN, SUZANNE PINDER, KATIE FARDELLA** - Pascal Honors Certificate.

**ASHER HERX** – Cayley Medal winner & Certificate of Distinction. **LEVI PROST** - Cayley Certificates of Distinction.

**ERYA XU, DELANEY BEACOCK** - Cayley Honors Certificates.

### Canadian Intermediate Math Contest

**LORLEI SECRIERU, ASHER HERX** – Certificates of Distinction. **ERYA XU** – Honours Certificate.

**LUCAS OLMSTEAD** – Fermat Medal winner & Honours Certificate. **ETHAN GLASSFORD, ELLA HSU** – Fermat Honours Certificates

### Canadian Senior Math Contest

**LUCAS OLMSTEAD** – Honours Certificate

### EQAO Literacy Test

Due to school closures in the spring, both the grade 10's and 11's at RND will write the Ontario Secondary School Literacy Test (OSSLT). The test is scheduled for the spring of 2021, although EQAO has released no official date as yet. The OSSLT is a requirement for graduation, so the Literacy Team has been working hard to prepare students for the upcoming assessment.

In November, all grade 10 and 11 classrooms wrote a practice assessment in order to give students a chance to sample actual questions and to identify At-Risk students. The results will be released to students, parents and guardians in early December. Resources are available to students through their Literacy – OSSLT Course, on their D2L homepage.

### Students' Council

Another great month in the books! Thank you to everyone who helped Regi continue to be a safe and welcoming place to learn. We are now into Octomester 3 and hope everyone is enjoying their new classes. We would like to thank all those who took part in our November events. One of our major events this month was the virtual **Remembrance Day** service that took place on **November 11<sup>th</sup>**. It reminded all of us about the sacrifices and bravery of Canadians who have served and continue to serve our country. A goal for this month was to order new RND merchandise, including RND athletics merch! It will be sold on certain dates during the different lunch periods. If parents would like to order something for Christmas, please reach out to **Ms. Rizzi** by email at [emmejaim@alcdsb.on.ca](mailto:emmejaim@alcdsb.on.ca) and she will do her best to get it together for you. Regi's blood taxi is also up and running! The next date to give blood is **Wednesday, December 2<sup>nd</sup>**.

Looking ahead, we are excited to participate in Christmas Spirit week, from **December 14<sup>th</sup> to 18<sup>th</sup>**, and enter the Christmas break on a high note! Some of the themes for this spirit week are ugly Christmas sweater day, red and green day, and cozy day. We will let you know the specifics once we get closer to the date! As we head into Advent and the Christmas season, Students' Council is working on preparing Advent readings and songs as well as organizing a clothing drive to help families in our community. We are also looking forward to our Christmas coffeehouse which will take place on **December 17<sup>th</sup> at 6:30**. If

you miss any of the coffeehouses, they are available on **Regi's YouTube channel**.

Check out RND Student Council on:

[Instagram](#) @rndstudcouncil,

Follow RND on [twitter](#) @RegiNotreDame

and [Facebook](#) @regi.communicate.

### **Homestay for International Student**

We are currently looking for a host family for a grade 10 boy from Germany who will attend RND for Semester 2. If you would be interested or would like further information please email **international@alcdsb.on.ca** or you can call or text **Rob** at **613-634-6589**.

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