



Algonquin & Lakeshore
Catholic District School Board



PSYCHOLOGY
CLINIC at Queen's University



Do you have or know anyone who has a child in Kindergarten?
Ever wonder about the wiring of the brain and its effect on our emotions?

Do you often parent in the 'red brain'?

Do you know what causes your child stress?

Did you know that it is crucial to think about the 'why behind the what' of your child's behaviour?

SELF-REGULATION: AN INFORMATION NIGHT FOR PARENTS*

A friendly, open discussion co-facilitated by
Tess Clifford, Ph.D., C.Psych.
Director, The Psychology Clinic at Queen's

Marie-Josée Gosselin-Gray & Jordan McDonald
Kindergarten Educators

RESCHEDULED TO THURSDAY, FEBRUARY 28

~~Feb 13~~ | 5:30-7pm | École catholique
Cathédrale Early Years Campus | 48 7th Ave. |
Refreshments provided | Child care provided

This information night is part of our goal to open up dialogue about children's emotional well-being and what we can all do to better support their everyday needs

*If you are an educator in the Early Years, you are most welcome to attend; however, you will have an opportunity to take part in another learning session in March