



Walk-in Counselling Clinic

Kingston

Pathways for Children and Youth is pleased to offer walk-in single session counselling service in this location. There is no referral process, a **first come, first served, free service** for families in the community. Just walk in to our Sydenham Office to see a counsellor. A single session offered in a timely fashion to individuals and families ready to work toward a solution to a problem or concern is all many people require to decrease stress and get things moving in the right direction.

Who can use this service?

Children, youth (under 18), parents, grandparents and families from the community

When?

Every Tuesday starting at noon with the last session at 6:45 p.m.

Where?

Kingston Office at 31 Hyperion Court, Suite 100 (John Counter Blvd. to Lappan's Lane)

What can I expect?

An hour long conversation with a Pathways counsellor which focuses on a child or youth's behavioural, emotional or other mental health concern and a solution focused plan.

For more information:

Check out our website-www.pathwayschildrenyouth.org

Email Pathways intake at: intake@pathwayschildrenyouth.org

Or phone 613-546-8535 ext #1