

# St. Martin of Tours Catholic School

## Newsletter

### October 27, 2020



Superintendent of School Effectiveness: Mr. David Giroux  
Principal: Mrs. Patricia Flagler Edwards  
Vice Principal: Ms. Tara McEnery  
Custodian: Mr. Adam Wannamaker  
Administrative Assistant: Ms. Marta Walczak

Trustee: Dr. Peter McEnery  
School Council Chair: Kelli Nicholas  
Pastor: Father Malachy  
School Phone: 613-637-2720  
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#### Healthy Snack Program



We have been given the OK to start the healthy snack program again! With new guidelines and procedures in place, we can now serve prepackaged snacks. These items will include but are not limited to things like granola/cereal bars, yogurt tubes/cups/drinks, crackers, cheese strings, fruit cups etc.

Positive self-esteem and body image, healthy eating and physical activity are fundamental to healthy growth and development for children. Children have high food needs due to their growth and activity. Many studies have been completed on the correlation between nutrition and academic performance. All conclude a child's academic performance is directly affected by whether nutritional needs are met. Please continue to provide your child/ren healthy snack and lunch options. Thank you to Presidents Choice Children's Charity and Food for Learning for providing financial contributions to our snack program.



#### Halloween Dress Up Day



Friday, October 30<sup>th</sup>! Dress up in your costume or wear Orange and Black!

#### Dressing for the Weather



Winter is coming and snow has arrived in Whitney! Please be reminded that outdoor recess during the lunch period is 40 minutes. Please be sure your child is dressed appropriately for outdoor play at school; snow pants; warm, waterproof gloves/mittens; warm scarves & hats; and of course, boots. It is also a good idea to send in extra pairs of dry mittens and socks.

#### Legion Poster and Literacy Contest



Students are beginning to work on their black and white or coloured posters, poems or essays for this year's Royal Canadian Legion Poster and Literacy contest. We will be sending home permission slips for parents to sign, allowing us to send in your children's work to our local Legion Branch 406. 2020 marks the 75th anniversary of the end of WW II with the celebration of V-DAY. This is a great opportunity for our students to learn more about the history of Canada and to show their respect to those who made the ultimate sacrifice for our county.



Algonquin and Lakeshore Catholic District School Board  
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## Remembrance Day Service



With the new restrictions that have been put in place due to Covid-19, we will not be able to have a traditional Remembrance Day service like we have had in the past. This year we will be creating a virtual presentation that we plan to upload onto YouTube and send a link home for everyone to watch from the safety of your homes.

## Mask Donation

Thank you to Whitney and Area Algonquins for the gift of a reusable mask for each student and staff.



## St. Martin of Tours News Coverage

Thank you to Mike Riley for positive coverage of our school's work on the garden display and our Eco School Program in both the Bancroft Times and the Toronto Star over the past two weeks! Google "Toronto Star Couth Algonquin" to take a look!



## Scary Skeleton Monster Blocks

Students are having fun tapping into their creative side and creating Skeleton Monsters from Cuisenaire Rods which they then use for a variety of mathematical calculations of varying complexity.



## Tower Garden

We are excited to have started planting seeds for our Tower Garden! Students will be working hard to help these seeds grow into delicious and nutritious vegetables indoors!



## Snow Fun in Whitney!



## Science Room

Thank you to Trustee Dr. Peter McEnery for lending us his collection of anatomy models for our science room! Students have been enjoying exploring these and learning about the human body!

