



Holy Cross Catholic Secondary School

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For complete information about events at the school visit our website at www.hctoday.ca

Newsletter – December 2014

School Pastoral Theme for 2014-2015 “BLESSED ARE THE PEACEMAKERS” (Matthew 5:9)

Message from the Principal

The season of Advent is upon us again. Advent is a special time in the Church calendar, the start of the liturgical year, and is perhaps best remembered by our students as the time when we display a wreath and light one pink and three purple Advent candles, one for each week leading up to Christmas. This ritual will be repeated each Monday during Advent in the Holy Cross foyer. This is also the time of the year when those less fortunate are most at risk. While we ask you to give generously to assist materially – through our Advent campaigns in support of the homeless and pediatric care – we also need to be conscious of our spirits. Depression and anxiety are mental health concerns throughout the year, but can be felt most acutely during the Christmas season. The true joy of the season can be found in celebrating the birth of Christ in community. At Holy Cross, we offer many opportunities to celebrate: we just hosted a highly successful OFSAA “AAA” boys’ volleyball tournament; our winter sports teams have begun practicing and will be competing soon; plans are underway for a winter ice fishing tournament; *Shrek: The Musical* is beginning its run; the Katharine Splinter Memorial Concert is set for Thursday, December 11th; our annual Coffee House happens on the 17th. I encourage you to boost your spirit by celebrating with us over the month of December.

Ian Stuart, Principal

Poinsettia Sale in Support of Our Bridges Program

Poinsettias orders will be delivered to Holy Cross on Wednesday, December 3rd. Mark that date in your calendar and be ready to pick up. Any questions, please contact Mr. Walker at the school.

November 30th – First Sunday of Advent

December 1st – Improv Team Tryouts

December 2nd – Salad Bar opening in the cafeteria

December 3rd – Improv Team Tryouts

December 4th – Advent Reconciliation

December 6th – National Day of Remembrance and Action on Violence Against Women

December 9th – Crusader Bands in the foyer at lunch

December 10th – Crusader Bands in the foyer at lunch; School Council Meeting @ 6:00

December 11th – Advent Mass; Grade 11 Assembly for Post-Secondary applications; Katharine Splinter Memorial Concert @ 7:00 in our gym

December 15th – Recommended date for submission of college and university on-line applications

December 17th – Wellness Wednesday #4; Coffee House @ 7:00 in the cafeteria

December 18th – Advent Campaign ends

December 19th – Non-uniform day and final day of instruction before Christmas Break



Senior Boys' Volleyball, OFSAA 2014, Coached Mr. Manion

Counsellors' Corner

Looking for a Job or Volunteer Hours...

Students are reminded to listen to the announcements regarding volunteer opportunities.

Course Changes for Semester Two

Students intending to make changes in their Semester Two timetable are asked to do so by Friday, December 12th.

College/University Applications

Post-secondary application workshops and information sessions have concluded. Although the deadline for applications to OUAC (University) is January 14th and OCAS (College) is February 1st, the Holy Cross recommended date is December 15th. All PIN numbers for university applicants have arrived, and students should have stopped by Student Services to pick up theirs. PIN numbers are not required for college applications; however, students do require their OEN number which can be found on their report card.

Shad Valley

A pre-university experience for grade 10, 11 and 12 students. Shad Valley offers an ambitious curriculum of academics, collaborative projects, and physical/recreational activities. An application form, personal accomplishment profile, reference letter and essay are part of the application process. Apply before December 11, 2014. Applications are available at www.shad.ca

House of Commons Page Program

Grade 12 students accepted to a university in the National Capital Region with an academic average of 80% are eligible to apply to the House of Commons Page Program. Work begins in late August 2011, and the work schedule will be coordinated with their university schedule. Students must also speak fluent French to be eligible. For more information please go to www.parl.gc.ca/hocpage. The deadline to apply is Thursday, December 9th, 2014.

Honour Roll 2013-2014

This year's Honour Roll Ceremony was held on Wednesday, November 5th, during Period One in our cafetorium. It was a wonderful celebration of academic achievement. Three hundred and fifty students were honoured for achieving an average of 80% or higher during the 2013-2014 school year. As well, the Math Contest winners in each grade were awarded their medals and certificates. The culminating moment was the announcement of the student in each grade who achieved the highest average. Congratulations to Stephanie Gagnon (gr.11), Olivia Lynch (gr.10) and Derek Zhang (gr.9). This year our guest speaker was Gavin Cosgrove, ALCD SB Trustee, and lawyer, who graduated from Holy Cross in 2000. Finally, the audience was treated to a preview performance of a scene from this year's dramatic production *Shrek: The Musical*. Overall, it was a lovely celebration and a proud moment for us all.

➤ Grade 9 Honour Roll 2013-2014

Rachel Angers, Sheena Angers, Alyssa Anglin, Arjun Augustine, Benjamin Bach, Chase Badalato, Kaliah Barker, Danielle Benton, Mary Elizabeth Besselink, Taylor Bickerstaffe, Emily Binkley, Michael Biringner, Cierra Blundell, Derek Broekhoven, Alicia Burelle, Sloan Caird, Chanlor Card, Taylor Carlyle, Nicolas Case, John Chase, Jacob Cleysen, Kort Clifford, Emma Coleman, Drew Cooper, Alex Daicar, Adam Dantes, Gabrielle Deodato, Emily Deszpoth, Jessi DiRocco,

Karlee Donovan, Alexander Drewniak, Owen Dutra, Rachel Flynn, Sydney Gauthier, Naomi Gazendam, Decker Golemiec, Anna Greentree, Taylor Hagerman, Kyle Hancock, Mack Hancock, Katrina Hartmann, Holly Hebert, Jarryd Herron, Julia Hickey, Halen Hinch, Bobby Horth, Jacqueline Hulton, Kathryn Jalink, Stephen Johnston, Aidan Joyce, Devin Kane, Keira Kelly, Roddy Kimmerer, Jaime Knights, Kaitlyn Kobayashi, Brittany Kring, Jennika LaPierre, Kayla Laurendeau, Jack

Lawrence, Lillian Low, Heather Lumb, Lexiana MacLean, Victoria Martins, Jorden Matthews, Matthew McDonald, Olivia McKeown, Megan Medeiros, Mackenzie Melim, Jared Mezzatesta, Colin Migneault, Marissa Murphy, Samantha Murray, Michael Nichol, Samantha Nichol, Owen O'Neill, Jennifer Onwuemeodo, Grace Ottenhof, Brooklyn Parlane, Jacob Patterson, Samuel Patterson, Sam Pierson, Emily

- Award winner for best overall average **Derek Zhang**

➤ **Grade 10 Honour Roll 2013-2014**

Jessica Abercrombie, Francesca Amarante, Emily Anderson, Shannon Anderson, Merrick Anglin, Philip Bourque, Brianna Bowes, Noah Cabral, Adrian Cachaco, Ashley Callery, Brendan Cameron, Cassandra Cantarutti, Maggie Cantarutti, Madison Chiasson, Sofie Chodkowski, Chad Coleman, Taylor DaSilva, Emily Dennie, Zack Dorval, Julia Doyle, Alexander Du Bois, Shannon Dunphy, Alyssa Etherington, Bailey Fenwick-Vanduinen, Owen Ferguson, Adam Flisikowski, Jacob Flisikowski, Jesse Fraser, Philippe Gagnon, Jacob Gazeley, Turner Gazeley, Karen Gladstone, Kayla Golden, Michaela Gooding, Jared Griffith, Evan Grypma, Mark Guanzon, Priya Gupta, Danielle Harper, Sage Hartmann, Christian Hayes, Madeline Healey, Steven Hearn, Donya Hojabr, Peter Iliescu, Urla Javier, Noah Jodoin, Amber Johnson, Emma Johnson, Logan Joyce, Rachel Lackey, Devon Lajoie-Ryan, Amanda Lanteigne, Devin LeBlanc, Maddy LeBlancq, Simon Lewis, Rachel Long, Olivia Lynch, Rylee MacDonald, Selena MacKenzie, Emily MacPherson, Brooke Madigan, Lexa Mahoney, Isabelle Makula, Sarah Mallen, Hayley Maloney, Jack Marko, Katrina Marshall, Thomas Martin, Andrew Martins, Celina Medeiros, Alex Melo, Nicole Mojsiuk, Courtney Norman, Marisa Norris, Isaac Osborne, Natalie Palma, Franklin Parkes, William Parkes, Ashley Pascoal, Julia Pascoal, Caleigh Patterson-Mahoney, Kyle Penney, Alexis Perin, Angelica Peters, Melodey Planetta, Sydney Przontka, Nicholas Raposo, Eric Rebelo, Brandon Robbins, Jamie Robertson, Kayla St. Jean, Jamie Sammon, Tessa Seguin, Lucas Sheridan, Rebecca Simms, Lindsay Simourd, Holly Smith, Skylar Smith, Sophia Smith, Anna Stafford, Joshua Sutherland, Sarah Szumlanski, Stephany Taylor, Kelly Thompson, Colin Tonge, Ashley Turcotte, Mackenzie Tye, Micheal Valiquette, Cortney Vandenberg, Jessiya Vandenberg, Julia van der Merwe, Coen vanZevenbergen, Katie Vincent, Noah Vinet, Hunter Waddell, Nathan Westman, Jenna Whalen, Shelby Wheeler, Katarina Wilson, Jaden Wood, Alasdair Worrall, Lynn Yan, Keyana Yeatman-Michaud, Jessica Yoo, Jason Zhang, Joey Zheng

- Award winner for best overall average **Olivia Lynch**

➤ **Grade 11 Honour Roll 2013-2014**

Michael Allen, Abbey Anson, Joshua Anthony, Andrew Aubin, Gabriel Bach, Kelly Banks, Emily Barker, Kara Barr, Natasha Barton, Nicole Bengtsson, Jonathan Besselink, Kourtnei Bickerstaffe, Nicholas Boutilier, Katrina Bracken, Kay Brant, Nolan Breault, Ciara-Shay Brown, Shawna Brunet, Bradley Byron, Kylie Callery, Allison Cameron, Jonathan Campbell, Alicia Christie, Kristen Coenen, Jesse Collins, Tara Coombs, Quinn Cota, Kyle Cox, Lawson Crouse, Tess Danforth, Courtney Day, Gabrielle Do Canto-Esford, Alison Dodwell, Megan Dunbar, Avery Esford, Cassandra Forshner, Stephanie Gagnon, Danielle Geary, Cedar Gollé, Kiana Gouveia, Jordan Grady, Bailey Greenwood-Vidal, Elizabeth Guiney, Kate Hall, Carter Hoffman, Cassidy Hollywood, Megan Hudson, Zachary Hutcheson, Brandan Ignazzitto, Rylie Kane, Arianna Kemp, Avery Kent, Christopher Kimmerer, Nicolas Kingan, Ryan Kinsella, Zachary Kish, Joshua Kurish, Brigitte Lachance,

- Award winner for best overall average **Stephanie Gagnon**

Pilcher, Dawson Reid, Travis Reid, Anna Rhines, Noel Rivet-Glavicic, Devon Robb, Allie Robertson, Mallory Shoniker, Anna Siju, Nicole Skolnick, Marissa Sloboda, Thomas Stathopoulos, Loren Tackaberry, Cole Terpstra, Maxwell Tinline, Lucas Tulk, Gavin Van Dyke, Nicolas Varey, Tara Venno, Lauren Walker, Colin Watts, Bryce Westbury, Enid Yu, Micheala Zanchelli, Benjamin Zarichny, Derek Zhang, Katherine Zlatanovski

Kirsten Lebel, Patricia Leconte, Brendan Lee, Sydney Lewis, MacKenzie Ley, Jesseca Liedeman, Kaitlyn MacDonald, Meaghan MacDonald-Walters, Philip MacLean, Stephen Makarucha, Jade Mau, Hannah McCormick, Michaela McGrath, Murray McLaren, Shayla Moore, Liam Moran, Taylor Morrison, Matthew Muller, Timothy Mullin, Jensen Murphy, Brandon Nadeau, Jewel Neill, Kirsten O'Connor, Benjamin Ottenhof, Christina Papadakis, Claudia Pawlak, Sarah Peebles, Grace Pereira, Kaitlyn Philip, Cheyenne Playfair, Monica Rafter-Sickling, Mikayla Reid, Luke Richardson, Quinn Robbs, Chad Roddy, Alexxa Roy, Jenna Shoniker, Hannah Smith, Elizabeth Spinozzi, Nikolai Stakheiko, Brodie Stevenson, Victoria Stinson, Kento Stratford, Courtney Street, Felicity Stroman, Abigail Sutherland, Geneviève Symons, Elliot Tang, Rajiv Tanwani, Alexis Teal, Madison Turner, Scott Varey, Cole Vlahos, Nicholas Vosburgh, Alexander Wassef, Abigail Watson, Meagan Weir, Rose Worrall

Provincial Math Contest Winners were also recognized at the Honour Roll Ceremony.

Carter Hoffman received both a Certificate of Distinction and a School Medal for his performance in the 2014 Fermat Math Contest. **Qiyun (Joey) Zheng** received both a Certificate of Distinction and a School Medal for the 2014 Cayley Math Contest. **Olivia Lynch** received a Certificate of Distinction for the Cayley Math contest and a School Medal for the Galois Math contest. **Brendan Cameron** also received a Certificate of Distinction for the Cayley Math contest. **Arjun Augustin** received a School Medal for his performance in the 2014 Fryer Math Contest.



The Survey Says...

Thank you to everyone who took the time to complete the 2014 Uniform Survey over the past few weeks. The survey is now closed on-line, but paper survey forms are still available through the main office at Holy Cross. Preliminary results are very interesting and will guide the Uniform Committee discussions through December and into 2015. Look for updates on the school website and in upcoming newsletters. Keep in mind that, contrary to the rumour mill, no changes to the uniform policy will occur this year and, if changes are to occur, they will happen in September 2015. These changes will be publicized widely, in all HC media, and well in advance of uniform sale dates.

A Message from Students' Council

The most wonderful time of the year is approaching! That's right, the month of December is upon us! This year's production of **Shrek: The Musical** was a booming success and has received nothing but great reviews from people who have seen it! But the month of December is full of great events. We have many things going on like the Gingerbread House Contest, the Advent Charity Drive, Tacky Sweater Day, Hobbit

movie trip, Santa photos and Christmas karaoke! This year we will be getting into the holiday tradition of giving back as well. Students' Council is supporting our Advent charity drive going on during the month, and we will be providing winter clothing items for children and youth. With all this going on we hope everyone stays humble, stays thankful, and has a Merry Christmas!

Gabe McDonald, Communications Officer, Students' Council

Special thanks to **Mr. Prior and the Yearbook photography team** who consistently provide professional quality photographs, such as the banner below, for use in our school publications.



(Left to Right) Kiana **Gouveia**, Blind Mouse #3; Tess **Danforth** and Kaylie **Jansen**, Jonathan Campbell, Mama, Baby and Papa Bear; Andrew Martins, Saxophone; Claire Gazeley, Teen Fiona; Sara Doyle, Gingy; Dragon.

Arts News



(Left to Right) Michael **Brownlee** as Donkey, Andrew **Hurt** as Shrek, Olivia **Greenwood-Vidal** as Fiona and Anthony **Pacheco** as Farquaad in the Holy Cross Production of *SHREK: THE MUSICAL*

Holy Cross Catholic Secondary School's production of *Shrek: The Musical* was a complete success! Presented in the cafetorium last week, from Monday, November 24th through to Saturday the

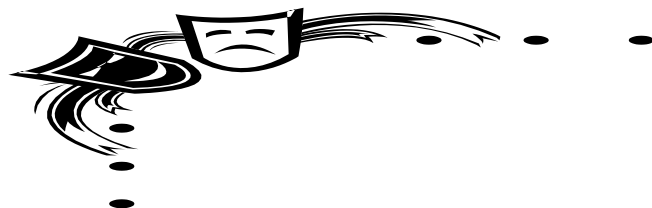
Athletics

Congratulations to Convenors Mrs. Besselink, Mr. Melim and to Coach Manion and the Senior Boys' Volleyball team. From November 19th to the 23rd, Holy Cross hosted 20 of the best Senior Boys' volleyball teams from across Ontario at the **OFSSA "AAA" Volleyball Championships**. It was a busy but exciting few days, ones that saw our Crusaders compete well but fall short of qualifying for the semi-finals. Grudging congratulations go to Coach McKenna and the Regiopolis-Notre Dame

29th, it played to seven packed houses. This creative and professional quality production is the culmination of many, many hours of work on the part of many, many talented staff and students. We wish to congratulate each and every one associated with the Kingston premiere of *Shrek: The Musical* and, in particular, highlight Mr. **Drumm**, Ms. **K. Check**, Mrs. **Cantarutti**, management and ticket sales; Mr. **Jose Lobo** and his visual art classes, sets; Ms. **Perugino**, choreography; Mr. **Roberts**, lighting; Mr. **Sicoli**, Mr. **Orser**, music; Mr. **Vaitekunas** and Mr. **Esford**, promotion; Mr. **Stabile**, Assistant Director, Mrs. **Melo-Jordan**, Mrs. **LeSarge** and Ms. **Rose**, costumes; Mrs. **Vella-Bowry**, Ms. **Bouvier**, make-up; and Ms. **Check-Drumm**, Director. Add to that a host of volunteers – students and staff – (have a look at the program!) without whose efforts this wonderful production could not have been mounted.

Like to Act Out?

Auditions for the Holy Cross Improv Team are Monday, December 1st , Wednesday, December 3rd and Thursday, December 4th in the Drama room at 2:45 until 5:00.



Panthers for winning the Gold in dramatic fashion, in five sets over London Oakridge. The Winter Season has begun. Up to date information on schedules can be found on the KASSAA website <http://www.kassaa.ca/> Additional sporting information can be found on our athletics web page -<http://hctoday.ca>. Special sporting events upcoming at Holy Cross include: the Crusader Christmas Classic Basketball Tournament – November 28th and 29th and the Junior Boys' Archbishop Spence Basketball Tournament – December 5th and 6th.



On Wednesday, November 12th, 2014, 27 **SHSM Specialist High Skills Major** students in the Information and COM TECH Communications Technology focus program travelled to Ottawa.

Com-Tech Update

As part of the SHSM "Reach Ahead" experience, students toured Algonquin College. Specifically, programs that related to Communications Technology: Radio Production, Television Production, and Graphic Design. In addition, students visited recent HC SHSM Grad and current first year Graphic Design student Ryan Purdy for a personal tour of campus life.

Looking Forward to January 2015

5th – *First Day of Classes and field trip moratorium until after examinations*

13th – *January School Mass*

14th – *EQAO Semester 1 Mathematics Assessment Day 1; Grade 11 Vocal Music Concert; Wellness Wednesday #5*

15th – *The 27th Annual Memorial Basketball Games @ HC; Toonie Non-Uni scheduled fundraiser; Culminating Task and Examination Review period begins*

16th – *EQAO Semester 1 Mathematics Assessment Day 2; Culminating Task and Examination Review period continues*

19th – *Culminating Task and Examination Review period continues*

20th – *Culminating Task and Examination Review period continues;*

21st – *Culminating Task and Examination Review period ends; final day of instruction before exams begin*

22nd – *Examination Timetable and textbook return/pickup continues until Wednesday, January 28th*

29th – *Course Completion Day - any course work, culminating tasks etc. must be handed in today. Teachers are available for help.*

30th – *Professional Activity Day #4*

Students then visited the National Gallery of Canada and participated in a guided tour of the exhibit "World War 1 Photographs; the Persuasive Power of Photography". Images ranged from the macabre, to evocative, poignant, and disturbing. Students learned to examine photography in a new light: as propaganda, art, and documentary. The SHSM program is funded by the Ministry of Education. SHSM is designed for students in grades 11 and 12 who hope to pursue post-secondary school studies and careers in Communications Technology. Our next event is the Fall Prevention Certification course on Saturday, December 6th. Students will learn to safely operate an elevated platform. Students interested in joining the SHSM program should contact Mr. Esford in room 218.

Green Team Update On Wednesday, November 12th the HC Green Team had a chance to partner with the HC Wellness Team. The teams put together a healthy "leafless salad" for over 300 staff and students in the main foyer. The ingredients in the salad were all grown and transported from within Ontario. The healthy snack raised awareness about the carbon footprint generated from transporting food over large distances, and the impact it has on the environment. It also encouraged staff and students to make healthier choices in their everyday eating habits. The Green Team hopes to collaborate with the Wellness Team again in the near future! Keep it green HC!

Priya Gupta

HAPPY HOLIDAYS! Students miss instruction for many reasons. Every year, around Christmas holidays, schools are inundated with requests for student work packages from families which move vacation plans into the school year to secure better rates. I would like to remind our school community that we cannot support this practice. Nothing can replace the instructional value of being in class, working together with their peers and teacher. And, as you might imagine, the number of requests for work can be a challenge. Schools are under no obligation to provide work to students in these circumstances. With the continued support of parents and guardians, we look forward to the successful conclusion to the first half of our academic year in January.

Wellness Team Update: From Sunday, November 9th to Tuesday, November 11th, nine members of the **HC Wellness Team**, attended the **36th Annual Ontario Student Leadership Conference** in Niagara Falls, Ontario, the largest and longest running student leadership conference in all of Canada. Our Team listened to dynamic key note speakers, attended several workshops on leadership, and participated in the fun energy that only 2,500 teenagers can generate. All participants returned energized and ready to put what they learned into practice in our school and on personal levels. "It was amazing! Everyone should get to experience this!" Stay tuned for more Wellness initiatives this December and in 2015! **The HC Wellness Team** wishes everyone health and happiness this Christmas season!

PASTORAL SERVICES DECEMBER UPDATE

During this Advent Season, we are invited to prepare our hearts for Christmas and for the coming of Christ into our lives. One way we can do this is by giving to those in need. And so, our CICS Social Action Club and Student Council will be organizing an Advent Collection this year which will see our students and staff raising money for newborns in the Pediatric Unit at KGH and for homeless youth. We will do this through the annual "Teddy Bear" Campaign. at Kingston General Hospital and through the St. Vincent de Paul Society Outreach to the homeless here in Kingston. We will also prepare our hearts for Christ by celebrating Reconciliation as a school community on Thursday, December 4th with classes coming to the Library throughout the day to pray and to celebrate Confession. And, on Thursday, December 11th we will celebrate our Advent School Mass. As we face the advertising blitz that pervades this holy season, may each of us find time to experience God's peace in our lives.

Grief Sharing Group: We will be starting a weekly sharing group for students who have experienced a significant loss or death in their family. This group will begin meeting on Friday, December 5th and will continue after the Christmas Break. Sessions will be facilitated by staff from Holy Cross as well as from the Bereaved Families of Ontario. Please contact either Ms. Vella-Bowry in Student Services or myself in the Chaplaincy Office if you, or someone you know, would be interested in coming to our first meeting.

May the grace of this Advent season touch and bless each of our lives.

Mr. Chris Forster, Chaplaincy Leader



Members of the 2015 Jamaica Mission Team thank everyone who came out to support their annual "Jamaica Fish Fry" on November 14th at Holy Cross. A steady stream of people enjoyed an evening of great food, music and fellowship. A big thank you to all those who donated items for our "Silent Auction" including: Sonja Gentile, Tony's Pizza, Greek Town Grill and Take-Out, Mino's Village Restaurant, Farmboy, Laura's Kindercare, and Mino's Take-Out West. A special thank you to Colin Watts and his band for their great musical

entertainment. With close to 300 people showing up this year we raised just over \$2500.00 for the mission projects in Kingston, Jamaica. Stay tuned to the monthly newsletters for more updates on this very important outreach opportunity at Holy Cross.

*Holy Cross Wishes to
Thank the following
firms for their support of
our **United Way Silent
Auction***

*Atkinson Home Hardware
Bayridge Cask and Keg
Binh's Nail and Spa
Blossoms
Bob the Butcher
CBBC Black Belt School
Coffee Trends
Fardella's Restaurant & Bakery
First Choice
Flower Market
Greek Town
Holy Cross Carpentry
Program
Kenko Sushi
Kia Motors
Lan Nail and Spa
Marianna's Hair Salon
Mark & Jennifer Villemaire
(M&M Meats)
Marshall's Lawn Care
Nancy Graham Jensen
Personal Service Coffee
Plants & Pots
Potter's Nurseries Ltd
Homecraft Brew and Wine
Starbucks
Speedy Auto Service
Stitch by Stitch
Styles for Miles Hair Studio
The Greek Islands
United Rentals
Wine Experts
Wine Rack*



What is the Ontario Youth Apprenticeship Program (OYAP)?

OYAP is a School to Work program that opens the door for students wanting to explore and work in apprenticeship occupations starting in Grade 11 or Grade 12. This opportunity is provided by the Ministry of Training, Colleges & Universities through the Cooperative Education program in each school. Students have an opportunity to become registered apprentices and work towards becoming certified journeypersons in a skilled trade, while completing their secondary school diplomas.

What is Apprenticeship?

Apprenticeship is an educational pathway that combines on-the-job training, work experience and technical training that leads to certification in over 150 trades.

- An apprenticeship is a hands-on training program for people who enjoy learning by doing and earning while learning.
- The training provides access to well-paying jobs that demand a high level of skills, judgment and creativity. Employers provide approximately 90% of (paid) apprenticeship training, while the remaining 10% involves classroom instruction and theory which is usually delivered at a community college.

What is an Apprentice?

An apprentice is a trainee who learns a skilled trade by working directly with a certified journeyperson in the trade. Registered apprentices are paid a wage as they learn from their mentors.

What is a Skilled trade?

A skilled trade is any trade for which apprenticeship training and certification is available. There are over 150 trades in the province categorized into four sectors that include: Construction, Motive Power, Services, and Manufacturing.

Why Apply?

Applying for the Ontario Youth Apprenticeship Program could be the first step in beginning a rewarding career in the skilled trades. It is estimated by the Conference Board of Canada there will be a shortage of 1 million skilled trade workers by 2020.

Who Should Consider OYAP? - Students who:

- Are at least 16 years of age and have completed 16 credits
 - Are in grade 11 or 12 and have an interest in a skilled trade
- Additional support or information** is available from guidance or coop teachers or from Paul Denison or Jim Johnston, OYAP Coordinators with the Board. Paul may be reached at (613) 849 – 8550; Jim may be reached at (613) 532-3985.

The Final Few Words: Healthy Food

The Holy Cross Wellness Team has joined with the Green Team and Browns Fine Foods to among our student part of a campaign to new cafeteria salad December 2nd. Fine Foods for all its healthy option to all



promote healthy lifestyles body. The poster you see is mark the opening of the bar, happening on Special thanks to Browns work in bringing this of our Holy Cross students.

Photography: Bailey Greenwood-Vidal, Christine Papadakis, Claudia Pawlak, Anya Robinson
Food Styling: Alisha Christie, Nick Krizan, Wiley Robinson
Artistic and Technical Direction: Claire McLean, Camille Prior
Nutritional Guidance: Lisa Lofler and Kavanagh Danaher, RFT, SA Public Health
Staff Adviser: Patrick Prior

