The Graduate is expected to be: a discerning believer - an effective communicator - a reflective, creative and holistic thinker - a self-directed, responsible, lifelong learner - a collaborative contributor - a caring family member and, a responsible citizen.

HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON Main Office 613-384-1919; Attendance Office 613-384-1355; Student Services 613-384-2023; Fax 613-384-8665 September 2013 Newsletter ... visit our web site at www.hctoday.ca

PRINCIPAL'S WELCOME

On behalf of the school's teaching staff, support staff and administrative team, I would like to welcome all students, parents and guardians to the **2013 – 2014** school year at **Holy Cross**. As the year begins, I extend my best wishes for a successful school year to all members of the **Holy Cross** community. We began our school year on **Tuesday, September 3rd, 2013** with approximately 1200 students. Our staffing for the school now appears to be nearing completion and we would like to welcome at this time the newest staff members: **Mrs. Lisa Coulter** in the **Religion** and **English Departments, Mr. Matt Clarke** in the **Religion** and **Social Sciences Departments, Ms. Julie Roantree** in our **Science Department, Ms. Sarah Davey** in the **Languages Department, Ms. Brenda Ferguson** with our **Bridges to Community Program, Mr. Ted Daniel** in our **Bridges Program**, and we welcome **Mrs. Angela Dalton** to the **Mathematics Department** in an occasional position to start the year.

We encourage parents and guardians to keep the lines of communication open with your sons and daughters and with us. Please talk to your children about their daily experiences as well as the high and sometimes low spots. Talk to them about their academics as well as their extra-curricular involvements. This year, you can check us out online at <u>www.hctoday.ca</u>, subscribe to this newsletter electronically, read our electronic sign at the school, or follow us on **Twitter**, <u>@HCtoday1</u>.

The first day of school went very successfully and our students looked starched and pressed and shiny white in their fall / winter uniforms. During the warmer autumn days, girls who do not wish to wear leotards should wear the grey **HC** pants instead.

I look forward to a year where all members collaborate on the pursuit of excellence in academic, extracurriculars and nurturing our Gospel values as well as those promoted by our Catholic school system with our **Ontario Catholic School Graduate Expectations**. These seven tenets (see above banner) are guideposts for us all as we put our *faith into action*. The new banners displayed prominently in our **Main Foyer** will serve to remind us all of our shared mission here at **Holy Cross**.

Paul A. Walsh Principal

CHAPLAINCY UPDATE

Our **Chaplaincy Team** looks forward to meeting both returning and new students as another academic year begins. Through our monthly School Masses, daily prayer, class liturgies in the **Chapel**, retreats, Mission Trips and outreach programs, we hope to challenge all our students to answer God's call in their daily lives. As a Catholic School community, we are especially mindful of the needs of the less fortunate in our world. **Students' Council** and our **Crusaders In Community Service (CICS)** will be organizing a **Thanksgiving Food Drive** and other fundraising efforts throughout the year to help meet these needs. Our school theme for this year *"I By My Works Will Show You My Faith"* reminds us that we are called to care about others and to share the love of Christ through our words and actions.

We welcome our Priest Chaplains back to Holy Cross: Fr. Leo Byrne and Fr. Jan Kusyk. They will preside at our Opening School Mass on Thursday, September 12th and will be here to support

September at Holy Cross
Monday, September 2Labour Day (no classes)
Tuesday, September 3 First Day of School
Fall Sports Teams Try-outs Begin
Sept 3 - 6Sign up for Grad Photos in Room 129
Sept 3 - 6 Sign up for Grad Photos in Room 129
Wednesday, September 4Large Group Photos in Foyer
Semester One Grade Assemblies
Thurs, Sept 5 Jesus Christ Superstar Info Mtg, lunch, Rm 246
Golf Team Try-outs Begin, Amherstview GC, 3 pm
Friday, Sept 6Grade 9 Orientation Morning
Fillday, Sept 0Glade 9 Offentation Monthly
Co-op Students WHMIS Training
Saturday. September 7 International Literacy Day
Queen's U Jr. Girls' Basketball Clinic, ARC
Sunday, September 8 Grandparents' Day
Mon, Sept 9Jesus Christ Superstar Auditions begin, 2:45 – 4
Fire Drill #1
Golf Team Try-out #2, Amherstview GC, 3 pm
York University Visit, 11:15
Tuesday, Sept 10Picture Day -Smile! Payment required
KASSAA Eligibility Appeal Deadline
Tues – Thurs, Sept 10 – 12 Jesus Christ Superstar auditions
Wod Sont 11 "Triumph of the Cross" East Dev
Wed, Sept 11 "Triumph of the Cross" Feast Day
Absentee Photo Day (8 – 9:30)
University Application Process Workshop, 11:15 & 2:30
Collision at the Causeway Jr Football Scrimmage
Wed – Fri, Sept 11 – 20Grad Photos, 10 – 12:30, Rm 129
Thursday, September 12 Opening School Mass
Friday, Sept 13Last Day for S1 Timetable Changes
Fri & Sat, Sept 13 & 14Sr Girls' Crusader Bball Tournament
Sunday, September 15Terry Fox Run, SLC
RMC Sr. Boys' Volleyball Tournament
Mon, Sept 16 Last year's Gr 9 Math EQAO results distributed
SHSM Students Fall Prevention Training
SHSIVI Students Fail Flevention Training
Wed, Sept 18Catholic School Council Meeting, 6:30 – 8
2014 Band Trip Parent Information Mtg, 6:30
Aboriginal Dancers Assembly, P1, Gr 11 Religion
Post-Secondary Scholarship Mtg, 11:15
Carleton University Visit, 2:30
Girls' Field Hockey Season Opener
Thursday, Cantember 10
Thursday, September 19University of Toronto Visit, 2:30
Ryerson Visit, 11:15
19th Annual Coffee Break for Alzheimer Society
Friday, September 20 Queen's University Visit, 11:15
Sr. Girls' Taylor Allen Memorial Bball Tournament
Saturday, September 21
McMaster U Senior Boys' Vball Tournament
International Day of Peace
Sunday, September 22 Fall Equinox
Study & Go Abroad Fair, Ottawa Convention Centre
Monday, Sept 232012-2013 Honour Roll Posted
Thanksgiving Food Drive Begins
Richard Ivey School of Business Visit, 11:15
KASSAA Golf Championships
Western University Visit, 2:30
Tues, Sept 24 Queen's U Bader – Int'al Studies Visit, 2:30
Wed, Sept 25Parent Night Post-Secondary Info 7:00
Thurs, Sept 26 Development & Peace Student Leadership Day
Friday, September 27Tentative Non-Uniform Day
Grade Nine Retreat @ Rideau Acres
First School Dance
Limestone Invitational Cross-Country Meet
Fri & Sat, Sept 27 & 28 HC Crusaders Kings of the Court Jr
Boys Vball Tourn
Duys vuali louri
Sat & Sun, Sept 28 & 29Ont Univ Fair, Metro Conv. Centre
Monday, Sept 30 Grade 9 Period Two Library Orientation
· · · ·

our students and staff over the coming year. We are inviting all Grade 9 student to a day-long Retreat on **Friday, September 27**th This will be a great opportunity for the Grade 9 students to get to know each other, to enjoy some icebreaker games and other group activities, and to hear an important message on 'caring & sharing' from our guest speaker, **Andy Thibodeau**. And, finally, may each of us find time to reflect on the importance of our faith and to thank God for all our blessings, especially for the gift of our families, our friends and our faith community here at **Holy Cross**. **Chris Forster, Chaplaincy Team Leader**

NEWSFROMSTUDENT COUNCIL

It's the most wonderful time of the year! Welcome back to school for the 2013/2014 school year! Student Council is thrilled to finally begin fulfilling our elected positions for the year. September is going to be a busy month filled with many important events! For updates on events going on at our school, find Student Council on Facebook and Twitter. Throughout the first weeks of school, we will be visiting homeroom classes to introduce ourselves and share information about September events. Thursday, September 5th is the Grade Nine Welcome BBQ. To kick start the year and officially welcome incoming grade nines, Student Council planned Grade Nine Orientation for Friday, September 6th. Orientation is a much anticipated Holy Cross event for both grade nine participants and grade twelve leaders. New students learn the Holy Cross cheer, meet one another, and most importantly have a fantastic time! The 2013 Terry Fox Run will be held at St. Lawrence College on Sunday, September 15th at 1pm. Students are encouraged to dress in green and silver, and walk, run, bike or skateboard to raise money for the Terry Fox Foundation. Friday, September 27th is an eventful day! The Grade Nine Retreat at Rideau Acres Campground and our first school dance of the year take place on this day. The dance will be in the evening, and the theme selected was "Retro". We hope everyone comes out for a groovy time!

We encourage students to get involved in the many extracurricular activities available at Holy Cross. Try out for a sports team, audition for the musical, join **CICS** or the **Green Team**, and enrich your high school experience! Work hard this first month and practice good habits which will carry you throughout the rest of the year. Put your best foot forward Crusaders and enjoy the back-to-school excitement!

Sarah Flisikowski, Communications Officer

TRANSPORTATION

All students and parents/guardians are reminded to record their bus number and bus company in case of inclement weather or emergencies. The **Triboard Transportation** website, <u>http://www.triboard.on.ca/</u>, will provide parents who register with them up-to-date information on any delays or cancellations for their children's buses.

SMOKING RESTRICTIONS – ALL STUDENTS

Students in every grade are prohibited from smoking at **Holy Cross.** Therefore, students are not allowed to gather in the former smoking area and are not allowed to be in possession of cigarettes or tobacco products. Students are also reminded to be courteous to our neighbours. Gatherings off-campus, which can be bothersome both in terms of noise and littering, will not be condoned. If a student is found to be smoking or to be in possession of cigarettes, he or she will be given a warning. There will be a progression of consequences for subsequent infractions, including suspension from school. Smoking is the number one preventable cause of premature death and disease in Ontario. We will continue to focus on smoking cessation programs with the help of the **Health Unit**.

TERRY FOX RUN

This year, the **33rd_Anniversary of the Terry Fox Run for Cancer Research** will be held on **Sunday, September 15th_starting at 1:00 p.m.** In past years, **Holy Cross** has been awarded the **Barry Brady Trophy** for having the largest number of participants participating in the **Terry Fox Run** at **St. Lawrence College.** Since **Terry's** run in **1980**, there has been great progress in cancer. Hopefully, we can all contribute to this worthy cause and walk, run, bike, or roll as participants in this great **Canadian** tradition.

EXTRACURRICULAR ACTIVITIES AT HOLY CROSS

Get involved! Holy Cross students can be proud not only of their academic achievements, but also of their achievements in music, drama, yearbook, Students' Council, Crusaders in Community Service, athletics and many other initiatives. The extracurriculars offered at Holy Cross are supported by the teachers, administrators, Board office officials and support staff because of the contribution that extracurriculars make to the general educational experience of our students. Our extracurricular programs are second to none and a source of pride within our community.

HOLY CROSS CATHOLIC SCHOOL COUNCIL

The first meeting of the 2013/2014 Catholic School Council will take place on Wednesday, September 18th, 2013, at 6:30 p.m. The election of the school council executive, if necessary, will be announced. If you are interested in being a member of the School Council Executive, please contact Mr. Paul Walsh at 384-1919 ext. 3411 or walshp@alcdsb.on.ca prior to September 17th. Check our website regularly for Council news.

CRUSADER GEAR SALE

The Holy Cross Tuck Shop will be open ahead of our first Spirit Days in October. Listen for announcements. Check out our Holy Cross clothing and show your Crusader pride by wearing green and silver!

SCHOOLPHOTOS

This year, we will have our school **Photo Day** on **Tuesday**, **September 10**th in our large gymnasium. Those who are absent on the **10**th will have their pictures taken on **Wednesday**, **September 11**th in our small gymnasium. Students will receive proofs this year, and pictures will be available to you for purchase. A copy of each student photograph will be maintained at the school for the purposes of record keeping, identification, and use in the school yearbook publication. Any other use of these photographs would require your consent. That consent would be requested prior to their use. Should you have any questions or concerns regarding the use of the student photographs, please do not hesitate to contact **Mr. Prior** or a member of administration.

COUNSELLORS' CORNER Course Load

All students in Grades 9, 10, and 11 are required to carry a course load of 4 courses each semester. Even in Grade 12, only students who have already earned 24 credits may take a spare. All are required to carry a minimum of 3 courses each semester.

Course Changes/Deletions

Students are to consult with a counsellor prior to any decisions being made to their timetable. It is advised that any course changes required be dealt with by the end of the first week of the semester. Further to this, it is required that all changes be completed by the end of the second week of the semester. It is recommended that no changes to schedules occur after **Friday**, **September 13**th.

Night School

Grade 12 students are eligible for the Limestone District School Board's Teacher Assisted Self Study Program (TASS) if they are part-time students. Full time students are eligible to take a night school course if they do not require the mark for graduation purposes since the mark will not be processed until August 2014. Students who are applying to post-secondary institutions for 2013 will also not be eligible if the mark is required for admission purposes. Please see Student Services for more information.

College and University Time Lines Sept. 2013 – June 2014

The following dates and time lines regarding college and university information sessions are to assist our senior students in their postsecondary planning. Information sessions at 11:15 and 2:35 are available to our grade 11 and 12 students. Presentations during the school day are open only to grade 12 students, and they must sign up several days in advance in order for their attendance to be recorded. Presentations are usually in the lecture theatre, unless otherwise announced.

September 9, 2013	York University, 11:15
September 11, 2013	Overview of university
	application process 11:15 & 2:35
September 17, 2013	St. Lawrence College, 11:15
September 18, 2013	Scholarship Info meeting, 11:15
September 18, 2013	Carleton University, 2:30
September 19, 2013	Ryerson, 11:15
September 19, 2013	University of Toronto, 2:30
September 20, 2013	Queen's University, 11:15
September 22, 2013	Study and Go Abroad Fair,
	Ottawa Convention Centre
September 23, 2013	Western-Richard Ivey School of Business, 11:15
September 23, 2013	Western, 2:30
September 24, 2013	Queen's-Bader International
September 24, 2015	Studies, 2:30
September 25, 2013	Parent Post-Secondary Info Night, 7:00
September 27-29, 2013	
September 27-29, 201	
Ostabar 2, 2012	Metro Toronto Convention Centre
October 2, 2013	Sir Wilfred Laurier Uni, 2:30
October 3, 2013	Overview of college
	application process, 11:00
October 3, 2013	Brescia College at U of Western, 2:30
October 9, 2013	Humber College, 11:40
October 10, 2013	Overview of college
	application process, 11:00
October 15, 2013	Trent University, 11:15
October 16, 2013	Laurentian University, 11:15
October 16, 2013	Loyalist College, 2:30
October 17, 2013	University Application
	online application information),11:15
	versity of Ontario Institute of Technology, 2:30
October 21, 2013	University Application Workshop
	(online application information), 11:15, 2:30
October 22, 2013	Ontario Universities Info Program, 1-3pm
October 23, 2013	Dalhousie, Nova Scotia, 2:30
October 30, 2013	College Information Program,
	St. Lawrence College 9-12
November 4, 2013	Tyndale University, Toronto, 3:30
November 5, 2013	College application workshop
	(online application information), 11:00
November 5, 2013	Lakehead University, 2:30
November 7, 2013	College application workshop
,	(online application information), 11:00
November 11, 2013	University of Guelph, 2:30
November 12, 2013	University of Guelph-Humber, 2:30
November 14, 2013	Nipissing University, 11:15
	St. Francis Xavier Uni, Nova Scotia, 2:30
November 18, 2013	Brock University, 2:30
Nov 16-21, 2013	Semester 1 mid-term marks due to OCAS
November 26, 2013	First date that application data
	will be sent to colleges.
	Earliest date that colleges may
December 15, 2012	acknowledge applications
December 15, 2013	Recommended date for post-
Jonuary 15, 0014	secondary online applications
January 15, 2014	Ontario University Application
	Centre Deadline for equal con-
Fahmung (0011	sideration
February 1, 2014	Ontario Colleges Application Services

February 4, 2014	Deadline for equal consideration Earliest release of offers by the colleges. Earliest date that ap- plicants may confirm an offer of admission Recommended last date for students to submit all informa- tion to OUAC for early offer of admission (Not a deadline date. Changes will be accepted and processed by the OUAC at any time.)
February 12, 2014	First semester final marks to OCAS deadline
February 13, 2014	First semester final marks to OUAC deadline
April 22-26, 2014	Sem 2 mid-term marks to OCAS
April 24, 2014	Sem 2 mid-term marks to OUAC
May 1, 2014	College applicants must con-
	firm admission offer
May 29, 2014	Response deadline from Ontario
	universities
June 2, 2014	Earliest date by which Ontario
	universities may require a response
	and financial commitment
June 17, 2014	Earliest date colleges may
	require payment of tuition fees
July 5, 2014 Second semeste	r final grades and proof of graduation due to OCAS
July 9, 2014	
July 8, 2014	OUAC deadline for final grades

The college application is submitted online to the Ontario Colleges Application Service (OCAS). The application fee is \$95 for five college program choices. Not more than three choices may be made at one college.

The university application is submitted online to the Ontario University Application Centre (OUAC). The application fee is \$130 for three university program choices. An additional \$44 will be charged for each university program choice beyond the initial three. Students are required to have 6 grade 12 courses at the U or U/C(M) level to be eligible for university programs.

Check the Holy Cross website at www.hctoday.ca for current information.

Please note: Ontario Scholar Eligibility – Grade 12 students can be considered Ontario Scholars if they achieve an 80% average from any 6 grade 12 courses. The Ontario Scholar certificate will be presented at the graduation ceremony.

HOLY CROSS ATHLETICS

The fall of **2013** sees the return of a strong extracurricular athletics program at Holy Cross. Tryouts and practices began the first week of September. This fall will see nine teams carrying the green and silver of Holy Cross. Permission forms, complete with parent signature, must be submitted prior to participating in try-outs or practices.

The commitment of our student athletes and coaches generates dividends for all in our community. The parental support our teams have grown accustomed to over the years is most welcomed and appreciated. Grade 9 students should not hesitate to get involved. There are a wide range of teams to join and all are age appropriate. High school sports are a great way to develop lasting friendships while learning and developing many skills. The values, beliefs and invaluable life skills which school sports provide allow our studentathletes the opportunity to fully develop themselves. If you have any questions regarding a team, contact one of the coaches or see your homeroom or physical and health education teacher.

OFSAA operates with a Five Year Eligibility and a Transfer Eligibility Rule. Student-athletes now have a maximum of five years of eligibility to compete in high school athletics. Any student who has transferred into Holy Cross from another high school remains ineligible for all sports until they go through the transfer appeal process and are ruled upon. Any transfer student should contact Mr. Robin Dzierniejko to begin the appeal process. If you wish to play Fall sports, you must speak to Mr. Dzierniejko by Monday, September 16th.

The costs of running an extracurricular athletic program are great. Our teams are most fortunate to have the financial support of the **Holy Cross Students' Council.** Even with this support, user fees are required for all sports at **Holy Cross.** User fees for individual teams are listed in the **Holy Cross Student Agenda** and are due in full for all athletes before their first competition. Have a great season and we hope to see you on the sidelines supporting the **Green and Silver Crusaders** of **HC**.

Paul Halligan Classic Girls' basketball teams will be promoting breast cancer awareness by participating in the 13th Annual PH Classic games against RND on Thursday, October 24th (tentative date) with games at Holy Cross at 1:00 and 2:30. Students are encouraged to listen to announcements regarding upcoming activities that will support fundraising efforts. The Annual Catholic Cup football games will take place, following the PH Classic, at the Invista Centre (tentative), at 5 and 7 pm.

SAFE SCHOOLS UPDATE

In 2011, the **ALCDSB** and its community partners adopted the **ALCDSB Community Threat Assessment Protocol (CTAP).** This risk/threat assessment process is designed to be a proactive and multi-disciplinary approach to developing intervention plans that address threats of violence, threatening behaviour and instances where the emotional and/or physical safety of individuals may be at risk. Recognizing that violence prevention in our schools and neighbourhoods is a community responsibility, the risk/threat assessment process will be initiated by school administration and/or community partners when behaviours have been identified that pose a potential risk to an individual or to others. See http://www.alcdsb.on.ca/protocols/ThreatAssessmentProtocol0311.pdf for more information on this and other Safe Schools initiatives.

ECO-CORNER

Welcome to a new 'Green' year here at **Holy Cross**. We are proud to announce that this is the first year that we are **Gold certified Ontario Ecoschool!** Thank you for all the efforts of staff and students that have made our school a more environmentally sustainable place. We continue to encourage students to use the hallway and classroom recycling bins to help reduce our waste. Our first planned event is an **E-waste Collection** that will take place on **Saturday, October 5**th from **9 am to 2 pm**. Please drop by our school to donate your old electronics that will be properly recycled. The event will raise money that will be donated to our **Jamaica Mission Trip**. Finally, the **Green Team** will begin meeting this month and we encourage all students to come out and see what we are all about. **Keep it Green HC!**

NEXT MONTH AT HC

Tues, Oct1......Public Health "Drive 4 Life" Gr. 11 P1 Assembly Wed, Oct 2.....Public Health "Drive 4 Life" Gr. 11 P1 Assembly Gr. 9 P2 Library Orientation Class Day 2 Fall Team Photos TISS Invitational Cross Country Meet (Brockville) St. Francis Xavier University Visit, NS 11:15 Wilfrid Laurier University Visit 2:30 Thursday, October 3EOSSAA 2013 Golf Pembroke

	evelopment & Peace Student Leadership Day Gr. 9 P2 Library Orientation Class Day 3 College Application Process Overview 11:00
	Fall Team Photos Fall Team Photos Sestern University– Brescia College Visit 2:30
Friday ,October 4	World Teachers' Day
Al	CDSB Student Senate Meeting #1 Napanee Gr. 9 P2 Library Orientation Class Day 4
	Graduation Portrait Orders due in Rm. 129
Saturday, October 5.	Graduation Write-ups due in Rm. 129 E-waste Collection Day at Holy Cross
Sunday, October 6	22 nd Annual Run for The Cure Ontario Fire Prevention Week Begins
Monday, October 7	University of Waterloo Visit
Tuesday, October 8.	Ottawa University Visit Gr 9 Library Orientation Class.
57	Semester One Practice Lockdown Drill
Wednesday, October	McMaster University Visit 9Photo Retake Day
	Gr 9 Library Orientation Class
	Humber College Visit Grade Representative Elections
Thursday, October 10) College Application Process Overview
	Thanksgiving Food Drive Ends Green and Silver Pep Rally Day
Friday Ostahar 11	Semester 1 Early Progress Reports issued
	Staff Faith Development Day
Sunday, October 13.	
Tuesday, October 15	Trent University Visit
Quee	en's U Teacher Candidates begin placements Grade 9 Library Orientation Sessions continue
Wednesday, October	16 Thanksgiving School Mass
	Semester One IEPs mailed home Laurentian University Visit
	Loyalist College Visit
	Catholic School Council meeting, library, 6:30 7Parent-Teacher Interviews
	Cross-Country Championships
	University Online Application Workshop Univ. of Ontario Institute of Technology visit
	Sr. Girls' SOSI Super 12 Bball
Oct 18 & 19	Jr. Girls' Basketball Tournamen Sr. Boys' Volleyball Tournamen
	Archdiocesan Youth Rally
	. International Action Day on Climate Change University Online Application Workshop
Oct 22- 23	Grade Ten Retreat Days - Personal Growth
Tuesday, October 22 Wednesday, October	Ontario Universities Info Program 23 Parent-Teacher Interviews
Thurs, Oct 24	13th Annual PH Classic, Twoonie for Non-Un
Friday, October 25	Girls' Field Hockey Championship
Gr 9	Take Our Kids to Work permission forms due
	Sr. Boys' Volleyball Invitational Tournament
	KASSAA Sr. Football Semi-Final Game 30 S1 Mid-semester Test Period Begins
	51 IEP Review and Comment Entry Deadline
	1. OFSAA Girls' Field Hockey Championship

Faith In Action