

# HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON October, 2010 Newsletter... visit our web site at www.hctoday.ca

Main Office 613-384-1919; Attendance Office 613-384-1355; Student Services 613-384-2023; Fax 613-384-8665 The Holy Cross newsletter is issued on the first school day of each month.

## PRINCIPAL'S MESSAGE

Now that the month of September has come and gone, let me take a moment to thank all members of our school community for a great start to the school year. Some highlights of our first month together include:

1 The 80 members of our Holy Cross community who participated in the 30<sup>th</sup> Annual **Terry Fox Run** at **St. Lawrence College** on **September 19<sup>th</sup>**. Many participants wore Crusader Spirit attire, making our participation clearly visible and capturing the **Barry Brady Trophy for the eighth consecutive year** for the most number of high school participants. It was great to hear the spirited C R U cheer just ahead of the starting gun. Once again, we come together as a community to fundraise for cancer research.

2 Our **Students' Council**, led by **Mr. Richard Coleman**, for spearheading our initiatives to welcome Grade Nines into our school from our day in August set aside to make sure students had their books and their lockers and were able to locate their classrooms, to the Grade Nine Orientation morning, which was good, if not clean, fun and ended with a BBQ, to the first school dance. We are proud of all of our students who were well-behaved at the dance, living up to the responsibilities charged to Holy Cross students. They are now collaborating with CICs **Executive** to spearhead our **Thanksgiving Food Drive**.

3 Our fall sports teams, who are underway, are demonstrating Crusader spirit in their preparations and fierce but fair play. We are very excited about the annual PH Classic on Thursday, October 28<sup>th</sup> and The Catholic Cup, being played "under the lights" at Tindall Field on Friday, October 8<sup>th</sup>.

4 Our arts department, many of whom are rehearsing for this year's school musical, **Pippin**. A musical allegory in which a young person searches for meaning in a world of false images, this song and dance sensation is sure to challenge and delight audiences when it opens in late November.

5 Another eco-initiative: **distribution of this monthly newsletter electronically to all parents and interested community members**. Over the last three years, staff have reduced photocopying costs from just over \$65,000 to \$44,000. This is a significant savings to the school and, ultimately, to the environment. (The dollars saved have been re-invested into department budgets in order to help purchase other needed supplies.) We believe that distributing the newsletter will achieve two goals: a further reduction in photocopying as well as increased access to the newsletter for our parents. We will still make some hard copies for homeroom classes to share and for distribution in some public areas of the school, such as Student Services and the Main Office. If your email address (provided to the school on registration forms), is out of date, please contact Student Services to update it.

Paul A. Walsh

# PASTORAL UPDATE

We are now well into this year's **Thanksgiving Food Drive** which runs until **October 7**<sup>th</sup>. Once again, we are in a friendly competition with other local high schools to see who can collect the most food for the local Food Bank and win the coveted **K-ROCK High School Challenge**. This annual campaign provides our school community with a wonderful opportunity to share our blessings with those less fortunate than ourselves.

THIS MONTH AT HOLY CROSS Friday, October 1College App. Timeline & Process, 10:50 a.m. Fri. & Sat, Oct 1 & 2RND Jr. Girls' Basketball Tournament			
Queen's U TriColour Sr. Girls' Basketball Tourn.			
Sat, October 2University of Toronto Sr. Boys' Volleyball Tourn.			
Sunday October 3 CIBC Run for the Cure			
Fire Prevention Week Begins			
Mon, Oct 4College App. Timeline & Process, 10:50 a.m.			
Loyalist College 2:30			
Tuesday, October 5Grad Retake Photographs in room 129			
World Teachers' Day Bublic Health Unit Drive for Life. Cr 11a			
Public Health Unit Drive for Life, Gr 11s Wednesday, October 6Fall Team Photographs at lunch			
Jamaica Mission Trip Parent Meeting 7 p.m.			
TISS Cross Country Meet			
Carleton University 2:30			
Public Health Unit Drive for Life, Gr 11s			
Memorial University, NFL, 11:15			
SHSM Comm Tech Trip to Toronto			
Thursday, Oct 7Fall Team Photographs at lunch			
John McRae Field Hockey Tourney, Ottawa			
Thanksgiving Food Drive Ends			
Bishop's University, 11:15 Gr 9 Take Our Kids to Work permission forms out			
Grad write-ups and grad photo orders due in Room 129 by 11:30			
Friday, October 8University of Waterloo, 2:30			
4 <sup>th</sup> Annual Friday Night Lights, Tindall Field			
Green and Silver Pep Rally Day			
Green and Silver Pep Rally Day Monday, October 11Thanksgiving Holiday			
Tuesday, October 12			
Wed. October 13Grade Representative Elections			
Thursday, October 14October School Masses			
Fri, Oct 15Bay of Quinte Cross Country Meet Early Semester Report Cards Distributed			
Early Semester Report Cards Distributed			
Fri – Sun, Oct 15-17Sr. Girls' Basketball St. Michael's Tourney			
Saturday, October 16World Food Day Preliminary SAT, at RND, 11:00 a.m.			
Sunday, October 17Kick-Off night for <i>Life Teen</i> at St. Paul's			
Tues – Fri, Oct 19-22Gr 10 Sexuality Retreats			
Tues, Oct 19University Info Program @ RND, 6:30-9			
Wed, Oct 20Catholic School Council Meeting, 6:30			
Thursday, Oct 21Gr 9 Take Our Kids to Work forms due			
Parent-Teacher Interview Night #1 Fri, Oct 22KASSAA Cross Country Championships			
Fri, Oct 22KASSAA Cross Country Championships			
School Photograph Retakes in cafeteria, Period 1			
Pink Bake Sale Fri & Sat, Oct 22-23St. TM Jr Girls' Bball Tourney			
Sunday, October 24			
International Action Day on Climate Change			
International Action Day on Climate Change Monday, October 25ALCDSB PD Day #2 – no classes			
2010 Municipal Elections Day			
Tues, Oct 26Online Uni Application Workshops			
Queen's University, 2:30			
Wed, October 27Lakehead University, 8:30			
University of New Brunswick, 2:30			
KASSAA Field Hockey Championships			
Drama Field Trip, <i>Wicked</i> , Toronto Parent Teacher Interview Night #2			
Thurs, Oct 28Brescia College (UWO) 11:30			
10th Annual PH Classic at RND			
Meeting for Parents of Students on IEPs, 7pm			
Fri. October 29			
EOSSAA Cross Country Championships Fri & Sat, Oct 29 & 30Sr. Boys' Volleyball, Ottawa			
Fri & Sat, Oct 29 & 30Sr. Boys' Volleyball, Ottawa			
HC Sr. Girls' Crusader Fall Classic			

"CALLING ALL TEENS": One important date to keep in mind is Sunday, October 17<sup>th</sup> which is the Kick-Off night for the first *Life Teen* evening. All teenagers in our area are invited to this exciting program which begins with dinner at 5:15 p.m. followed by a talk, games, group discussions and ends with an upbeat Youth Mass in the church at 7:30 p.m. Join us Sunday evenings at St. Paul the Apostle Church for *Life Teen*.

We are also busy planning for our **Grade 10 Sexuality Retreats** which will take place right after Thanksgiving from **October 19<sup>th</sup> to 22<sup>nd</sup>**. Once again <u>all of our Grade 10 students</u> will have an opportunity to participate in these important and thought provoking retreats. The theme of the retreat days "Sexuality: Mind, Body & Spirit" addresses an important aspect of our lives, one that is often seriously misunderstood and even distorted in our contemporary culture. The retreat day format has been developed in consultation with our Religion Department, Pastoral Services, Youth Worker Services, School Board, school administration and the local Health Unit as we look at our sexuality from the perspective of a healthy and well-balanced Catholic moral framework. We are especially fortunate that **Anne Heemskerk**, Youth Coordinator for the Archdiocese of Kingston, will be part of our retreats this year, along with **Dan Schultheis** from Ajax.

Blessings to all this Thanksgiving and throughout the month ahead.

# **Christopher Forster, Pastoral Coordinator**

## CATHOLIC SCHOOL COUNCIL

Council met for the first time this school year on **Wednesday, September 15<sup>th</sup>** in the school library. Nominations were held this year **Lori O'Connor** will serve as Chair. Lori has been our Vice-Chair in recent years. **Catherine Pollitt** was named Vice-Chair, and **Ann van Herpt** agreed to serve as Secretary. Parent members for 2010-2011 include: **Adam Check, Kim Pho, Carolyn Kellar,** and **Nicole Taylor**; **Christopher Forster** as Nonteaching Representative; members from the **Administration Team** and from **Students' Council** also participate regularly in these meetings. School Council is an advisory body that forms an important link with the school. All are welcome to join meetings. Please see the minutes on **www. hctoday.ca** for Catholic School Council information.

### THE PAUL HALLIGAN CLASSIC

On July 21<sup>st</sup>, 1997, our fellow school community, Regiopolis -Notre Dame, lost one of its greatest supporters. Paul Halligan died of cancer after a two year battle with the disease. Paul was a graduate of RND, a basketball and football coach, an organizer of the Alumni Association, founder of the Irish Ontario Basketball Club, and the driving force behind the Peter Carty Memorial. Above all else, Paul was a devoted member of the school community, continually demonstrating his Christian call to service. He lived a vocation of service and our school communities are blessed to have known him and touched by his life.

October is **Breast Cancer Awareness** month; therefore we have decided to focus our efforts in this direction. This year alone 25,000 women will develop breast cancer and 5,500 of these women will die from this disease. We are hopeful that through your donations, we will continue the progress in "Shooting For A Cure!"

### P.H. Classic Day (October 28th)

Boys' Volleyball	Senior – RND @ Holy Cross	1:00 p.m.
	Junior – RND @ Holy Cross	2:30 p.m.
Girls' Basketball	Junior – Holy Cross @ RND	4:30 p.m.
	Senior – Holy Cross @ RND	6:30 p.m

## FROM THE ATTENDANCE OFFICE

**1** Parents are reminded that if their child is going to be absent from school they must call the attendance office (613-384-1355) before 8:30 on the day of absence.

2 Parents are asked to remind their children that they must not leave school without going through the Attendance Office first. **Early Dismissal For Appointments (E.G. MEDICAL AND DENTAL).** 

**3** Students must have parent/guardian permission and show the note to the Attendance Secretary to obtain permission to leave the school.

# EQAO GRADE NINE MATHEMATICS ASSESSMENT

The **Grade Nine EQAO Math Assessment Individual Results** have been distributed to all students who wrote the assessment last year. The detailed results will be available on the Holy Cross website shortly. Overall Holy Cross saw an increase in both the Applied and Academic Math scores from the previous year. All staff especially the math department will continue to work diligently to support this years grade 9 students.

### **Teacher Candidates**

On Monday October 4<sup>th</sup>, the Holy Cross community welcomes eleven teacher candidates to our staff: **Victoria Byrne** in Geography/History; **Gordon Holland** in Technology; **Jason Ironside** in History/ English; **Sean Kelly** in PHE/Biology; **Dana Levette** in Music/Math; **Shannon McLuckie** in Math/Chemistry; **Justin Murphy** in Chemistry/physics; **Maria Pajerska** in PHE/Biology; **Samantha Phillips** in English/Biology; **Amy Rooke** in History/English and **Andrea Spencer** in Math/Physics.

## **School Safety**

The Algonquin and Lakeshore Catholic District School Board has taken steps to ensure your child's safety while in school. Each school has developed school safety plan including the steps staff will take in the event of an emergency, including a parent communication plan and evacuation plan.

### **Fire Safety**

In accordance with Fire Protection and Prevention Act, 1997 and the Ontario Fire Code (O Reg. 388/97), it is necessary to practice proper fire evacuation procedures three times per semester. We have had 2 successful fire drills to date with the third drill to be determined by the Fire Department during Fire Prevention week.

### Lockdown Drills

A lockdown is an emergency situation which prevents the safe evacuation of a school building and requires steps to isolate students and staff from danger by requiring everyone to remain inside the building. In order to empower our students and staff with the knowledge of what to do in the event of a lockdown, we will be holding a lockdown drill sometime during the month of October. Teachers will review proper procedures and protocols with the students prior to the drill.

# PINK BAKE SALE - BRIDGES LIFE SKILLS PROGRAM

The Bridges to Community will be holding their 2<sup>nd</sup> Annual PINK Bake Sale. This event has proven to be immensely popular and will donate all proceeds to the Paul Halligan Classic in the name of cancer research. Mark your calendars – Friday, October 22<sup>nd</sup>!

# OPEN YOUR CRUSADER HEART!

Once again our **United Way Campaign** begins at Holy Cross. This year's campaign will be spearheaded by **Mr. Chris Corcoran**. Watch for their creative and fun events which will offer both staff and students opportunities to "touch a life". Your United Way gift helps people in **KFL&A** when they need it the most!

# INTRODUCTION TO THE HOLY CROSS LIBRARY

Every year, we devote one class period to introduce all **Grade Nine students** to our Holy Cross Library and to give them information about our facilities and services. New students to our school will need to start developing advanced research skills and will need to become familiar with the resources available to them.

This will be a hands-on experience which will involve the students in activities designed to teach them about the various areas of the library. These will include the fiction, non-fiction, and reference sections, especially our various sets of encyclopedias; the PC computer lab, the CD-ROM computers, and the OPAC computers; the newspaper and periodicals section, both current and archives; as well as the various on-line databases accessible to them.

We see the library as a focal point of our school and our aim is to have each and every student feel welcome and comfortable with the use of all our facilities.

# SPECIAL EDUCATION AND RESOURCE

We welcome our new grade nine students on IEPs and their Parents/Guardians. If you are interested in joining our HC Group of Parents/Guardians of students on IEPs, contact Ms. Gavan Knox @ 613-384-1919 ext 3426. First meeting is Thursday, October 28<sup>th</sup> at 7:00 P.M. in the library."

At the beginning of each semester, the Individual Education Plan (I.E.P) is developed for your son or daughter. We continue to seek your input as part of the consultation process through Transition meetings, your returned Consult Form, parent-teacher-counsellor interviews, notes, phone calls, assessment reports, I.P.R.C. meetings, case conferences etc. We invite you to make any additions /changes to the "Individual Education Plan", by contacting the Special Educaton Dept.

For Grade 9 , A-L- and Grade 11- Mrs. Poels (613-384-1919 ext. 3426

Grade 9, M-Z, and Grade 10 -Mrs. Hulse at 613-384-1919 ext. 3428

### Grade 12 - Ms. Gavan Knox at 613-384-1919 ext. 3426.

The Draft IEP as formulated by the IEP Team will be mailed to you on **Monday, October 18.** Provincial legislation requires that we obtain a parent(s)/guardian signature on the **Consultation Form; so please return it.** An I.E.P. will be sent home each term with the provincial report card, and will reflect any changes that are made to the plan during the term.

The **On-Line to Success** course for senior students in grade11 or 12 with a Learning Disability will once again be offered. For details contact **Ms. Gavan Knox**, **613-384-1919 ext. 3426.** 

1 On-Line to Success,( Queen's U.) Parent Information Session on November 18, 6:30pm at the Faculty of Ed..

2 The deadline for registration forms is December 10, 2010.

3 On-Line to Success opening days are March 23<sup>rd</sup>,24<sup>th,..</sup> 2011 at Queen's;

4 closing day is May 10<sup>th,</sup> at Queen's

From March 25th - May 9th students will be working online.

**Post-Secondary Transition Planning** – Graduating Students on IEPs

We recommend that graduating students on an Individual Education Plan prepare a **Transition Portfolio w**hich includes updating their IEP before December. See your counselor for the application process.

## Academic Year – 2010-2011

Make the CUT Sessions for students with Learning Disabilities and/or ADHD at Algonquin College and Carleton University:

FALL SESSION 2010 Grade 12 Students on IEPS considering Algonquin College and/or Carleton University on Wednesday, November 24, 2010 hosted at Carleton University, Ottawa.

# COUNSELLORS' CORNER Post Secondary Information

Application information session #1 for students applying to universities has been completed. College information sessions will take place October 1<sup>st</sup> and October 4<sup>th</sup> at 10:50 a.m. In the upcoming months, Student Services will be hosting many presentations from Ontario colleges and universities as well as workshops for the application process. Students may access dates for presentations and the application process online at <u>www.hctoday.ca</u> A note to parents that the power point presented at the **Post Secondary Info Session will be available on the HC website <u>www.hctoday.ca</u>.** 

# Parent-Student Maplewood Portal access

All students have access to their credit history through the parentstudent Maplewood portal on the Holy Cross website. Passwords and usernames are available from student services. Grade 12 students are encouraged to check their credit histories to ensure all requirements are fulfilled for graduation and post secondary applications.

## Volunteer Opportunities/Part time Jobs

Students are reminded to check the Information Board outside Student Services for volunteer opportunities. Some part time jobs opportunities are also posted.

# Take Our Kids to Work

Wednesday November 3<sup>rd</sup> is Take Our Kids to Work Day. Information sheets, including permission forms, will be distributed to Grade 9 students. Students are required to return a signed permission form by Thursday, October 21<sup>st</sup> in order to participate.

### **Scholarship News**

The deadline for two prominent scholarships is approaching. The Loran Awards (formerly known as the Canadian Merit Scholarships) website is <u>www.loranward.ca</u>. We can sponsor/nominate one candidate and if you are not chosen as the sponsored candidate you can apply to the direct entry pool. You must download the application and read it carefully. If you are submitting your application for consideration as the school sponsored applicant we must have the COMPLETED application form by **October 1**<sup>st</sup>.

The deadline for the **TD Canada Trust Scholarships for Community Leadership**, <u>www.tdcanadatrust.com/scholarship/indes.jsp</u> **is October 31**<sup>st</sup>, 2009.

The deadline date for Queen's major entrance Scholarships and Awards is **December 1**<sup>st</sup>. Students interested in being nominated for the Queen's Chancellor's Scholarship must see

**Mrs. Hill** by **October 5**<sup>th</sup>. Students must have an average of 90% to be eligible.

If you have any questions about these or any other scholarships, please contact **Mrs. Hill** in Student Services. Students can access general scholarship information on the HC Today website under Student Services in the Financial Aid link.

# SCHOOL and GRAD PHOTOS

School photos and grad photos were distributed in home room classes earlier this week.

• School photo orders are due on Wednesday, October 6<sup>th</sup> in room 129 by 11:15 am.

•Grad photo orders and grad write-ups are due on Thursday, October  $7^{th}$  in room 129 by 11:15 am.

•Grad photo retakes will be taken on **Tuesday, October 5**<sup>th</sup> during period 2 and lunch hour in room 129. Please sign up with **Mr. Prior** before **October 5**<sup>th</sup> to register for your retake in room 129.

• School photo retakes will be taken on **Friday**, **October 22**<sup>nd</sup> during period 1 in the cafetorium.

### FALL TEAM PHOTOS

Team photos will be taken on Wednesday, October 6<sup>th</sup> and Thursday, October 7<sup>th</sup> in the small gym at lunch.

# **CRUSADER TUCK SHOP**

The Crusader Tuck Shop provides all Crusaders (and families too) with Crusader wear. We have a selection of long sleeve tees, hoodies, sweat pants, and gym bags available for purchase. The first **Green & Silver Day** is quickly approaching, **Friday, October 8**<sup>th</sup>, so make sure you are ready to show your Crusader pride. Listen to the morning announcements for sale dates.

## **TECH NEWS**

Students and staff in the **Specialist High Skills Major** program will participate in a trip to **Toronto** on **Wednesday**, **October 6th**. They will visit the **Loyalist College Belleville Media Production** facility tour and be part of the **So You Think You Can Dance Canada** studio audience.

# EARLY SEMESTER REPORT CARDS AND INTERVIEWS

ON Friday, October 15<sup>th</sup>, the early Report Cards for Grades 9 – 12 students will be distributed in homeroom classes. Parent-teacher interviews are scheduled for Thursday, October 21<sup>st</sup>, from 3:00 to 6:00p.m. and from 7:00 to 9:00 p.m. and Wednesday, October 27<sup>th</sup>, from 7:00 to 9:00 p.m. Each parent-teacher conference is scheduled for ten minutes, and should be booked by appointment, in advance, in the days prior to the interview. Students will be bringing home their report card and a teacher appointment booking form which will require the teacher's signature in order to confirm the appointment time. Parents and guardians should feel free to contact their son or daughter's teacher at any time in order to learn more about his or her performance, but this time, in particular, is reserved for the essential link between home and school.

## STUDENTS' COUNCIL

Students' Council had a very busy September and start to the school year. This year's council has been hard at work organizing various activities for the students of Holy Cross. Grade Nine Orientation was a success as the new Crusaders met new friends and enjoyed many team building activities. The first dance, Western vs. Hip-Hop, brought out over 400 students who had a good time as they danced the night away. For the 8th consecutive year Holy Cross has a strong turnout at the Terry Fox Run and once again captured the Brady Trophy for best school participation. Thank you to all who attended and showed their school spirit! The Partners in Mission Food Drive will continue until Thursday, October 7th. The homeroom class of each grade who provides food the most weight per person will win a class pizza party. Non-perishable food items or money donations are gladly accepted to help the Kingston community. Friday, October 8th will be the pep-rally and Friday Night Lights at Tindall Field. Please come out and support our football teams and enjoy a great evening of Catholic school spirit.

## Sara Valentino, Communications Officer

## KFLA HEALTH UNIT PRESENTS DRIVE FOR LIFE

An impaired driving prevention program for **Grade 11 students**, this event features four interactive presentations that address the consequences of alcohol use, strategies to avoid drinking and driving, and strategies to manage situations where alcohol is involved. The presentations took place on **Tuesday**, **October 5<sup>th</sup>** and **Wednesday**, **October 6<sup>th</sup>** in the **Duffey Gymnasium** and **Lecture Theatre** during Period 1. For additional information, contact Youth Worker **Chelsea Sandrin**.

# **ECO-CORNER**

Holy Cross is again working towards becoming a school that minimizes its impact on the environment and educates its students on the importance of conservation. The **HC Green Team** environmental club has begun to meet on Tuesday's at lunch with a good mix of students from all grades. New members are always welcome. Our first activity will be to work on maintaining the Founder's and Memorial gardens located at the back of the school. One of this year's plans being discussed is to increase awareness about the importance of eating locally grown food. Many food items purchased at the supermarket travel over 5000 km. The purchase of these foods carries a significant carbon footprint. **HC Eco-Tip** – Buy Local! When purchasing food, consider where it comes from. Local farmer's markets are an excellent place to find locally grown food. You will be reducing your carbon footprint and supporting the local economy. It's a win/win situation! Keep it green HC!

#### NEXT MONTH AT HOLY CROSS

1All Saints Day
Online University Application Workshops 11:15 & 2:30 2Mid-semester Test Period Begins
All Souls Day
Dalhousie University 2:30
Dallousie University 2.30
3Honour Roll Celebration (Period 1)
College Information Program @ St. Lawrence College
Take Our Kids to Work Day (Gr 9 students)   4Huron College 2:30
4Huron College 2:30
5Veteran's Week Begins
Jamaica Mission Fish Fry at RND
Sr. Boy's Volleyball Tourn., Uxbridge
6TISS Sr. Girls' Basketball Tournament
7Daylight Savings Time ends
8Laurentian University 11:15
Algonquin College 2:30
9Guelph University 2:30
Mid-semester Test Period Ends
Term 1 Gr 10 Civics/Careers Courses End
College Application Workshop 10:45
10Term 2 Gr 10 Civics/Careers Courses Begin
11Remembrance Day Liturgies (Period 1)
University of Toronto 11:30
St. Francis Xavier University 2:30
12Seneca College 11:30
College Application Workshop 10:45
15Crusaders Winter Season Tryouts begin
Prock University 2:30
16Midterm Marks Due to Office
Toronto Street Retreat
EOSSAA Jr Girls' Bball Tourn @HC
17Toronto Street Retreat
EOSSAA Sr Girls' Bball Tourn @HC
Catholic School Council Mtg, 6:30
18 EOSSAA Sr Girls' Bball Tourn @HC
Wilfrid Laurier University, 11:15 am
Queen's On-Line to Success Parent Info Session
19Students' Council Dance #2
22Matinee Performance of Pippin
Mid-Semester Report Cards Issued
23Morning Performance of Pippin
Winter Team Photographs
24 – 27Drama Club presents <i>Pippin</i> , 7 pm
24 24 24 24 24 24 24 24 24 24 24 24 24 2
Making the Cut Carleton U
Winter Team Photographs
25University of Guelph Humber 2:30
Tentative Non-Uniform Day
26ALCDSB PA Day #3 – Faith Day at HC
29CICS Advent Food Drive Begins
P1 Gr 11 Assemblies, Post-secondary Info
30 P1 Gr 11 Assemblies, Post-secondary Info
Improv Tryouts begin after school