



# HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON

October, 2006 Newsletter... visit our web site at [www.hctoday.ca](http://www.hctoday.ca)

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The Holy Cross newsletter is issued on the first school day of each month.

## PRINCIPAL'S MESSAGE

Now that the month of September has come and gone, let me take a moment to thank all members of our school community for a great start to the school year. Some highlights of our first month together include:

- \* The 127 members of our Holy Cross community who participated in the 26<sup>th</sup> Annual Terry Fox Run at Woodbine Park on September 17<sup>th</sup>. Many participants wore Crusader Spirit attire, making our participation clearly visible and capturing the Barry Brady Trophy for the fourth consecutive year for the most number of participants;
- \* Our Students' Council, led by Mr. Dan Roberts, for spearheading our initiatives to welcome Grade Nines into our school from our day in August set aside to make sure students had their books and their lockers and were able to locate their classrooms, to the Grade Nine Orientation morning, which was fun-filled and ended with a BBQ, to the first school dance "Under the H-Sea", which also was well-organized and fun for all;
- \* Our fall sports teams, which are underway, are demonstrating Crusader spirit in their preparations for fierce but fair play;
- \* Congratulations to Mr. Doug Corrigan, Construction Technology teacher, and his wife Rosemary for completing the 230 km. Bike TREK for the Lung Association on September 16<sup>th</sup> and 17<sup>th</sup>. The two day trek took place between Gananoque and Morrisburg and they were able to raise over \$1000.00 for the cause. Well done!

## CATHOLIC SCHOOL COUNCIL

Our first Catholic School Council Meeting was held in the library on **September 26<sup>th</sup>**. It was great to see so many parents and community members show interest in being part of Council, as members or in other capacities. This year's Council will be led by **Chair Greg Heffernan and Vice-Chair Jacqueline Edwards**. **Parent Members are Lori O'Connor, Stan Petric, Ron Robson, Dawn Neely, Denise Clifford, Lynn Mortimer, Kim St. Onge, Patti Arnold, and Carl Wagar**. **The Council also includes Paul Walsh as Principal, Chris Forster as Non-teaching Rep., John Walsh as Teacher Rep., and Ray Smith as Parish Representative.**

Catholic School Council is a key advisory body and one of many ways to be involved with our school community. The next meeting is on **Monday, October 30<sup>th</sup> at 7 p.m. in the library**. All are welcome.

Please see the school's website to keep up-to-date with Council news.

## THIS MONTH AT HOLY CROSS

- 1.....JV Boys' Volleyball Tournament at HC
- 2 - 20 .....Grade 9 Per. 3 Library Orientation
- 3.....Greg Hulse Memorial Field Hockey
- 4.....K-Rock Food Drive Deadline
- 4.....Cross Country at TISS Invitational
- 5.....Early Semester Report Cards
- 5.....Twonie for a Non-Uni for P.H. Classic at RND
- JV & V Girls' Basketball Games - Breast Cancer Research
- 5.....Cathy Joyce Memorial Girls' Field Hockey
- Holy Cross vs. Regi at 3:30
- 5.....World Teachers Day
- 5 ..... Graduation write-ups due in Room 129
- 5 ..... Graduation Portrait orders due in Room 129
- 6 ..... BBQ Fundraiser
- 6 ..... Crusader Spirit Rally at 12:15
- 6 ..... Junior Football game followed by Senior game
- 6.....Field Hockey Tournament in Ottawa
- 6-13 ..... Friends photos viewing in Room 129
- 9.....Thanksgiving Day Holiday
- 10.....Grade Representative Elections
- 13.....Movie Night, 6:30 p.m.
- 16.....IEPS mailed to Parents
- 11 .....Volleyball and Basketball team photos at 11:15
- 12.....Thanksgiving School Masses
- 12.....Parent Teacher Interview Night I
- 3:30 to 6:00 and 7:00 to 9:00
- 13.....Cross Country at Bay of Quinte Invitational
- 16.....Grade IX Group Photo 10:50 a.m.
- 17.....Parent Teacher Interview Night II
- 3:30 to 6:00 and 7:00 to 9:00
- 17 ..... Grade 9 Group Photo in main foyer, Period 2
- 17.....Make Poverty History Day
- (White wristband and C.I.C.S. Bake Sale)
- 19.....Leaders Today Full School Assembly
- 20.....KASSAA X-Country Championships
- 21.....International Students to Montreal
- 23 - 26.....Grade Ten Home Form Retreats
- 23 ..... School Photo Retakes- 8 -10 a.m.
- 23 & 24.....Sr. Geretsen's Class from Japan Visit
- 25....."Wicked" Field Trip to Toronto
- 25.....EOSSAA X-Country at Cobden
- 26.....Non-uniform Day
- 26.....Students' Council Dance #2
- 27.....Professional Activity Day #2
- 30.....Catholic School Council Meeting, 7 p.m.
- 31.....Halloween
- 30 - Nov. 03.....Mid-semester Examination Period

## EARLY SEMESTER REPORT CARDS AND INTERVIEWS

On **Thursday, October 5<sup>th</sup>**, the **Early Report Cards** for Grades 9 – 12 students will be completed in all classes. Parent-teacher interviews are scheduled for **Thursday, October 12<sup>th</sup> and Tuesday, October 17<sup>th</sup> from 3:30 to 6:00 p.m. and from 7:00 to 9:00 p.m.** Each parent-teacher conference is scheduled for ten minutes, and may be booked by appointment, in advance, in the days prior to the interview. Parents and guardians should feel free to contact their son or daughter's teacher at any time in order to learn more about his or her performance, but this time, in particular, is reserved for the essential link between home and school.

## PASTORAL UPDATE

We are now well along in this year's **Thanksgiving Food Drive** which runs until **October 4<sup>th</sup>**. Once again, we are in a friendly competition with other local high schools to see who can collect the most food and win the coveted K-ROCK High School Challenge. This annual campaign provides our school community with a wonderful opportunity to share our blessings with those less fortunate than ourselves. We are also busy planning for our **Grade 10 "Sexuality: Mind, Body and Spirit" Retreats** which will take place from **October 23 to 26<sup>th</sup>**. These have been developed in consultation with our Religion Department, the School Board, school administration and the local Health Unit nurses as we look at our sexuality from the perspective of a healthy and well-balanced Catholic moral framework. We are especially fortunate in that Sr. Sue Kidd, C.N.D. will be part of these retreats as she shares about the spiritual aspects of our sexuality.

One day to keep in mind is **October 17<sup>th</sup>** which has been designated as **Make Poverty History Day** around the world. People are encouraged to wear a white arm band that day to remind our governments of their responsibility to help end poverty in our world. And on **October 19<sup>th</sup>** we will welcome two young people from Craig Keilberger's "Free the Children" organization who will be speaking at a **school assembly** about **'Making A Difference.'** They will also be offering a Leadership Training Workshop in the afternoon to our student Leaders in the 'Me to We' approach to voluntarism that Craig now promotes among youth.

Blessings to all this Thanksgiving and throughout the month ahead.

## THE PAUL HALLIGAN CLASSIC

On July 21<sup>st</sup>, 1997, our fellow school community, Regiopolis - Notre Dame, lost one of its greatest supporters. Paul Halligan died of cancer after a two year battle with the disease. Paul was a graduate of RND, a basketball and football coach, an organizer of the Alumni Association, founder of the Irish Ontario Basketball Club, and the driving force behind the Peter Carty Memorial. Above all else, Paul was a devoted member of the school community, continually

demonstrating his Christian call to service. He was a man of faith who spread the message of the Gospel through the example of his life and the teachings he passed on to the members of his teams, or anyone who was touched by his work. He showed us what can be achieved with dedication and determination; what joys can be derived from self-sacrifice; what strength there is in warmth and kindness; and what power there is in accepting the will of the Lord. He lived a vocation of service and our school communities are blessed to have known him and touched by his life.

October is Breast Cancer Awareness month; therefore we have decided to focus our efforts in the direction. This year alone 25,000 women will develop breast cancer and 5,500 of these women will die from this disease. We are hopeful that through your donations, we will continue the progress in **"Shooting For A Cure!"**

**Tuesday October 3, 2006** - Students pay a **"Toonie" for P. H. Classic** to raise money for the Breast Screening Clinic.

**Wednesday October 4, 2006** - make a donation to **"Bump"** vs. Jr. and Sr. Girls' basketball teams in the gym at lunch.

**Thursday October 5, 2006** – **Paul Halligan Classic Day Boys' Volleyball**

**Senior - Regi @ Holy Cross @ 2:00 p.m.**

**Junior – Regi @ Holy Cross @ 3:30 p.m.**

**Girls' Basketball**

**Junior – Holy Cross @ Regi @ 5:00 p.m.**

**Senior – Holy Cross @ Regi @ 6:30 p.m.**

## A MIDSUMMER NIGHT'S DREAM

This year's major Drama Club production is an ultra-modern adaptation of William Shakespeare's ***A Midsummer Night's Dream***. We have assembled a cast of forty young, vibrant actors who will "dream the dream" and provide audiences with a night to remember. Production dates are **November 29<sup>th</sup>, 30<sup>th</sup>, and December 1<sup>st</sup> and 2<sup>nd</sup> on the Holy Cross Stage at 7:00 p.m.** Tickets will go on sale November 22nd at lunch in the main foyer - students \$8.00/ adults \$10.00.

## OPEN YOUR CRUSADER HEART!

Once again our **United Way Campaign** begins at Holy Cross. This year's campaign will be spearheaded by our new **Bridges to Community Program** for students with special needs who are between 18 and 21 years old. Watch for their creative and fun events which will offer both staff and students opportunities to "touch a life". Your United Way gift helps people in KFL&A when they need it the most! For further information please contact **Mrs. Jill Courneya** at **384-1919 Ext. 2258**.

## INTRODUCTION TO THE HOLY CROSS LIBRARY

Every year, we devote one class period to introduce all **Grade Nine students** to our **Holy Cross Library** and to give them information about our facilities and services. New students to our school will need to start developing advanced research skills and will need to become familiar with the resources available to them.

This will be a hands-on experience which will involve the students in activities designed to teach them about the various areas of the library. These will include the fiction, non-fiction, and reference sections, especially our various sets of encyclopedias; the PC computer lab, the CD-ROM computers, and the OPAC computers; the newspaper and periodicals section, both current and archives; as well as the various on-line databases accessible to them.

We see the library as a focal point of our school and our aim is to have each and every student feel welcome and comfortable with the use of all our facilities.

## OCTOBER IS AUTISM AWARENESS MONTH

Did you know that autism spectrum disorder is a neurological disorder affecting at least one in every 200 people? In a school of 1200 students, that is at least six students.

Did you know that the lives of Albert Einstein, Bill Gates, and Doug Flutie have all been impacted by autism in some way?

Did you know that people with autism may live with an acute sensitivity to light, sound or touch, making moving through crowded areas like school hallways or sitting in noisy places like a gymnasium very difficult?

Did you know that understanding, learning and navigating social interactions can be very difficult for people in the autism spectrum disorder? They can be vulnerable to bullying and negative influences.

Did you know that many people within the autism spectrum live with a high level of anxiety and demonstrate behaviours which reflect that? These behaviours can include clapping or flapping of hands, rocking, or pacing.

What it is like to be a teenager with autism? Autistic teens are often of average to above average intelligence, and are struggling with all the same issues the average teen has; independence, acne, sexuality, career choices, peer pressure, and belonging to name a few. They find processing emotions can be very difficult, this on top of an impaired social understanding can be daunting.

Did you know the one single factor that is most helpful for these teens is a friend? Someone who understands them and the environment they are trying to learn and to share the experience with them.

## COUNSELLOR'S CORNER

### Post Secondary Information

Information sessions for students applying to colleges and universities have been completed. In the upcoming months, Student Services will be hosting many presentations from Ontario colleges and universities as well as workshops for the application process. Applicants should have a copy of this schedule. A note to parents that a **Post Secondary Info Session will be held on November 8<sup>th</sup> at 7:00 p.m.**

### Volunteer Opportunities

Students are reminded to check the Information Board across from Student Services for volunteer opportunities.

### Take Our Kids to Work

**Wednesday, November 1<sup>st</sup> is Take Our Kids to Work Day.** Information sheets, including permission forms, will be distributed in home rooms in early October.

### Scholarship News

The deadline for two prominent scholarships is approaching. **The Canadian Merit Scholarship** website is [www.cmsf.ca/awardsdescription.htm](http://www.cmsf.ca/awardsdescription.htm). We can sponsor/nominate one candidate and if you are not chosen as the sponsored candidate you can apply to the direct entry pool. You must download the application and read it carefully. If you are submitting your application for consideration as the school sponsored applicant we must have the COMPLETED application form by **October 10<sup>th</sup>**. The deadline for the **TD Canada Trust Scholarships for Community Leadership**, [www.tdcanadatrust.com/scholarship/index.jsp](http://www.tdcanadatrust.com/scholarship/index.jsp), is **October 31, 2006**. The deadlines for the Queen's Chancellor's Scholarship for Academic Achievement, the Millennium Scholarships, and the Terry Fox Humanitarian Award (to name just a few!) are in January but it is better to apply prior to application and exam times. Come in and see us.

## INTERNATIONAL STUDENT EXCHANGE - ONTARIO

ISE Ontario is a registered not-for-profit corporation, which offers to Ontario students a variety of educational programs through the school year and during the summer.

Please visit [www.iseontario.on.ca](http://www.iseontario.on.ca) or contact ISE Ontario at 705 722-9441. For more information, see **Mrs. Speagle** in Student Services.

## GREEN AND SILVER SPIRIT RALLY

First of all, what is Holy Cross school spirit? Well, it's not really something you can put your finger on. It's that feeling you get when you enter the school, attend a game, or watch a pep rally. The feeling that everyone is proud of their teams, school and the students who attend there; past, present and future. It's an excitement in the air, an invisible electricity that seems to emanate from everywhere. It's pride, it's camaraderie, and it's the involvement of everyone in the community. It's what sets some schools apart, it's what makes school memories so precious, and even though you can't define it in one word, you know it when you see it, hear it, and feel it. It's what possesses some people to paint their faces in their school colours, to wear outrageous wigs, to tattoo HC on their bodies and to do a wave in the stands.

That's school spirit.

On **Friday, October 6<sup>th</sup>**, show your school spirit by participating in the **Spirit Rally at 12:15 in the Gymnasium**, led by our Student Council, our Spirit Squad, our fall sports teams and a number of other groups in the school. Teachers are invited to encourage their students, especially those new to our school, to show an enthusiastic and respectful Crusader pride.

There will be a **BBQ** throughout the afternoon as we cheer on the **Junior and Varsity Boys' Football teams** in their first home games of the season. Thanks to Mr. Forster and The C.I.C.S. group for running the BBQ.

## GRADUATION PORTRAITS AND WRITE-UPS

Graduation Portrait photographs were taken in September and proofs were distributed last week. Please see **Mr. Prior** if you have not yet picked up your proofs. **Write-ups and photo orders are due on Thursday, October 5<sup>th</sup>**. Orders and write-ups may be dropped off to **Mr. Prior in Room 129** at the break between Periods One and Two or during the lunch hour.

## FRIEND PHOTO ORDERS

Friend group photographs were taken during the last week in September. These will be available starting on **Friday, October 6<sup>th</sup>**. To view your photos, please come to Room 129 during the lunch hour.

## CRUSADER TUCK SHOP

The Holy Cross Tuck Shop will be operated this year by the new **Bridges to Community Life Skills Program**. On **Mondays and Wednesdays** during the **lunch break** you will have the opportunity to purchase Holy Cross Gear and treats from these hard working Crusaders. Take advantage of this opportunity to show your Crusader pride and enjoy a snack.

## SPECIAL EDUCATION

- All IEPs will be sent home, on **October 16<sup>th</sup>**, for consultation.
- Scholarship information, for students planning to attend post secondary institutions, is available in Room 117.
- Students intending to enter the workplace, or apprenticeship programs, next year, need to contact the Special Education and Guidance Departments.

### November 2006

1	.....	All Saints' Day
1	.....	"Take Our Kids to Work" Grade 9 Day
1	.....	Honour Roll Celebration (Period 1)
4	.....	OFSSA Cross Country Meet
6	.....	College Application Workshops
8	.....	Post-Secondary Information Night for Parents, 7 p.m.
7	.....	Mid semester Examination Period Ends
7	.....	Half Courses End
10	.....	Remembrance Day Liturgies
11	.....	Remembrance Day
11	.....	KASSAA Football Championships at Richardson
13	.....	KASSAA Volleyball Championships
14	.....	Try-outs for Winter Sports Teams Begin
15-17	.....	C.I.C.S.' Toronto Street Retreat
17	.....	Mid semester Report Cards Issued
20	.....	KASSAA Basketball Championships
24	.....	PA Day # 3 - No classes
29 - Dec 2	.....	HC Drama presents <i>A Midsummer Night's Dream</i>