



**ST. CARTHAGH CATHOLIC SCHOOL – All Are Welcome In This Place where Together is Better!**

## **MARCH UPDATE**

**Monthly School Focus: Kindness Catholic Graduate Expectation: A Caring Family Member**

### **IMPORTANT-Updated Covid Screener**

Parents have the responsibility to self-screen students for symptoms of COVID-19, common cold, influenza and any other respiratory illness **each day** prior to arriving at school. Please see attached the **updated** Self-Assessment Tool for COVID-19.

To ensure that our school remains open it will take all of us doing our part. Therefore it is important that families are transparent about the reasons for their child(ren) being absent from school. We understand how difficult it is on families to adhere to the Public Health guidelines but it is the only way to protect our school community. No one can say with certainty that they have not been exposed to Covid, the only decisive action is to be tested. We appreciate your support as we know that these are very challenging times.

**Masks** - Please send extra clean masks with your child each day. They tend to get wet when worn outside at recess. Also, thank you for modelling safety for our students by also wearing masks when on school property.

**Kindergarten Registration** - Registration is occurring for September, 2021. If you have a child that will be attending Junior Kindergarten, please pre-register by going to our website ([www.alcdsb.on.ca/school/cart](http://www.alcdsb.on.ca/school/cart)). To be eligible for Junior Kindergarten students must turn 4 years of age by December 31, 2021. Please provide your child's birth certificate, baptismal certificate, immunization record and proof of residency. Please call the school if you have questions.

**Lent** – As Christians we are called to give to others in need, because it is the example that Christ set for us. Each year during Lent we choose to support a worthwhile charity. As a school we have decided to focus on mental health by supporting the Ontario Mental Health Association. We are asking families to please make a donation if they are able.

As inspiration we have created whole school "Silly Principal Challenges". If we collect \$75 Mrs Healey will make a silly snow angel, \$150 Mrs. Healey will wear a silly style, \$200 Mrs. Healey will get covered in silly string and \$300 and over Mrs. Healey will have a silly smooch with a farm animal! Our families can make a real difference in the day to day lives of others. Last date to donate is March 10th. Thank you for your support.

*We have currently raised \$190, Mrs. Healey has completed her silly snow angel and silly style. Let's keep going to see her sprayed with silly string and have a silly smooch with an animal.*



# COVID-19

Please complete before attending school or child care.

## 1. Does your child have any of the following symptoms (new or worsening)?\*



Fever > 37.8°C



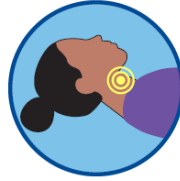
Cough



Difficulty breathing or shortness of breath



Decrease or loss of taste or smell



Sore throat, painful swallowing



Runny/stuffy nose



Headache that is unusual or long-lasting



Nausea, vomiting, diarrhea



Muscle aches or extreme tiredness that is unusual

## If “YES” to any of the symptoms above (even if only 1 symptom is present):

- Child must stay home and isolate from others. Child and all household contacts must isolate until the child receives a negative COVID-19 test result or an alternate diagnosis from a health care provider.
- If testing is recommended but does not occur, child must isolate for 10 days from symptom onset. Household contacts must isolate for 14 days following last contact with child.
- If the symptomatic individual cannot isolate from the rest of the household, ALL household members must quarantine for 14 days, starting from the end of the symptomatic individual's isolation period.

\*Children/students who have an existing health condition, should not answer YES, unless the symptom is new, different or getting worse.

2. Has your child travelled outside of Canada in the past 14 days?
3. Has your child been identified as a close contact of someone with COVID-19?
4. Has your child been instructed to stay home and self-isolate?

## If “YES” to questions 2, 3 or 4:

Your child/student must stay home, self-isolate and follow the advice of public health.

## March 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 School Mass  Together is Better Video	6
7	8	9	10	11	12	13
14 March Break rescheduled to week of April 12th  Daylight Saving Time- Spring Forward	15 <b>Spirit Week</b> <b>Time Travel</b> -pick your favourite decade and dress like you are living in it!	16 <b>Rainbow Day</b> -Wear rainbows, dress in rainbow colours. Be as colourful as possible!	17 <b>St. Patrick's Day</b> - Come to school in your best St. Patrick's Day green!	18 <b>Beach Day</b> -We may not be on the beach, but we can dress for it!.	19 <b>PJ Day</b> -Spend the day all cozy in your PJ's!	20
21	22	23	24	25	26	27
28 Palm Sunday	29	30	31			