



After School ABA Program Autism Skills Groups

What is an Autism Skills Group?

The After School ABA Program is offering **free** Autism Skills Groups to children/youth diagnosed with Autism Spectrum Disorder. The groups will focus on teaching a variety of skills including social, behaviour/emotional regulation, daily living and communication.

What are some skills my child/youth might learn in a group?

- Problem solving
- Greeting others
- Asking friends to play
- Accepting “no”
- Identifying feelings
- Meal preparation

Who can join?

Students diagnosed with Autism Spectrum Disorder, aged 3 to 21, of the Algonquin and Lakeshore Catholic District School Board.

Groups will be developed based on age, location and skill. Parents may be asked to participate in weekly parent information sessions.

When and where?

The groups will occur weekly and run for 6 weeks. All groups will be scheduled after regular school hours. The program will be offered at various schools across the Belleville and Quinte West regions.

Parents will be required to arrange transportation

How do I refer my child/youth ?

Application Packages can be found online at www.alcddb.on.ca or picked up from your child/youth's school office.

Completed Application Packages can be dropped off at:

- Their school office
- Student Services (151 Dairy Avenue, Napanee)
- Emailed or faxed to coordinator

*Please note if you live East of Napanee, in Kingston, your application package can be dropped off at your child's school office or at Education Services (164 Van Order Drive) *

How can I get more information?

Please contact the Coordinator of the After School ABA Program:

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Algonquin & Lakeshore
Catholic District School Board