

# REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: [www.reginotredame.ca](http://www.reginotredame.ca)



## May 2021 Newsletter

*Newsletter is issued at the beginning of each month*

### Principal's Message

RND students have completed two weeks of remote learning and although everyone would prefer in-person learning we are all part of the community effort to decrease the spread of COVID-19.

We will continue to celebrate traditional events during the month of May. Catholic Education Week is an opportunity to celebrate and highlight our ongoing mission, and Mental Health Week is an opportunity to promote mental health and well-being across our system. The concurrent celebration of Catholic Education and Mental Health reinforces the correlation between practicing faith and positive mental health. Catholic Education and Mental Health Week will be celebrated across the province during the week of **May 2<sup>nd</sup> – 7<sup>th</sup>, 2021**. The theme of Catholic Education Week is Nurturing Hope. This year, Mental Health Week focuses on how naming, expressing, and dealing with our emotions — the ones we like and the ones we do not — is important for our mental health. Please remember that the RND staff are ready to assist with both your child's education and mental health. Do not hesitate to reach out if you require any assistance.

May also marks the beginning of the process to choose the 2021 – 2022 RND Student Council. Current grade 11 students should check the RND website for more information about running for Student Council. I would like to take this opportunity to thank the outgoing council. It took ongoing commitment and creativity to organize such a variety of activities. This year's council includes **Elli Parsons (Head Girl), Mark Rostek (Head Boy), Cassidy Hodgson (PAW Rep), Hannah Keyes (Communications Officer), Lily Rich (Treasurer), Autumn Thorp (Faith Rep) and Lydia Morrow, Hanna Repetti, Jack Mason, Alexander Zabukovec, Lucas Olmstead (Cabinet Members)**. It has been a pleasure to work with this talented group of student leaders.

As we move closer to June, some of our students are preparing to graduate. Understandably, this can be a stressful time of year, but staff are prepared to support students as they prepare to say good-bye to RND and move toward their next journey. Please continue to check the RND website and student announcements for information relevant to this year's graduating class.

We are still hoping to welcome our future grade 9s to a tour of the school before the end of the school year.

Finally, students who are not performing as they expected still have plenty of time to turn things around. Keep in mind the best statistical indicator of success we have is student attendance. Continue to log in daily during remote learning and ask for assistance when needed.

God bless and stay safe.

Paul Melim

### Pastoral Services

**Catholic Education Week (May 2<sup>nd</sup> -7<sup>th</sup>): "Nurturing Hope"**  
Each day there are special activities planned for us on the ALCDSB youtube channel beginning at 10am. Please join us for mass on Monday.

<https://www.youtube.com/channel/UCICZ3PLzXwZCiQVSn6-1qtQ>

Here is the schedule:

#### Monday

Catholic Education Week Mass (celebrated by Fr. Francis Zambon, music by Josh Blakesley)

#### Tuesday

Josh Blakesley Band Concert

#### Wednesday

Catholic Education Week Awards Presentation

#### Thursday

Nurturing Hope/All Are Welcome in This Place Video Project

#### Friday

ALCDSB Twitter Challenge: I love my Catholic school because...

## Student Services

### Booking Appointments with Guidance Counsellors

The appointment booking for guidance appointments remains active during lockdown. Students follow the normal process using the “Appointment” icon on their Regi homepage. Just a reminder that students should include their full name when booking an appointment to avoid confusion. When the appointment is booked, the guidance counsellor will send a Teams link and/or email to accommodate the student request.

Additionally, students must book with their assigned counsellor. If their counsellor is booked and the matter requires urgent attention, the student should send an email to their counsellor immediately.

### Course Selection for 2021-2022

Course selection is now complete and student Requests have been uploaded to Aspen (has replaced Maplewood). Parents/Guardians had the opportunity to send an approval email for their child’s courses for next year via MyBlueprint. If you have any questions or concerns, please contact your child’s guidance counsellor. A reminder for next year’s Grade 12 students planning to attend university - you need a minimum of six Grade 12 U or M classes, including the program’s prerequisites, to be an eligible applicant.

### Returners

If you are considering a fifth year at RND after graduation, you must contact either **Ms. Gaudet** or **Mrs. Glancey Cox** ASAP. You will consult (via Teams) on your Intent to Return plan, which will include courses that you wish to take for your returning year. Once complete, the plan will be sent to **Mr. Melim** for his approval. When we return to in-person learning, the process will include prospective returners meeting with **Mr. Melim** for approval of their plan. Once approved, the student will be re-activated in Aspen with courses for 2021/2022.

### On-line Summer School 2021

The Algonquin and Lakeshore Catholic District School Board will offer online summer courses in English, Math, Civics/Careers (both in French and in English), and Co-op (two periods available this year) from **Monday, June 28<sup>th</sup> - Friday, July 23<sup>rd</sup>, 2021**. Other course options are available through the Ontario Curriculum Consortium. Interested students should contact **Mr. Poser** ([poser@alcdsb.on.ca](mailto:poser@alcdsb.on.ca)) to register for a course. If you are uncertain about taking a course, reach out to your guidance counsellor – either **Ms. Gaudet** ([gaudami@alcdsb.on.ca](mailto:gaudami@alcdsb.on.ca)) or **Mrs. Glancey Cox** ([glanceyc@alcdsb.on.ca](mailto:glanceyc@alcdsb.on.ca)) – to discuss your options. Please note that courses only run if there is enough enrolment.

## Dual Credit at St. Lawrence College

Earn two credits while taking one course! Dual credit programs are ministry-approved programs that allow high school students to take college or apprenticeship courses that count towards both the Ontario Secondary School Diploma (OSSD) and a college certificate, diploma, or an apprenticeship certification. If you are a grade 12 or a fifth year student and are interested in trying out a college course before you leave high school, dual credit might be for you. Typical course offerings include: Developmental Psychology, Police Foundations, Taste of the Trades, Make up, and Welding. Stay tuned for more information about the Dual Credit program for the 2021/2022 school year.

### OUAC/OCAS Grade Submissions

Final marks for octomesters 5 and 6 have now been updated in OUAC and OCAS. Be sure to log on to verify your marks for accuracy. If you notice any discrepancies, please report them to Student Services immediately.

### Mark Changes

Any change to a student’s mark must go through their guidance counsellor. Where appropriate, only guidance counsellors contact classroom teachers about such matters.

### Dropping Courses

Grade Twelves wishing to drop a course must speak with their guidance counsellor to drop a course – it is not enough to tell the classroom teacher. Students must continue attending the class until the drop is official. Drops will not happen unless a student has verified that the course will not affect their offer to post-secondary programs nor that of their SHSM Red Seal. Also, parent approval is needed for any grade twelve student who is not 18 years of age.

Courses dropped after the full-disclosure date of the remaining two octomesters will be posted to the student’s official transcript.

### Volunteer Hours for Grade Twelves

The Ministry of Education has reduced the number of hours needed to graduate this year to 20 hours. Due to Covid-19 Protocols, acceptable volunteer experiences are more flexible as well. Jobs around the home and even some hours from a paid job can be used. For clarification, email your guidance counsellor. All students are encouraged to submit (scan/email) their hours ASAP to Student Services through their guidance counsellor or **Mrs. Warren**, Head Secretary at [Warrenm@alcdsb.on.ca](mailto:Warrenm@alcdsb.on.ca).

## Graduation Assembly Video

Student Services will share all necessary information for potential 2020 RND Grads digitally this year. A video will be provided to all grade 12 homeroom teachers to share with their classes by mid-May. The video link will be shared via email with students on spare and those who have already retired.

## International Student Buddy Program

Are you interested in meeting people from around the world? Are you friendly and like sharing the great things about your school? Do you want to earn community service hours? If you answered Yes to these questions then you should consider becoming an International Student Buddy. The IS Buddy Program pairs our current high school students with a new International student who will be arriving this coming school year. The Buddy acts as an ambassador for the new student – sharing information about your school and what it is like to be a high school student in Canada. You will communicate with your International student at least once before they arrive, will be part of the Orientation Day and then check in with them for the first few weeks. **To Apply** to become a Buddy please login to the Virtual Commons and click the Application link in the International Student widget. Here you can also download the Buddy Handbook that outlines in more detail about the program. We ask that students apply by **May 21<sup>st</sup>, 2021**.

If you have any questions about the program please email them to [international@alcdsb.on.ca](mailto:international@alcdsb.on.ca).

## International Student Experience

As the situation with the pandemic is anticipated to improve for September, we have new interest in the number of international students eager to come study at RND. Therefore, we are looking for families who would like to host a student and share a cultural experience with them. This year we have students from Spain and Germany looking for families to live with for varied periods of time – some students come for 4 months and others come for a semester or full school year. Compensation is provided to families that host students.

If you are interested and would like more information please call 613-544-2116 or email: [international@alcdsb.on.ca](mailto:international@alcdsb.on.ca).

## Virtual Discovery Day in Health Sciences at Queen's – Time to Register!!

Registration is now live for Queen's Health Sciences Virtual Discovery Day. The event will take place on Wednesday, **May 19<sup>th</sup>** where you will meet staff and students from Queen's online to explore careers in medicine and the health sciences.

As usual, this event will be for **grade 10 and 11 students** interested in sciences.

If you have already indicated interest, please email your guidance counsellor to register at this time. Students who have

yet to contact Student Services should email their guidance counsellor immediately. All spots are first come, first served.

## ReStart Youth Job Connection Summer Program

This program is for youth **between the ages of 15-18** who will be **returning to school** in the fall in a full time program.

The program is online this year, and it will run from **June 7<sup>th</sup>-June 17<sup>th</sup>**. It is a **PAID** program where participants meet online every day from 3-4pm (Monday, Tuesday and Wednesday). Youth will gain a variety of job-related tools including writing a resume, interviewing and how to maintain employment. Lastly, they will be paid minimum wage for the 20 hours online (\$285.00). **This 2-week training is followed by paid employment.**

Interested students should complete the YJCSP registration form at the following link:  
<https://docs.google.com/forms/d/e/1FAIpQLSfhWS3eMlrCJNr-ugJ2109wViLiYT5lbnJq8nyeJZoZIop8k8Q/viewform>.

If you have any questions or would rather speak to a facilitator on the phone, please call Sherrie at 613-542-7373 (ext.114).

## Writers Craft

Senior students interested in honing their creative writing skills are encouraged to sign up for the Writers Craft course (EWC-4U). Please see your guidance counsellor as soon as possible about adding this to your timetable for next year.

## IB News

### May Examinations and Issuing of Diplomas

Due to COVID-19 and the global pandemic, there will be no IB examinations in **May**. Students will still be awarded Diplomas and Course Certificates based on work completed in courses, their Predicted Grades, and school's historical data. Midterm grades and IB Predicted Grades have been sent to Universities. IB students will receive their IB results **July 6<sup>th</sup>, 2020** as is usual.

### Extended Essays

IB Diploma students entering year II of the programme are to begin discussions with their Supervisor in order to formulate an area of interest, research plan, and research question. Students are required to read the Extended Essay Guidelines posted on the **Regi IB D2L** page.

## CAS

Current Year II IB DP students are to be finishing their requirements for CAS and posting reflections to Managebac in anticipation of completion of CAS by **May 20<sup>th</sup>**.

## RND Mathlete News

Zone reports from the University of Waterloo contests written in February recently arrived. Our RND mathletes are champions across five school boards in Eastern Ontario in the grade 9 Pascal Contest and in the grade 11 Fermat Contest. Congratulations Panther Mathletes. We await more great results from the other contests written.

## Student Council

Hopefully everyone had an amazing and safe April break. In April, student council hosted another successful Coffeehouse. Thank you to everyone who participated!

## Relay for Life

There is still time to register for Relay for Life at RND! You can sign up by joining a team that one of your friends is on, or by starting your own team! Be sure to check out our Instagram page for weekly fundraising incentives and prizes. Our official date for Relay for Life is **Friday, June 11<sup>th</sup>**. Here's the link to sign up if you haven't: [www.relayforlife.ca/RegiopolisNotreDame](http://www.relayforlife.ca/RegiopolisNotreDame)

## School Merch

We are continuing to sell school merch and just got a new order of RND pajama pants ready to go! If you would like to order, please go to our merchandise website to place your order. As of right now, orders can be picked up at the main office during school hours. Check out our website here: <https://rnd-merch.myshopify.com/>

## Crosswalk Committee

Our Crosswalk Committee is still working hard to gather support to get a crosswalk put in at the Russell and Division Street intersection. If you would like to write a letter of support to the city, email **Mrs. Rizzi** at [emmejaim@alcdsb.on.ca](mailto:emmejaim@alcdsb.on.ca). The easiest way you can help us is by signing and sharing our online petition: <http://chng.it/Fwh6yCJPg6>.

## Student Council Elections for Next Year

The end of another school year is fast approaching which means it is almost time to choose next year's student council. If you are going into grade 12 next year, please keep an eye on your school email account and the student council Instagram page where more information will be shared. This is what we currently have scheduled for the upcoming dates:

**Thursday May 6<sup>th</sup>** - Virtual Teams meeting for any students interested in running (the link will be shared with you, if you would like to join)

**Thursday May 13<sup>th</sup>** - Microsoft Form due expressing your formal interest in running for council (this will be shared with you after the **May 6<sup>th</sup>** information meeting)

**May 30<sup>th</sup> - June 4<sup>th</sup>** - Campaign Week. Only students who have been given approval to run for Students' Council are allowed to begin campaigning on **May 30<sup>th</sup>** (No campaigning can start before **May 30<sup>th</sup>** - this includes both in-person and online/social media campaigning). Voting will take place on **June 4<sup>th</sup>** through your classroom teacher.

