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#### Reverence, Responsibility, Relationships

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Lord, during this Lenten Season, nourish me with Your Word of life and make me one with You in love and prayer. Fill my heart with Your love and keep me faithful to the Gospel of Christ. Give me the grace to rise above my human weakness. Give me new life by Your Sacraments, especially the Mass. Father, our source of life, I reach out with joy to grasp Your hand; let me walk more readily in Your ways. Guide me in Your gentle mercy, for left to myself I cannot do Your Will. Father of love, source of all blessings, help me to pass from my old life of sin to the new life of grace. Prepare me for the glory of Your Kingdom. I ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, forever. Amen

Over the next month, the winter season will slowly turn to spring and we will witness growth and change all around us-- the days will get longer, the trees will begin to bud, and animals will come out of their winter homes. Like the rest of God's creations, we are also given the chance for transformation during this most significant season of Lent.

Lent is our opportunity for **spiritual growth** as we prepare ourselves for Easter through fasting, special prayers, and almsgiving. As a Catholic community, we will continue to develop an understanding of the power of prayer, work together to perform acts of charity, and give each other strength as we fast from the worldly things that prevent us from making **God a priority in our lives**.

Yours in Catholic Education, Mrs. Jackie Gauthier Principal

#### **Shrove Tuesday Thanks!**

Shrove Tuesday is the day before Ash Wednesday, the first day of Lent. Eating pancakes made with rich ingredients like butter and milk are traditionally eaten on Shrove Tuesday. Doing so reminds us that Lent is a time for fasting and making God the priority in our lives. A big **THANK-YOU** to our parent volunteers who made delicious pancakes for us bright and early on February 25<sup>th</sup>!



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#### Lenten Almsgiving

Almsgiving is "a work of justice pleasing to God" (Catechism of the Catholic Church, no. 2462). During Lent we are called to focus on almsgiving, which means donating money or goods to the needy & performing other acts of charity. This year our students and staff will be directing our Lenten almsgiving to support the Gleaners Food Bank. Each week will have a theme: Week of March 2-6: Breakfast Foods Week of March 9-13: Dinner items Week of March 30- April 3: Hygiene products

Week of March 23-27: Pet Food/Snacks for lunches

Week of April 6-10<sup>th</sup>: Monetary donations Thank-you for helping us to help others!







#### The 2020 Science Fair Results

St. Joseph CS conducted another successful science fair on February 28<sup>th</sup> with 48 projects from Grade 4 to Grade 8! Twenty-one of the projects have been invited to enter the Quinte Regional Science Fair which will be held at Loyalist College on Saturday, April 18, 2020. We are very proud of the efforts of all of our students and wish our students who are going forward all of the best! **Congratulations to:** 

#### Grade 4

- Athena Z. and Brigid C. (Candy) -Sarah P. (What is Air)
- -Roman P (Exoskeleton) -Anissa W. (Eggshell)
- -Peyton H. and Owen H.H. (Red Bull)
- -Bronwyn M. and Petra P. (Melting Ice Water)

#### Grade 5

- -Callie L-G(Trampoline Bed) -Zack H.(Rubber Band Challenge) - Georgia U. and Ruby U. (Tiny Dancer) - Zach B. (Walleye)
- -Jed LM (Screen on Your Brain) -Hudson I.(5 Second Rule)
- Rylan M. and Logan M.(Oxidation Observation)
- Isaac W.(Guitar Hero or Guitar Zero) James S.(Retro Battery) -Jackson B. and Thomas L. (Techno ZZZ)
- -Max A. (Ferrofluid Magnate)

Grade 7 -Emma C. (The Sane Brain)

-Kylie K. (Sleep Study)



Grade 8 -Andrew S.(Apocalypse Heater) -Ethan S. (Homemade Washer Fluid)

Each year the students from kindergarten up get to vote on the science fair projects. This year, the winners of the student choice awards are:

> Weirdest Science: Camden C., Henry S., & Rory Y. (Mentos Explosion) Grossest Science: Rudy T. (Magnetic Slime)

Best Science Project: Camden C., Henry S., & Rory Y. (Mentos Explosion)

A job well done to all of our participants! We thank all of the parents and teachers who supported our students in this endeavor!

Special thanks to all of our judges and to Mrs. Robinson for the many hours spent organizing our science fair!

















#### March Focus Virtue: KINDNESS

The key to a happy and successful life is using the gifts bestowed upon us by God in order to benefit others. Kindness is a quality that allows us to be sensitive and respond to the needs of others. True kindness is seen when we humbly put others' needs before our own.

Families can support their children's social, emotional, and spiritual development by asking them to describe the little things they do each day to make someone else smile.

"Whatsoever you do to the least of my people, that you do unto me"~ Matthew 25:40."



#### **Random Acts of Kindness Week**

Each March, the Violence Awareness and Random Acts of Kindness Committee decorates the Quinte area with royal blue bows. The bows and ribbons are a visual reminder to promote positive energy and to encourage Random Acts of Kindness, in order to counteract the negative effects of senseless violence in our community. Their motto is, "drown out the voice of violence with acts of kindness" and "kindness is contagious, please pass it on." We will wear blue ribbons during the week of **March 9<sup>th</sup> to 15<sup>th</sup>** and take some time each day to do something kind for others, simply because we can. Students will also be

involved in a variety of community building activities throughout the week. *Thanks to our Random Acts of Kindness team for organizing our week as well as our poster & colouring contest!* 



#### **Random Acts of Kindness Colouring and Poster Contest Winners**

**Congratulations** to our artists who won the Random Acts of Kindness Colouring and Poster contests:

Primary Colouring Contest: Kahlan K. – grade 3

Junior Poster Contest: Aubrey Y. - grade 6

<u>Intermediate Poster Contest</u>: Makayla M. – grade 8

These students will receive a plaque from the Violence Awareness and Random Acts of Kindness organization as well as have their artwork displayed on the

Kindness Wall of Fame at the Quinte Mall during March break!



#### National Pink Shirt Day

Each year the students and staff at St. Joseph Catholic School participate in National Pink Shirt Day on **February 26<sup>th</sup>**. Pink Shirt Day first began when 2 teenagers encouraged everyone in their school to wear pink in support of a boy who was being bullied. Wearing a pink shirt reminds us of the importance of taking a stand



because God gave each one of us the power to make the world a better place!

### MARCH'S SCHOOL COUNCIL NEWSLETTER

HAPPY ST. PATRICK'S DAY!!!

Shrove Tuesday was a great success. A big Thank-you to all involved with this event. Chapter's Fundraiser is Thursday April 2<sup>nd</sup> 6pm to 8pm. Please come out and support St. Joseph's.

Our next meting is Tuesday March 10th, 2020 at 6:30pm and all are welcome. Please join us. Have a safe and enjoyable March Break!

For more info, please check the school website <u>http://schools.alcdsb.on.ca/jose/default.aspx</u> and join our Facebook page <u>https://www.facebook.com/groups/stjoesparentcouncil/</u> and Twitter



#### School Mass

Families are invited to join us as we celebrate the Mass on Wednesday, March 11<sup>th</sup> at 10 a.m. at St. Joseph's Church.



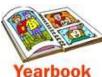
#### Sacrament of Reconciliation

The Sacrament of Reconciliation is important for the moral development of our children as they come to know God's mercy while they learn to take responsibility for their choices. Father Charles will be at our school on Tuesday, March 24<sup>th</sup> for Confession for students in grades 3 to 8.



#### **School Spirit Day**

Students and staff are invited to show their school spirit by wearing blue & orange or their spirit wear on Wednesday, March 11<sup>th</sup>.



#### **Order Your Yearbook!**

Yearbooks are the perfect keepsake for all students! This year our full colour yearbook will be by Lifetouch Photography and are just \$18! Parents can go produced to https://ybpay.lifetouch.ca/ until April 3<sup>rd</sup> to order a yearbook. Our school code is 14212320. Parents can also pay by cash or cheque to Lifetouch. Yearbooks will be sent home with students in June.



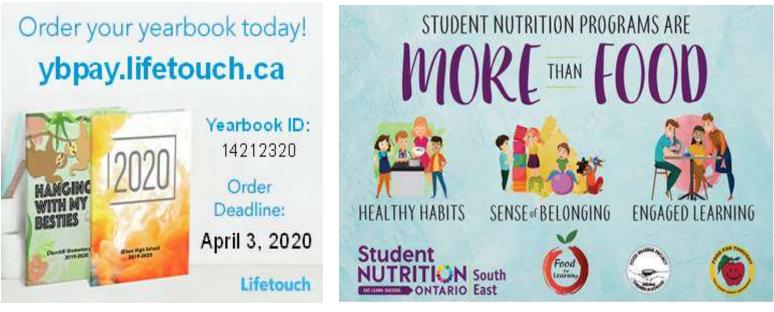
#### Grade 8 Grad Photos and Sibling Photos

Lifetouch photography will be at our school on Wednesday, April 8<sup>th</sup> for grade 8 graduation photos and for sibling photos for interested families. Due to timing restrictions, we cannot accommodate siblings who do not currently attend our school.



#### **Kindergarten Registration**

We are now accepting registrations for our 2020-2021 Kindergarten program! Parents can register their children online and make an appointment to come to our school to complete the registration. You will find the link to the online forms on our website at: http://www.alcdsb.on.ca/School/jose/Pages/default.aspx



# **News from the Eco Team**



The Eco Team and St. Joseph are getting ready to celebrate Earth Hour in March. Our students will be taking part in activities during the month of March to help them realize how blessed we are to a reliable energy system to enrich our lives and how important it is to use it wisely. More information regarding activities will be announced at school.

Earth Hour was famously started as a lights-off event in Sydney, Australia in 2007. This year the **Earth Hour 2020 theme** will focus on "Climate Action" and sustainable

development. We'll be sharing information about this with the student body leading up to Earth Hour. Families are asked to turn off their lights for an hour starting at **8:30pm on March 28**. It will be celebrated at school on Friday the 27th. We'll be turning off all lights that aren't necessary from 2:00-3:00 pm.



## **Keep The Used Batteries Coming In!**

We have until **April 21st** to send in as many household batteries as we can collect. We need your used batteries to climb the list to a winning spot in the Ontario School Battery Recycling Contest. With your help, we have a great chance to be in the prize pool!



#### **Sweater Day Winners**

Students from kindergarten to grade 8 participated in National Sweater Day on February 6<sup>th</sup>. We turned down the heat to remember that our everyday actions affect our overall energy use and our planet's future.

Students also had fun at our fashion show. All classes voted on the most creative, most colourful, ugliest, and most eco-themed sweaters in their classes and the classroom winners got to work the runway in the gym. It was a great way to have fun and remember that **small changes can make a big difference!** *Thanks to Mrs. Robinson for organizing this community-building event!* 



#### What Can You Pledge to Do?

As part of our Eco Schools initiative, every class made a pledge to reduce their carbon footprint and overall energy use by changing at least one practice at school. Some of the pledges include unplugging electronics after they're charged, using natural light as often as possible, using both sides of a piece of paper, and improving our recycling and composting so only garbage goes in the garbage can.



We encourage families to think about what simple change(s) you can make at home to make a difference.

# **March 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	<u>Friday</u>	<b>Saturday</b>
1	2	3	4	5	6	7
1 <sup>st</sup> Sunday of Lent		Pizza Day				
8 2 <sup>nd</sup> Sunday of Lent Daylight Savings Time Begins	9	10 Pizza Day Catholic School Council Meeting at 6:30 p.m.	11 School Mass at 10 a.m. St. Joseph's Church Spirit Wear Day Random Acts of	12	13	14
15	16	17	Kindness Week 18	19	20	21
3 <sup>rd</sup> Sunday of Lent	M B	A R Feast of St. Patrick	R E	C A Solemnity of St. Joseph	H K	
22 4 <sup>th</sup> Sunday of Lent	23	24 Pizza Day Confessions for gr. 3-8	25 Solemnity of the Annunciation	26	27	28 Earth Hour
29 5 <sup>th</sup> Sunday of Lent	30 Last day to order milk and pizza for April	31				