

Belleville Friday, Nov 30th, 2018 9am-3pm **PA DAY**

<u>Kingston</u> Friday, Nov 30th, 2018 9am-3pm **PA DAY**

Trenton Saturday, Dec 1st, 2018 9:45am-3:45pm

Belleville Sunday, Jan 13th, 2019 10am-4pm

Space is Limited - You must Pre-Register - Choose 1 Date

THE <u>ONLY</u> FULL DAY, FULL FUN and EFFECTIVE HOME ALONE COURSE available! Courses are taught by Certified Instructors. Students learn, and will be able to demonstrate:

Communication skills to support family safety

Honesty, limitations, your Home Safe route and Home Alone agreement

Prevention techniques to avoid dangerous situations

Household fires and accidents, injuries, stranger dangers and street smarts

Safety skills by interactive training, hands on practice and coaching

Identify strangers and risks, door, phone and kitchen safety & beginner First Aid

Responsibility and building maturity to stay Home Alone

Home Safe messages, Home Alone productivity, house rules and schedule

Confidence to handle unexpected dangers or emergencies

With strangers and situations, how to call 911, the power of NO and keeping self SAFE!

Register Online: www.varisafe.ca

Course locations, FAQ and more available online 24/7



Upon registration, you will receive a confirmation email including all course details such as: course location & directions, what to bring and how to make payment the morning of the course. <u>Course cost</u>: \$53.10 plus HST

Participants will receive a **Certificate of Completion** and **Guide Book** including **First Aid, Home Alone Safety & Stranger Safety.**