



HOLY CROSS

Catholic Secondary School

April 2017

Principal's Message

Principal's Message – April 2017

In March, I had the pleasure of introducing Cicilin Siju and Holly Hebert as the Holy Cross Beacons of Hope for 2017. The girls were recognized for their many contributions to the Holy Cross community and for their hard work, commitment, kindness, compassion, and strength of character. We at Holy Cross Catholic Secondary School are very proud of them. Congratulations Cicilin and Holly!

On Thursday, March 30th, a group of nearly 120 Holy Cross students wrote the Ontario secondary school literacy test (OSSLT), the province-wide literacy evaluation that is also a graduation requirement. I would like to extend thanks to all grade 10 classroom teachers and to our Literacy Committee, especially Mr. Dan Roberts, Mrs. Anne Poels and Ms. Wendy Gallant, who organized and prepared our writers for the big day. Thanks also to our Student Services Staff and our IT support for their assistance with the test. Individual student reports of the OSSLT results will be available by the end of June.

In March, all students returning to Holy Cross in 2017-18 were involved in course selection workshops delivered by our student services department. By now, all students should have entered course selections for the 2017-18 school year based on interest, ability and, most importantly, post-secondary destination or pathway. If your son or daughter has not made course selections for next year, they run the risk of not getting into the classes that they require or desire. Please ensure that course selections have been made!

We are in the midst of our Share Lent campaign and I know that each grade level is hard at work fundraising to support their chosen charities. Next week, a group of students and teachers at Holy Cross will take part in the annual THINKfast to raise funds to support the work of Development and Peace. Thanks to Mr. Forster and the C.I.C.S. group for their hard work on these endeavours.

In the winter sports season, we had four teams qualify for provincial (OFSAA) competition: swimming, wrestling, boys' basketball and

This Month

- Apr 1-13 Share Lent Collection continues
- Apr 6– Inside Ride Fundraiser
- Apr 7-8 THINKfast
- Apr 10– Semester 2 Testing Begins
- Apr 13– Way of the Cross
Grade Level Liturgies
- Apr 14– Good Friday
- Apr 17– Easter Monday
- Apr 19 - Cabaret(Cafetorium) 7:00
- Apr 25– Mid-Term Reports home
- Apr 26 –30 Boston Band Trip
- Apr 28 - Non Uniform Day

boys' hockey. Big congratulations to wrestlers Tyson Fletcher and Connor Quinton, who each captured silver medals at the OFSAA competition in Brampton, a remarkable achievement. Congratulations to all winter season coaches and athletes for your hard work and dedication. We now turn our focus to the fields, as preparation for the spring season are well underway at Holy Cross.

On April 6th, staff and students at Holy Cross will participate in The Inside Ride, an event dedicated to raising money in support of children with cancer and their families. At this indoor cycling challenge, I'm pleased to be part of a team featuring three Holy Cross Principals emeritus: Wayne Hill, Paul Walsh and Ian Stuart. It should be a great event and for a great cause.

I wish all of you a very Happy Easter. Easter gives hope for tomorrow, as after the winter comes Spring. May the risen Christ bring happiness to you and your family all year round.

Michael Faught

Athletics Update



"Although no one made Finals, Jakob Tulk, Maddy Bertoia, Katrina Hartmann, and Lucas Rollins all did well at OFSAA with many of them beating their qualifying times."



Holy Cross Ski Team



KASSAA and EOSSAA Champs!

Congratulations Crusaders Boys Hockey Team



WRESTLING—EOSSA CHAMPS!



Counsellor's Corner

Mid Semester Report Cards

On Tuesday, April 25th mid semester report cards will be issued to all students in Period 1. Students will be directed to take the report cards home that day. No formal interviews are scheduled at this time. Parents with concerns are asked to contact Student Services.

Course Selection Verification Forms

Although this may seem early, the planning for the 2017-18 school year is well underway at Holy Cross. Students received Course Selection Verification sheets on Monday, March 27th, which indicates the courses that students have selected for next year. Our students are asked to select their courses in consultation with their teachers and parents. In addition, students are asked to bring the course verification sheet home and to return signed verification forms by Monday, April 3rd, 2017. Alternatively, students and parents may view the courses selected for next year by visiting the Maplewood Access button on our website, clicking on Timetable and then selecting Choices. The courses selected for next year will be indicated. Students who plan to return to Holy Cross for next year should ensure that they have completed the course selection process including verifying their courses. Students who do not plan on returning to Holy Cross should inform Student Services

Change the World United Way

Change the World is a way for students to earn volunteer hours while doing good in their community. From April 23rd to June 3rd students are encouraged to volunteer in their community and bring in their volunteer hours to Student Services.

First Year 40

Grade 9 students who complete their 40 hours of community service graduation requirement by Friday, May 26th, 2017, will be invited to a recognition ceremony on Friday, June 9th. All students must complete 40 hours of community service before the end of grade 12 in order to be eligible to graduate. Grade 9 students who have completed the hours before the end of their 1st year of high school will be recognized at an assembly on Friday, June 9th. Students are encouraged to complete their 40 hours and submit the volunteer form to Student Services.

University and College Acceptances

Final first semester marks have been forwarded to both OUAC and OCAS.

Please be aware of the fact that universities vary widely in when they send their offers of admission. Some students may have already had an early acceptance, but this is not the norm. Mid-term marks will be forwarded to OUAC/OCAS by April 27th. Universities will then continue to send offers of admission. Please reassure your son/daughter that they should not be alarmed if they do not hear at the same time as their friends. Students should expect a response from Universities by May 26th (latest). June 1st is the earliest date by which Ontario universities may require a response to an offer of admission. Grade 12 students enrolled in e-learning or night school courses must have a midterm mark submitted to Student Services by April 21st and a final mark by June 21st.

St. Lawrence College Connections

Some grade 10/11 students have the opportunity to attend a one-day enrichment program at St. Lawrence College on **May 4th**. This program provides students the opportunity to experience one of the following career pathways: Justice Studies, Community Services, Health Sciences, Applied Science and Computing, and Skilled Trades and Tourism. Contact Student Services for a registration form. Application deadline is April 4th.

Scholarships

Transplant Advocate Association – a \$500 award will be offered to a graduating student from a Kingston area high school that has been affected by the organ or tissue transplant process as a donor or as a recipient. Please see Mrs. Cantarutti for more information.

The National Union of Public and General Employees is offering 4 scholarships to students entering the first year of a post-secondary institution. Eligible applicants include children, grandchildren or foster children/grandchildren of a National Union Member (OPSEU and CUBGW in Ontario). Please see Mrs. Cantarutti for more information.

Organization of Kingston women Artists – this bursary is awarded to a student intending to pursue studies in visual art in a post-secondary institution. See Mrs. Cantarutti for more information.

Frontenac Federation of Agriculture is offering a scholarship to a student pursuing study in the agri-food industry. Please see Mrs. Cantarutti for more information.

Holy Cross Gives A Shirt

During the month of April (Earth Month) you will have the opportunity to help **Reduce, Reuse and Recycle** (the 3Rs) the items of clothing you no longer need.

Holy Cross has registered with the 'I Give a Shirt' Challenge at www.giveashirtcanada.com to raise awareness that **Recycling is the preferred option to disposal**, in collaboration with the Recycle Council of Ontario and Value Village.

Fact - Of the 10.5 tonnes of clothing which end up in landfills every year, (that's 85 lbs per person), 95% could be reused.

Fact - Reuse through Re-wear extends the life of the item. Donating a shirt becomes someone else's new shirt. Repurposing or altering the item is an exciting way to extend the life of the item but this may require energy or some expertise!

Fact: 700 gallons of water are used to make one t-shirt (1800 gallons to make a pair of jeans)

Collection boxes will be placed in all classrooms – April 3rd. Donated items can also be dropped off at the main office.

Donated items will be collated and sorted in the Foyer ready for collection – May 1st

So take some time in April for the 3Rsclean out your closets!!

Please give generously. You will be helping our environment and community in so many different ways. **Show you give a shirt!**

Thank you

Looking Forward to May

May 1– Spring Uniform begins
May 2 - Catholic Education Week
Mass
May 5– “Give a Shirt” ends
May 11– School Mass
May 11 - One Match Drive
May 18– Genesis Awards
May 19– PD Day
May 22– Victoria Day
May 24 - Athletics Banquet
May 24 - Vocal and Dance Showcase

Contact Us

Check on-line for more information at www.hctoday.ca
Holy Cross Catholic Secondary School
1085 Woodbine Road, Kingston, Ontario, K7P 2V9
(613) 384-1919

Looking for Vendors

We are still looking for vendors for our **“Handmade Only”** show here at Holy Cross on Saturday, October 14/17 from 10 – 3 pm. Cost for a table is only \$30.00 with all this money going directly to the 2018 Holy Cross Jamaica Mission Projects. **Vendors get to keep all the proceeds from their sales.** If you, a family member, or a friend are interested please let Janina Haley (EA at Holy Cross) know ASAP @ jandewy@yahoo.com .

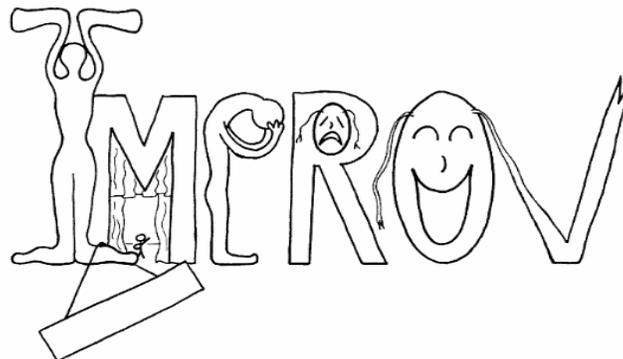
The finals for the Kingston Regionals of the Canadian Improv Games takes place Saturday, April 1 at 7:00pm.

Come out to the Domino Theatre and enjoy a fun night of improv. Tickets may be purchased at the door.

The Grade Eleven Dramatic Arts Class will present the annual Spring Cabaret on Wednesday, April 19 at 7:00 pm in the cafeteria. Tickets can be purchased at the door.

Auditions for the spring Cabaret will take place Wednesday, April 5 and Thursday, April 6 in the drama room.

Sign-up for auditions on the drama board.



HC Dance News!

The Dance Team has been busy preparing for their annual competition, STRIVE Dance Challenge where they will compete against Ontario high school teams in the styles of hip hop, musical theatre, jazz, and contemporary. This year, the 20 team members will travel to Toronto a day early to explore post-secondary opportunities with a visit to Ryerson's Performing Arts facility. After the tour, the team will light up the Toronto dance scene with private hip hop and jazz funk classes taught by 'So You Think You Can Dance' Canada's very own Lauren Lyn! All of this to come before a huge day of competition. We wish them the best of luck as they take the stage April 5th.



FUN FRENCH FACTS

DID YOU KNOW...

...employment rates in Canada are higher for those who speak both English and French (70%) than for those who speak only English or only French (about 60%)?

<https://tinyurl.com/mzrvump>

Encourage your child to be a lifelong



PASTORAL NEWS

We are moving ever closer to the joyful celebration of Easter. And with just over two weeks remaining in Lent there are several events happening here at school that will help us enter into the Lenten spirit through prayer, fasting and almsgiving. Our home form classes are still collecting donations for Share Lent right up until April 13. And this year the class that collects the most money (per student) will receive a gift in return: a deluxe Pizza Party right after Easter. This year each grade level is collecting money for a different charity: Grade 9's for the Jamaica Mission Projects, Grade 10's for our World Vision Sponsorship of Ninthia in Senegal, Grade 11's for the Catholic Organization for Development & Peace, and the Grade 12's for local families in need through the St. Vincent de Paul Society of Kingston. Please be generous in supporting one or more of these charities. Our annual Thinkfast will be taking place from April 7 - 8. Over 60 students and staff have signed up to fast from food for 25 hours to raise money for Development & Peace projects in South Sudan. Millions of people there are facing starvation at this time. Thinkfasters will be participating in various activities that will help them to understand why we need to help and how our donations will be put to good use in the Sudan. On Holy Thursday, the Pastoral Team will be organizing a reflective Stations of the Cross during Period One for each grade level. Students from various Drama, Vocal and Dance Classes under the direction of Ms. Check Drumm and Ms. Perugino will be helping with these liturgies. I pray that during our Holy Week celebration God will bless our students and staff with a deeper awareness of God's love for them. And that Easter will bring much joy and peace to you and to your family.

God bless.

Chris Forster, Chaplaincy Leader

Parents Let's Talk

Opioid Information Evening

April 11, 2017

6:30 p.m. Community partner displays and light refreshments

7:00 p.m. Presentations

Loyalist Collegiate and Vocational Institute (L.C.V.I.)

153 Van Order Drive, Kingston

Cafetorium



**You never think
it will be your child
trying drugs,
until it is.**

Illicit fentanyl, a highly potent opioid, has been confirmed in our area in a variety of fake prescription pills and other street drugs such as cocaine, crystal meth, heroin, and marijuana. Illicit fentanyl is known to be deadly in small amounts, making the risk of overdosing extremely high. Ingesting even a small amount can be fatal.

Join KFL&A Public Health and community partners to find out, as a parent, what you need to know about opioids to keep children in our community safe.

www.kflaph.ca

2017-05-26

 **KFL&A**
Public Health



On April 12 a group of girls will head to CFB Trenton for

GET—Girls Exploring the Trades.



Beacons of Hope

Holly Hebert and Cicilin Siju

Spring Uniform Sale! 25% OFF

Extended Uniform Shop Hours

Thursday Apr 6th : 3:30pm—8:00pm

Tuesday Apr 11th : 3:30pm—8:00pm

Regular Shop Hours Tuesday and Thursday 9:00am-3:00pm





For the 5th consecutive year, HC will again participate in the University of Waterloo's COMPASS Survey on April 5, 2017, during Period 1. The COMPASS study is funded by the Canadian Institutes of Health Research and it examines health related behaviours including healthy eating, marijuana use, physical activity, alcohol use, smoking, sedentary behaviour, bullying, school connectedness as well as academic achievement among a group of students over 5 years.

This is a confidential survey and no names are written on the papers. The goal of this data collection is to gather information about youth health and to establish effective policies and practices related to youth health. If students choose to participate, they will complete a questionnaire which includes questions about their height and weight. Students are asked to have this info with them on April 5th. The survey has been reviewed and received ethics clearance from the University of Waterloo's Office of Research Ethics.

If you wish to read further information on the survey, please visit www.compass.uwaterloo.ca. The COMPASS Data Collection Coordinator is Rachel Reel and she can be reached at 1-844-819-8388. If you do not wish for your child to participate, please call Rachel or Ms. Gallant at HC by April 5th, 2017. Consent will be assumed unless you notify us otherwise.