



# HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON

## February, 2011 Newsletter... visit our web site at [www.hctoday.ca](http://www.hctoday.ca)

Main Office 613-384-1919; Attendance Office 613-384-1355; Student Services 613-384-2023; Fax 613-384-8665

The Holy Cross newsletter is issued on the first school day of each month.

### PRINCIPAL'S MESSAGE

We bid farewell and best wishes to **Mrs. Suzanne Hills**, **Mr. Fred Lynch** and **Ms. Claire Bouvier** who served us so well in a variety of capacities in the first semester. Perhaps our paths will cross again: once a Crusader, always a Crusader! We welcome back **Ms. Rebecca Martin** from her maternity leave, **Ms. Sarah Davey** to the French department, and **Ms. Shani Doucet** in Religion and English. Welcome to **Mr. Gord Holland** in our automotive technology program. We welcome also **Ms. Jeanna Garrett** and **Ms. Sandra Bennett** as educational assistants with our **Bridges to Community** team and we wish **Ms. Kelly Davison** all the best as she finishes her teacher education program.

In collaboration with **Students' Council** and **CICS**, we have decided to add another Toonie for Non-Uni to the calendar, this time to support the **Jamaica Mission Learning Trip**. This one is not prepaid; students who wish to participate are asked to bring a toonie in advance of the non-uniform day, **Friday, February 11<sup>th</sup>**.

As we start fresh in the new semester, I hope that all students and staff are re-invigorated and ready to tackle the academic, extracurricular and spiritual opportunities that arise. In particular, I would like to emphasize the importance of **being present** – of taking the time to be witnesses in faith for one another (particularly as we prepare for the Holy season of Lent) and on a more mundane level, simply being present in your classes. As students fall into a pattern of being absent, they begin to feel more and more disconnected from their classroom activities and also begin to feel overwhelmed by the work that piles up – the connection between absences and failure is very clear. We will renew our efforts to encourage better attendance from our students in order to nurture a sense of community and to ensure that students are as successful in their courses as they can be.

### UNIFORM POLICY

As we begin the second semester and new classes and routines are forming, we revisit existing expectations at **Holy Cross**. In particular, we expect that students will be in full compliance with our uniform policy as outlined in the Code of Conduct, found in student agendas and on our school website, [www.hctoday.ca](http://www.hctoday.ca).

I encourage parents to see that their sons and daughters wear the proper uniform to **Holy Cross**. The uniform must be worn modestly; kilts are expected to be no shorter than two inches from the top of the knee, with plain black tights (no socks), and shirts / blouses must be neither too loose nor too tight. Throughout the day, students should wear black dress shoes, and have buttons done up and shirts tucked in. If wearing undershirts, they too must be white. Pants are to be grey Holy Cross dress pants. **If parents see their son or daughter leaving for school in the morning with stretch pants, track pants or black pants on, we would appreciate it if you doublecheck with them that they do have the proper attire to change into upon arrival at school.**

A progressive system of intervention will be put into place to deal with uniform violations, up to and including suspension from school for persistent opposition to authority. Girls who roll up their kilt or continuously wear too short a kilt will have their parents notified and will receive school consequences. Some students may be advised to let down the hem of their kilts. Students who demonstrate an unwillingness to comply and cooperate with their teachers and other school authorities on this matter will not remain in our school.

Please contact me if you have any suggestions, concerns, or questions regarding the uniform and the expectations I have been charged with putting in place. You may contact **Paul Walsh** at **613 384-1919**, ext. **3411** at any time.

Paul A. Walsh, Principal

### SAFE SCHOOLS, BILL 157

Based on the recommendations of the **December 2008 Safe Schools Action Team's** report, the government passed **Bill 157 (Keeping Our Kids Safe At School Act)** which came into force on **February 1<sup>st</sup>, 2010**; revised and reissued **Policy /Program Memorandum 144: Bullying**

### FEBRUARY DATES TO REMEMBER

February.....	Black History Month
Tuesday, February 1.....	Examination Day #5 College Applications due to OCAS
Wednesday, February 2.....	Groundhog Day Deadline for sharing IEPs with SERTs
Thursday, February 3.....	PD Day #4 (no classes) Chinese New Year's Day – Year of the Rabbit
Friday, February 4.....	First Full Day of Semester Two Classes Ski Trip Departs
Sun, Feb 6.....	KASSAA & Regional Cheerleading Championships
Monday, February 7.....	Turnaround Day (Sem 1 Exam Return)
Mon – Wed, Feb 7 – 9.....	Matchmaker Sales, Foyer at lunch
Tues, Feb 8....	Craig Kielburger Presentation at RND (HRE20 students)
Wed, February 9.....	Semester Two Grade Assemblies Quit 4 Life Workshops Begin
Wed & Thurs, Feb 9 & 10.....	Girls' hockey tournament, York U
Friday, February 11.....	Toonie for Non-Uni for Jamaica Mission Trip Cheques cashed for unreturned/damaged textbooks Semi-Formal Dance, 7:30 – 11:00 Semester One Marks Due to OCAS
Fri - Sun, Feb 11 - 13.....	Coaching the Coaches Conference, RMC
Saturday, February 12.....	Jamaica Mission Trip Departs Jazz Night at Ambassador Hotel
Monday, February 14..	<b>Grade Nine</b> Friends Photos in room 129 (lunch) ♥ Valentine's Day Semester One Report Cards Issued Queen's Teacher Candidates Return Semester One Marks due to OUAC Bake Sale at lunch for London-Paris Trip
Tuesday, February 15....	<b>Grade Ten</b> Friends Photos in room 129 (lunch) 2011-2012 Course Selection Assemblies Begin National Flag Day of Canada
Wednesday, February 16.	<b>Grade 11</b> Friends Photos in room 129 (lunch) Grade Eight Parent Information Night, 7 p.m. Practice Lockdown Drill #3
Thursday, February 17...	<b>Grade 12</b> Friends Photos in room 129 (lunch)
Friday, February 18.....	Last day for semester two timetable changes Semester One Final Marks to OCAS
Sunday, February 20.....	Volleyball and Basketball KASSAA Finals Jamaica Mission Trip Returns
Monday, February 21.....	Heritage Day, Ontario Family Day (school is closed)
Wednesday, February 23.....	Lunch time Improv in Lecture Theatre Jr. Boys' Basketball EOSSA Championships, at HC HC Catholic School Council Meeting, Library, 6:30 p.m. Improv Preliminaries at Octave Theatre, 7 p.m. Pink Shirt Day
Thursday, February 24.....	U of Waterloo Grades 9, 10 & 11 Math Contests
Thurs & Fri, Feb 24 & 25..	Sr. Boys' Basketball EOSSA Championship at HC Kiwanis Music Festival, at McArthur College
Friday, February 25.....	Tentative Non-Uniform Day
Saturday, February 26...	Improv Finals at Duncan McArthur Auditorium, 7 p.m.
Monday, February 28...	Registration Packages (for incoming students) due

**Prevention and Intervention and Policy/Program Memorandum 145: Progressive Discipline and Promoting Positive Student Behaviour** to reflect additional legislative and policy requirements. *These changes will require every board employee to play a role in addressing issues of inappropriate student behaviour to improve school climate and to support victims.* Changes to this act will impact how the behaviour, discipline and safety of our students is handled. Working with the changes to the Act, **Holy Cross** will continue to provide all members of our community with a positive school climate in which to learn and grow scholastically, socially and spiritually. Our policies and procedures, which are developed within a Catholic context, are used to help us ensure the safety and security of all members of our community. For more information, please see the **Ministry of Education** website at <http://www.edu.gov.on.ca/eng/safeschools/KeepKidSafeSchool.pdf> and the anti-bullying brochure for parents at <http://www.edu.gov.on.ca/extra/eng/ppm/144.html>.

## PASTORAL MESSAGE

Let us continue to pray for the people of **Egypt** and other countries in Africa and the **Middle East** who are undergoing a time of social and political unrest at this time. Members of the **2011 Jamaica Mission Team** are excitedly preparing for their departure on Saturday, February 12<sup>th</sup>. While in Jamaica, the six **Holy Cross** and eleven **Regiopolis-Notre Dame** students and their five staff supervisors, will be volunteering at **St. Margaret's** and **Riverton City Remedial** schools, at **St. Monica's** (a home for abandoned seniors) and with a **Youth Marching Band**, all under the sponsorship of **St. Patrick's Foundation**. They have been busy fund-raising for their trip over the past few months. Our school, as well as many church groups, including **C.W.L.** and **Knights of Columbus Councils**, have made generous donations. The group also organized a very successful Fish Fry at **RND** in **October**. Thanks to all who have donated to our trip. We look forward to sharing about our experiences when we return to school the week of **Tuesday, February 22<sup>nd</sup>**. We will also be bringing **Mr. Fabian Brown** back with us from **Jamaica**. **Mr. Brown** is representing **St. Patrick's Foundation** and will be giving presentations both at **Holy Cross** and at **RND** to help strengthen our partnerships with them.

It may seem a long way off, but our **Graduates' Retreat** takes place on **Friday, March 25<sup>th</sup>**. **Holy Cross** will also be hosting the **2<sup>nd</sup> Annual Catholic Youth Rally** on **Saturday, April 9<sup>th</sup>**. This exciting event was held last May at **Holy Cross** and was a tremendous success as over 300 youth and adults from across the **Kingston Archdiocese** gathered to celebrate their faith through contemporary Christian music, inspiring talks, workshops and much more. Mark this date in your calendar right now.

On **March 2<sup>nd</sup>** our **CICS' Club** and other students will be organizing a **Blood Donor Clinic** in the **Holy Cross Library** from 9:00 to 1:00 p.m. Call the school to book an appointment. **CICS** along with **Students' Council** will also be organizing our annual **Pancake Breakfast** on **Tuesday, March 8<sup>th</sup>**. Students will pay \$3.00 to enjoy a plate of delicious pancakes with all proceeds going to our **ShareLent Collection**. And, of course, the next day we celebrate **Ash Wednesday** with Mass and begin the Holy Season of Lent. Another major fundraiser during our **ShareLent** campaign will be the **Thinkfast** on **Friday, April 15<sup>th</sup>**. Let us begin this new semester with renewed faith in God. And let us ask God to bless all our students, staff and families with peace and joy in Christ.

**Chris Forster**, Coordinator of Pastoral Services

## STUDENTS' COUNCIL

**Students' Council** is planning many fun activities for **February**. 'Match-maker' results will be on sale the week of **February 8<sup>th</sup>** in the main foyer for \$2. Students can purchase their results to see who they are most compatible with in their grade and who their number one match is in the school! **Friday, February 11<sup>th</sup>** will be our **Semi Formal Masquerade Ball**. The cost will be \$10 and the doors will open at 7:30. We would like to thank **Nipissing University** who furnished a \$250 grant in support of this exciting night. We encourage students to attend this popular event looking their best. **Valentine's Day** cards are being sold for 25 cents each or 6 for \$1 and will be delivered on **February 14<sup>th</sup>**. Also on **Valentine's Day** carnations will be sold for \$1. Show you care about someone and send a **Valentine's Day** card with a beautiful flower for a nice surprise! We are beginning a **Dodgeball League** at lunchtime. Sign-ups will take place the first week of the new semester and we encourage all students to participate in this fun activity. **Students' Council** hopes all exams and final projects went well and we would like to wish all students good luck in second semester, especially our graduating students as they finish their studies at **Holy Cross**!

**Sara Valentino**, Communications Officer

## TURNAROUND DAY

On **Monday, February 7<sup>th</sup>** an abbreviated **Semester II** timetable is scheduled to begin the day and **Semester I** classes will meet at the end of the day. The end of the day provides an opportunity for Semester 1 classes to conclude any unfinished business, such as the return and take-up of the January examination, return of projects and assignment, collection of any course resources, and review of the final mark calculation.

Semester 2 student timetables will be distributed in S2 P1 classes on **Friday, February 4<sup>th</sup>**. S2 P1 classes will be posted on the pillars in the Main Foyer.

## TURNAROUND DAY SCHEDULE (Note the change in the order of the day)

Semester II Classes		Semester I Classes	
Period	Time	Period	Time
1	8:30 to 9:30	1	1:30 to 1:45
2	9:35 to 10:35	2	1:45 to 2:00
3	10:40 to 11:40	3	2:00 to 2:15
Lunch	11:40 to 12:30	4	2:15 to 2:30
4	12:30 to 1:30		

**Friday, February 4<sup>th</sup>** is the first full instructional day in Semester II with the regular timetable in effect.

## ONTARIO SECONDARY SCHOOL LITERACY TEST (OSSLT)

The **Ontario Secondary School Literacy Test** has been scheduled by the **Ministry of Education** for **Thursday, March 31<sup>st</sup>**. *All Grade 10 students who are working towards an OSSD will write the test. In addition, students who have not yet completed the test, for example because they have arrived from out of province or because they were not successful in their first sitting, will also prepare for the test.* Any student in Grade 11 or 12 who needs to fulfill this graduation requirement should see **Ms. Daniel** or a **Guidance Counsellor** in order to receive preparatory materials. **Holy Cross** will be conducting the test between 8:30 and 11:15 a.m. All Grade 10 students will be reviewing their literacy skills once/ twice a week for a four week period prior to the test date. Each component of the test will be reviewed with students during these classes. Grade 10 students will receive a copy of a workbook entitled, **The Ontario Secondary School Literacy Test Workbook** that they will be using in their literacy classes. Students are encouraged to take this workbook home for continuous review. Parents and students may obtain additional practice materials, student resources, and sample questions and answers at the **Education Quality and Accountability Office** website at [www.eqao.com](http://www.eqao.com) under the link 'Student Resources'. Parents/ guardians will be advised in writing of their son/daughter's test outcome in June. Students who are not successful will retake the test next year or may enroll in the Literacy Course.

## SUPPLEMENTAL LITERACY PROGRAM

The literacy program, designed to boost reading and writing skills and to help students gain confidence in preparation for the **Literacy Test** on **Thursday, March 31<sup>st</sup>**, will begin in the second week of **February**. *This program will run on Mondays and Wednesdays.* All students must successfully complete the **Literacy Test** (or subsequently enroll in and complete the **Grade 12 Literacy Course**) in order to obtain an **Ontario Secondary School Diploma**. If you want your child to participate in this program, please contact **Terri Daniel** at 613 384-1919, ext. 3406.

## HC GRADE LEVEL ASSEMBLIES

At the beginning of a semester, it is customary for grade level assemblies to be held where the Principal and vice-principals review, reinforce and outline expectations for all students and staff. **Classroom teachers are asked to accompany their class to the cafeteria when called over the PA system (15 minutes before the end of the period).**

## Schedule of the Grade Level Assemblies on Wednesday 9<sup>th</sup> February 2011

Period	Grade	Period	Grade
1	Eleven	3	Twelve
2	Ten	4	Nine

The assemblies will occur for 10 - 15 minutes held towards the end of the period in the cafeteria.



**COUNSELLORS' CORNER  
COURSE CHANGES/DELETIONS**

Students are to consult a counsellor if they wish to make a change to their timetable. It is advised that any required course changes be dealt with in the first week of semester two. **The last day to change a course is Friday February 18<sup>th</sup>.**

**COURSE SELECTION PROCESS**

At this time of year, students begin the process of selecting courses for the **2011-2012** academic year. It is critical for all students who plan on returning to **Holy Cross** that they follow the timelines in order to ensure that they are able to obtain the courses they desire. **Holy Cross** will be conducting the on-line process of selection of courses in workshops taking place at the school. Details will be explained in grade sessions being conducted on **February 15<sup>th</sup>.**

**COURSE LOAD**

All students in Grades 9, 10, 11 are required to carry a course load of 4 courses each semester. All students in Grade 12 who have achieved at least 24 credits are required to carry a minimum of 3 courses each semester.

**GRADE 8 PARENT INFORMATION NIGHT**

Grade Eight Parent Information Night will be hosted on **Wednesday, February 16<sup>th</sup>, 2011 at 7:00 p.m.** This evening is open to Grade Eight students and their parents/guardians. Registration packages will be available for all non feeder school parents. All completed registration packages are to be returned to **Holy Cross** by **February 25<sup>th</sup>, 2011.**

**VOLUNTEER & JOB OPPORTUNITIES**

Students are reminded to check the bulletin board for volunteer and job opportunities.

**THE ONTARIO YOUTH APPRENTICESHIP PROGRAM (OYAP)**

There are over 150 skilled trades in Ontario, and forecasts indicate there are extreme shortages of workers in many of these areas. The province expects to register 24,000 new apprentices this year; however, there are indications that this number will not keep up with the on-going demand for skilled trade workers. To assist in this regard, **OYAP** helps young people to "jump start" their careers while still enrolled in high school. Full-time senior students who are at least 16 years of age and have an interest in a skilled trade/occupation are eligible to apply.

Information about **OYAP** may be obtained from the guidance department or cooperative education teacher in any of the Board's high schools. Additional support or information is available from **Jim Johnston** or **Paul Denison, OYAP Co-ordinators** with the Board. **Jim** may be reached at **(613) 532-3985; Paul** may be reached at **(613) 849-8550.**

**QUIT 4 LIFE**

Youth Worker, **Chelsea Sandrin** and KFLA Public Health Nurse, **Lisa Lollar** will facilitate a **Breathe Free Smoking Cessation program** which will begin on **Wednesday February 9<sup>th</sup>** and run each Wednesday until **March 30<sup>th</sup>.** It takes more than willpower to quit smoking. It takes learned skills, support, and motivation. The **Breathe Free** program is designed to help youth quit smoking... for life. **Breathe Free** is organized around 4 central steps: **Get Psyched, Get Smart, Get Support, Get On With It.** Each week, students will be asked to complete activities which will help them learn why they smoke, how to quit, and how to stay quit once they get there. Students will create a profile, track their smoking, build a quit calendar, practice quitting, and learn how to deal with stress, boredom, and non-supporters. **Breathe Free can help Holy Cross students quit now or learn the steps for quitting later. They are only 4 steps away to 'Breathing Free!'** Staff is asked to promote this program with students who smoke. Please see **Chelsea Sandrin in Room 238** if you are interested in learning skills to help you quit. The **BREATHE FREE Smoking Cessation** program will run in partnership with KFL&A Public Health each Wednesday starting on **February 9<sup>th</sup>** for a total of 7 weeks. **Note:** *Scheduled tests/evaluations take precedence over Breathe Free sessions. All work covered in the period remains the responsibility of the student. Location: TBD*

February Dates	Period	March Dates	Period
Wednesday 9 <sup>th</sup> February	4	Wednesday 2 <sup>nd</sup> March	3
Wednesday 16 <sup>th</sup> February	1	Wednesday 9 <sup>th</sup> March	4
Wednesday 23 <sup>rd</sup> February	2	Wednesday 23 <sup>rd</sup> March	1
		Wednesday 30 <sup>th</sup> March	2

**PINK SHIRT DAY**

In collaboration with anti-bullying initiatives at **Holy Cross** and throughout the country, students are invited to don a pink shirt in addition to the regular uniform on **Wednesday, February 23<sup>rd</sup>.** This symbol, which began with the efforts of two teenage boys at **Central Kings Rural High School** in **Nova Scotia** is a tangible way for youth to stand together and let bullies take notice that their behaviours will not be tolerated.

**ARTS NOTES**

**Holy Cross Music Department**

On **Saturday, February 12<sup>th</sup>,** the Award Winning Jazz Ensemble will be holding a live jazz evening entitled, "**Valentine's Day Swing Night**". Tickets for the event are \$20 per person and can be purchased from any jazz ensemble member or by calling **613.384.1919 X 3456.** The ticket includes live jazz music from **7-11pm** as well as a great buffet. All proceeds from the event go to the Instrument Replacement Fund for the Music Program.

From **February 24<sup>th</sup> to 25<sup>th</sup>,** the **Crusader Bands** will be participating in the **Annual Kiwanis Music Festival.** This year the event is being hosted at **MacArthur College.** Our competing bands include: the Junior Concert Band; the Jazz Ensemble; the Symphonic Band; and the Senior Wind Ensemble.

A list of all students and their performance schedules will be listed on the board in the Staff Room in before the event.

Date	Time	Ensemble
<b>Thursday 24<sup>th</sup> February</b>	9:30	Senior Band
<b>Thursday 24<sup>th</sup> February</b>	10:15	Symphonic
<b>Friday 25<sup>th</sup> February</b>	9:30	Senior Band
<b>Friday 25<sup>th</sup> February</b>	11:00	Junior Band
<b>Friday 25<sup>th</sup> February</b>	12:30	Jazz Ensemble

**Kingston 15<sup>th</sup> Annual Regional Tournament of the Canadian Improv Games**  
The Kingston Improv Games is a loving competition between teams of high school students trained to perform spontaneous, improvised scenes within the framework of a competitive format.

The Holy Cross Competition Team includes: **Ciara Roberts; Alison McLean; Michael Vermeersch; Hailey Masterson; Tyler Check; Grace Hill; Laura Donohue; and Rowan Burke-Lacoursiere.**

The KIGs are scheduled from **February 22 to 26,** our Holy Cross team under the guidance of **Carrie Rose** will compete the **Preliminary Round at 7:00 on Friday night, February 25<sup>th</sup>** at **The Octave Theatre, 711 Dalton Avenue.** **The Finals** will be held on **Saturday night, February 26<sup>th</sup>** at the **McArthur College Auditorium.** We hope you can join us this year as an audience member, for a great time!

**Cabaret 2011**

**Cabaret 2011** will take place on **Thursday, March 3<sup>rd</sup>, 2011 at 7:00 p.m.** in the **Holy Cross cafeteria.** This evening features a variety of entertainment in a relaxed atmosphere. Auditions will be held on **Monday, February 21<sup>st</sup>** and **Tuesday, February 22<sup>nd</sup>** at 2:45 in the music room. We welcome singers, dancers, bands, stand-up comics and solo instrumentalists. Join the **Arts Department** for **Cabaret 2011** either as a performer or an audience member. Tickets are \$5.00 for students and \$7.00 for adults.

**Sears Ontario Drama Festival**

Holy Cross will be entering the **Sears Ontario Festival** one act play competition this year. The original script, **Give Me Shelter,** by local playwright **Charles Robertson,** has evolved from a grade twelve class improvisation set in a homeless shelter. The play explores the plight of a variety of characters who call the shelter home. The cast of twelve students from all grades is hard at work rehearsing for the competition which runs **March 21 – 26<sup>th</sup>, 2011.** Watch this spot in the March newsletter for more details!

**YEARBOOK FRIENDS PHOTOS**

This is your opportunity to get published in the yearbook with your group of friends. The **photography studio, room 129,** will be open during the **lunch hours of the week of February 14<sup>th</sup>, 2011.** Grade 9's groups will be photographed on Monday, 10's on Tuesday, 11's on Wednesday, 12's on Thursday, and mixed grades on Friday.

## HC ECO-CORNER

Welcome to the second semester; we hope you had a successful end to your first semester classes.

The **Holy Cross Art Club** and **Green Team** have been busy this semester making **GOOS** paper trays. GOOS stands for **Good On One Side**. GOOS paper is paper that has been used on one side only. As a certified EcoSchool, **Holy Cross**, has been making efforts to reduce our waste through the three R's – Reduce, Reuse, and Recycle. As a school of over 1200 students, Holy Cross uses a lot of paper. These trays will serve as a collection site for GOOS paper which can be used again. The first set of trays will be mounted next to photocopiers for staff to use as a source of paper for single sided handouts. To further promote the idea of reusing, these trays were obtained for different areas around the school where they were no longer needed. Under the direction of **Mr. Lobo**, the trays were then painted in the art room giving them a new use. Go Green HC!

In the coming months our school community will celebrate **Earth Hour** and **Earth Week**; look for more information in the spring. Have a green semester 2.

## ATHLETICS

All winter teams will resume their practice schedules on **Friday, February 4<sup>th</sup>**. Championship Sunday (KASSAA) has been set for basketball and volleyball at the new **Queen's ARC** facilities on **February 20<sup>th</sup>, 2011**, beginning with junior boys basketball at 11 am. **Holy Cross** is set to host both the Junior and Senior Boys EOSSAA Basketball championships the following week. The Junior date is **Wednesday, February 23<sup>rd</sup>, 2011** and the Senior championship will span over the course of two days, **Thursday, February 24<sup>th</sup>**, and **Friday, February 25<sup>th</sup>, 2011**. As well, **Coaching The Coaches** is **Feb 11-13<sup>th</sup>** this year at **RMC**.

## CRAIG KIELBURGER – ME TO WE

Craig Kielburger - founder of "Free The Children" will be speaking to **grade ten classes** from **RND, KCVI, QECVI, Gananoque and Holy Cross** on **Tuesday, February 8<sup>th</sup>** at **RND**. **150 seats** have been set aside for **Holy Cross** Grade 10 students and teachers who will board buses by 11:45 in order to be at RND by 12:15. There is no fee for students to attend as the busing costs are being paid for by the board office and the school budget will cover supply teacher costs.

**Free The Children** is the world's largest network of children helping children through education, with more than one million youth involved in our innovative education and development programs in 45 countries. Founded in 1995 by international child rights activist **Craig Kielburger**, **Free The Children** has a proven track record of success. The organization has received the World's Children's Prize for the Rights of the child (also known as the Children's Nobel Prize), the Human Rights Award from the World Association of Non-Governmental Organizations, and has formed successful partnerships with leading school board and Oprah's Angel Network.

## HC PRACTICE LOCKDOWN DRILL

In order to maintain an atmosphere that addresses the safety of all members of our community, we will be running a Lockdown Drill on **Wednesday, February 16<sup>th</sup>**, to rehearse what staff and students should do in the unlikely event that a dangerous intruder invades our school; this practice is intended to inform and empower rather than alarm. Teachers will discuss and review the Lock Down procedures with each of their classes during the week of **February 7<sup>th</sup>**.

## SPECIAL EDUCATION AND RESOURCE

The Individual Education Plan is a living document designed to support academic success. We ask you to discuss with your adolescent whether they used their accommodations to achieve their marks on the semester one provincial report card and if there is a need for any updates. The next Draft IEP will be sent out the week of **March 21<sup>st</sup>**. Contact your special education resource teacher with comments, changes, or concerns to the IEP as part of the "Consultation Process" at **613-384-1919, Ms. Gavan Knox @ext.3426, Mrs. Hulse @ext 3428 and Mrs. Poels @3425**.

**Course selection for 2011-12:** If you and your son/daughter need assistance in choosing the correct level for academic success, contact your special education resource teacher.

**Post-Secondary Education Transition Planners** are available in **Room 117** for graduating students not returning to **Holy Cross**. Financial Assistance Programs and Scholarship information for Post-Secondary Students with Disabilities: <http://www.studentawards.com/english/can>; <http://www.ldao.on.ca/landis.html>; and [www.ldakingston.com](http://www.ldakingston.com); [mail@autismontario.com](mailto:autismontario.com);

## The Canadian Mental Health Association

**The Kingston Branch** –Workshops and training sessions:

### Women's Anger Management Group Confidential

When: Starting **Tuesday February 15<sup>th</sup>, 22<sup>nd</sup>, March 1<sup>st</sup>, and March 8<sup>th</sup>**, this group consists of four, two-hour group sessions, which will meet every Monday night from 6:30-8:30 pm.

### Men's Anger Management Group Confidential

When: **January 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> and February 3<sup>rd</sup>, 2011**, this group consists of four, two-hour group sessions, which will meet every Thursday night from 6:30-8:30 pm.

### Dealing with Difficult and Diverse People, Feb. 5;

**Mapping Mental Health—Open to Public, Feb.24, March 3;**

**Crisis Intervention Training, March 5;**

**Mental Health First Aid Training, March 12,13;**

**The 5 Cries of Youth, March 26;**

**Self Harm Workshop, April 2;**

**Understanding and Facilitating Grief and Loss, April 9;**

**Working with Angry and Aggressive Clients, April 16.**

Contact information: 6 Ordnance Street , Kingston ON K7K 5T9

Telephone: (613) 549-7027 ; [cmhstaff@kingston.net](mailto:cmhstaff@kingston.net);

Web: [www.kingston.org/cmha](http://www.kingston.org/cmha)

**Learning Disabilities Association Kingston's new address: 993**

**Princess St. Suite 110 K7L 1H3 613-546-8524 Office Hours: Tues-**

**Wed-Thurs– 11am-3pm. Learning Disabilities Association Kingston**

**in conjunction with the Regional Assessment & Resource Centre, is**

**sponsoring "Motown Dance Party Fundraiser" Featuring "Heatwave"**

**Saturday February 5, 2011 8pm — 1am at Wallace Hall (Queens**

**University) Advance tickets: \$15.00 At the door: \$20.00; Details at :**

**[www.ldakingston.com](http://www.ldakingston.com) For tickets call LDA Kingston 613-546-8524.**

## SEMESTER 1 FINAL REPORT CARDS

Semester 1 Final Report Cards will be issued to students in their Home-room classes on **Monday, February 14<sup>th</sup>**. Any parent or guardian who did not receive a report card on this date is asked to contact **Student Services** at **613 384-2023**.

## NEXT MONTH AT HOLY CROSS

Tues, March 1...2011-2012 Student Registration & Course Selection Deadline

Wednesday, March 2.....Blood Donor Clinic, HC Library

Thursday, March 3.....Cabaret, 7 pm, Cafetorium

Friday, March 4.....World Day of Prayer

Sat & Sun, March 5 & 6...Cheerleading Provincial Championships, Kitchener

Tuesday, March 8.....Shrove Tuesday

Wednesday, March 9.....ShareLent Campaign Begins

Ash Wednesday Masses

Thursday, March 10.....London/Paris Trip Departs

Friday, March 11.....Last Day of Classes before March Break

Sat, March 12 – Sun, March 20.....March Break

Sunday, March 20.....100 Days to Class of 2011 Graduation

Spring Equinox

HC London/Paris Trip Returns

Monday, March 21.....Spring Season Team Tryouts Begin

Early Semester Report Cards Issued

Tuesday, March 22.....World Water Day

Wednesday, March 23..Queen's Online to Success Opening Days

HC Class of 2011 Graduation Info Meeting, 10:40 a.m.

Thursday, March 24.....Grade Level Reconciliation, all day

Parent-Teacher Interviews

Friday, March 25.....Grade Retreat, Rideau Acres

2011-12 Course Verification Selection Sheets Issued

Tentative Non-Uniform Day

Holy Cross Earth Hour

Saturday, March 26.....Earth Hour 2011 8:30 – 9:30 p.m.

Thursday, March 29.....Building Futures Expo Trip

Wednesday, March 30.....Grade 10 OSSLT Assembly, Caf, P1

Thursday, March 31.....OSSLT day

Independent Study Day for Grades 11 & 12 (those who've completed the OSSLT)