



HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON

September, 2005 Newsletter... visit our web site at www.alcdsb.on.ca/~hcss

Main Office 384-1919; Attendance Office 384-1355; Student Services 384-2023; Fax 384-8665.

PRINCIPAL'S WELCOME

On behalf of the school's teaching staff, support staff and administrative team I would like to welcome all students, parents and guardians to the 2005-06 school year at Holy Cross. As the year begins, I extend my best wishes for a successful school year to all members of the Holy Cross community. We begin our school year on September 6th, 2005 with 1378 students registered.

We extend our best wishes and appreciation to **Ms. Julia Allore**, who has taken a teaching position at Regi-Notre Dame, and to **Mrs. Check-Drumm** who is on maternity leave for this academic year.

Our staffing for the school now appears to be complete and we would like to welcome at this time: **Ms. Melissa Breault** in Religious Education; **Mr. Kevin Bradley** in Geography; **Mr. Robin Dzierniejko** in Mathematics; **Mr. Justin Gipson** and **Ms. Nancy Hainse** in the Bridges Developmental Centre; **Ms. Kristi LeSarge** in English; **Mr. Mike McAllister** in the Under 16 Student Success Progress Avenue; **Ms. Jennie Melo-Jordan** in Mathematics and Religion; **Mr. Ted Reade** in Computers and Social Sciences, **Mrs. Judy Speagle** in Guidance and **Mike Coles** as our IT technician.

We encourage parents and guardians to keep the lines of communication open with your sons and daughters and with us. Please talk to your children about their daily experiences as well as the high and sometimes low spots. Talk to them about their academics as well as their extra-curricular involvements.

I am looking forward to meeting the parents of our 310 grade 9 students at our **Grade 9 Profile Night on Wednesday, September 28th at 7:00**. This is an important night for you as parents since it provides an opportunity for you to learn more about practices, procedures of Holy Cross, to meet the teachers, and be able to put a face to a name. In addition, **Mr. Michael Schmitt**, newly appointed Director of Education of the **Algonquin and Lakeshore Catholic District School Board**, will join us on this night as he makes his first visit to Holy Cross. Please plan on joining us on this evening.

I would like to thank you in advance for your prayers, support and co-operation. May God Bless.

HOLY CROSS CATHOLIC SCHOOL COUNCIL

The first meeting of the 2005 / 2006 School Council will take place on **Monday, September 26th at 7pm**. The election of the school council executive, if necessary, will be announced. If you are interested in being a member of the School Council Executive please contact **Mr. Paul Walsh at 384-1919 ext. 3411** prior to Sept. 16th. Check our website regularly for Council news.

September at Holy Cross

- 5.....Labour Day
- 6.....First Day of School
- 6, 7 & 8 Sign up for Grad Photos in room 129
- 7.....Try-outs for Fall Sports Teams Begin
- 9..... Semester 1 Grade Assemblies
- 12..... Band Orlando Trip Meeting 7 pm
- 12-13 Les Misérables Auditions 2:45-5:00
- 12-16 DVD Year Disc Sales
- 13.....Grade 9 and 10 Picture Day - Smile!
- 13.....Grade Representative Elections
- 13, 14 & 15 Grad Photos 3:00 - 7:00 in room 129
- 13, 14 & 15 Graduate DVD Year Disc Video Interviews
- 14.....Grade 11 and 12 Picture Day - Smile!
- 15..... Opening School Mass "Triumph of the Cross"
- 16.....Grade 9 Students Orientation Afternoon & BBQ
- 16..... Student Card Sales
- 16.....Students' Council Dance #1
- 16-17 Senior Girls' Basketball Crusader Classic
- 18.....25th Annual Terry Fox Run
- 19 - 20Grade 9 and 10 Yearbook Sales
- 21 - 22Grade 11 and 12 Yearbook Sales
- 21 - 22 .. Graduating Athlete and Artist Photos in room 129
- 23.....PA Day # 1 - no classes; staff retreat
- 26 Grade 9 Friends Photos in room 129
- 26.....Catholic School Council Meeting 7:00 at HC
- 27 Grade 10 Friends Photos in room 129
- 27.....Grade 9 Students' Retreat
- 28 Grade 11 Friends Photos in room 129
- 28.....Grade 9 Profile Night-7:00 HC Cafetorium
- 29 Grade 12 Friends Photos in room 129

PASTORAL SERVICES

Our pastoral theme this year, "Come, Let Us Adore Christ", challenges us to reflect on how every aspect of our lives can lead us to worship Christ in a deeper way. We look forward to meeting new students and staff as they join us in making this theme come alive in our classrooms, in the gym, at school Masses, and in every aspect of our life as a school community. Our school chaplain, **Fr. Rene Labelle**, will be away on sabbatical for first semester. We are pleased to have **Fr. Rod McNeil** and **Fr. Michael Reed**, two local parish priests replacing Fr. LaBelle. Fr. McNeil will be with us on Tuesdays and Fr. Reed will be here on Thursdays, which means he will celebrate our **Opening School Mass on Thursday, September 15**.

We are also excited as we prepare for our second **School Mission Trip to Kingston, Jamaica**. This will take place from **March 8 - 17, 2006** with fifteen senior students and staff taking part in this effort to help others in a very disadvantaged area of the world. We would appreciate your prayers and your financial support for this mission as we volunteer at a primary school and an orphanage sponsored by the St. Patrick's Foundation. St. Patrick's has been involved in development work in Jamaica for over twenty years and we are thrilled to be working with them. Pastoral Services (and C.I.C.S.) will be organizing retreats, food drives, community outreach to seniors, and many other special events over the coming year. See **Mr. Forster in the Pastoral Coordinator's Office** for more information.

SCHOOL PICTURES AND GRADUATION PHOTOS

Graduating students are asked to sign up for their grad photos during the first week of September in room 129. Graduation photographs will be taken during the evenings of September 13, 14 and 15. These photographs will be used in the school yearbook publication, and will also be made available for purchase.

This year, we will have two school **Photo Days**. **Grade 9 and 10 students will be photographed on Tuesday, September 13th, and Grade 11 and 12 students will be photographed on Wednesday, September 14th**. These pictures will be available to you for purchase. Students will be required to pay for their photo package on the day that the photos are taken. A copy of each student photograph will be maintained at the school for the purposes of record keeping, identification and use in the school yearbook publication. Any other use of these photographs would require your consent, and that consent would be requested prior to their use. If you have any questions or concerns regarding the use of the student photographs, please do not hesitate to contact **Mr. Prior** or a member of administration.

LES MISERABLES

The Holy Cross Arts Department is pleased to present Kingston's **FIRST** high school production of the famed musical *Les Miserables* – School edition. This huge production will involve over 100 students, singers, musicians and crew. Performance dates are set up for **November 30th, and December 1st, 2nd and 3rd**, in the Holy Cross cafeteria.

There will be an information meeting and audition sign-up on **Thursday, September 8th** at lunch in room 246. Audition dates

are **Monday, September 12 and Tuesday, September 13th**. **Parent volunteers** willing to work on set construction and costumes would be most appreciated. Please contact Ms. A. O'Brien at ext. 3420 at the school.

CRUSADER BAND NEWS

The Holy Cross Music Department is again preparing for an exciting year of performances and travel-related opportunities for the school's phenomenal student musicians. The **Katharine Splinter Memorial Christmas Recital** will on **Thursday, December 22nd at 7:00pm**. The **Kiwanis Music Festival** will be on **Tuesday, February 22nd and Wednesday, February 23rd, 2006** at Regiopolis-Notre Dame.

The **Holy Cross Jazz Ensemble and Grade 10-12 Symphonic Band** will be travelling to **Festival Disney at Disney World, Orlando, Florida, from April 25 to May 1, 2006**. Note: There will an important meeting for all students and parents of Gr. 10, 11, and 12 First-Semester Band students on Monday, September 12th at 7:00pm in the Lecture Theatre concerning this April, 2006 trip to Disney World.

The **Second-Semester Grade Nine Beginning Band** will be travelling to **Canada's Wonderland** in May, 2006 to participate in the Canadian Music Festival held there every Spring. For more information on Crusader Band performances please contact **Mr. Orser or Mrs. McCombs** at Holy Cross (384-1919, ext. 3456).

TERRY FOX RUN

The **25th Annual Terry Fox Run** will be held on **Sunday, September 18, 2005**. Twenty five years ago, on April 12th, a young man with a big dream dipped his artificial leg in the Atlantic Ocean. The moment marked the beginning of Terry Fox's Marathon of Hope. It also marked the beginning of a journey that has touched millions of people around the world, who continue to live Terry's dream of finding a cure for cancer. The first Terry Fox Run in 1981 attracted 300,000 participants across Canada and raised \$3.5 million. To date, more than \$360 million has been raised worldwide for cancer research in Terry's name through the annual Terry Fox Run, held across Canada and around the world.

Let's make this a special year and celebrate Terry's legacy. As a community let us join the Greater Kingston community in responding to Terry's dream of finding a cure for cancer. "The Run" is a non-competitive event which begins at 2:00 at Woodbine Park, near Holy Cross. The route is a 10 km course which you may WALK, RUN, BIKE, or use a wheelchair or inline skates.

Last year Holy Cross was awarded the **Barry Brady Trophy** for the second consecutive year for having the largest number of high school students involved in the run. Let's build on our past success and get even more Crusaders involved this year. The emphasis of the event isn't on how much you raise, but that you participate in Terry's memory and help him finish his Marathon of Hope.

As Terry said in 1980: **"If you've given a dollar, you are part of the Marathon of Hope ."**

COUNSELLOR'S CORNER

Course Load

All students in Grades 9, 10, 11 are required to carry a course load of 4 courses each semester. All students in Grade 12 are required to carry a minimum of 3 courses each semester.

Course Changes/Deletions

Students are to consult with a counselor prior to any decisions being made to their timetable. It is "advised" that any course changes required be dealt with by the end of the first week of the semester. Further to this, it is "required" that all changes be completed by the end of the second week of the semester. **No changes to schedules will occur after September 16th.**

Post Secondary Information Sessions

In the upcoming months, Student Services will be hosting many presentations from Ontario Colleges and Universities. Below is a schedule of the visits. Unless otherwise mentioned, all presentations will be held in the lecture theatre. The time of the events will be posted.

Sept. 19-20 University Information Sessions
Sept. 29 College Information Sessions
Sept.30, Oct 01, 02 Ontario Universities' Fair (Toronto)
University Information Program (LCVI) TBA
University Application Workshops TBA
College Application Workshops TBA

Individual University Presentation Dates

Sept. 19	York University	11:15 am
Sept. 21	Dalhousie University (Halifax)	11:15 am
Sept. 22	Ryerson University	11:15 am
Sept. 22	Carleton University	2:35 pm
Sept. 28	University of Ottawa	11:15 am
Oct. 18	St. Mary's University (Halifax)	2:35 pm
Oct. 31	Wilfred Laurier University	11:15 am
Oct. 31	Brescia College (UWO)	2:35 pm
Nov. 1	Memorial University (NFLD)	2:35 pm
Nov. 3	McMaster University	11:15 am
Nov. 8	University of Guelph	11:15 am
Nov. 10	Trent University	11:15 am
Nov. 14	University of Western Ontario	11:15 am
Nov. 29	Lakehead University	2:35 pm

Individual College Presentation Dates

Oct. 6	Fleming College	1:45 am
Oct. 19	Algonquin College	1:30 pm
Oct. 25	Loyalist College	11:30 am
TBA	St. Lawrence College	

Due to the volume of material (application and scholarship related) handled in Student Services, university bound students are asked to provide **Mrs. Speagle** (who is replacing Ms. Bell – who is on leave for Semester 1), with their email address in order to improve communication throughout the application process.

TRANSPORTATION

All students and parents/guardians are reminded to record their bus number and bus company in case of inclement weather or emergencies.

CRUSADER GEAR SALE

The **Holy Cross Tuck Shop** will be offering Crusader wear at discounted prices on September 12th during the lunch hour. Check out our Holy Cross sweatshirts, tear away pants, hats, water bottles etc. Show your school spirit by wearing green and silver!

YEARBOOK SALES

The Holy Cross Yearbook is always an award winning publication at the provincial level. This book is an important documentation of your years in high school. It includes portraits of all students who attend the school and covers areas such as student activities, friendships, graduates, academics, sports and the arts.

Yearbooks will go on sale during the week of September 19-22. The cost is \$45.00. You may order your personalized copy by either giving the completed order form to your home room teacher or by delivering it directly to **Mr. Prior** in Room 129 between Periods 1 and 2 or during lunch hours.

DVD YEAR DISC

The DVD Year Disc for 2005-2006 is available for sale until Christmas through **Mr. Esford** in Room 215. The cost is \$10.00.

SCHOOL DANCE

The first school dance will be held on **Friday, September 16th from 7:30-11:00 p.m.** Students must show ID to gain admission and all students and their belongings will be searched before being admitted. The cost of admission is \$8.00.

EXTRACURRICULAR ACTIVITIES AT HOLY CROSS

Get involved! Holy Cross students can be proud not only of their academic achievements, but also their achievements in music, drama, yearbook, Students' Council, Crusaders in Community Service, athletics and many other initiatives. The extracurriculars offered at Holy Cross are supported by the teachers, administrators, Board office officials and support staff because of the contribution that extracurriculars make to the general educational experience of our students. Our extracurricular programs are second to none and a source of pride within our community. Involvement in extracurriculars provides all students with the opportunity to develop invaluable life skills, such as team spirit, self discipline and dedication to a common team goal. Participate in the life of Holy Cross by getting involved in an extracurricular activity this year.

PAUL HALLIGAN CLASSIC

Girls Basketball teams will be promoting breast cancer awareness by participating in the 5th Annual PH Classic games against Regi on **Thursday, October 6th** with games at 5:00 and 6:30. Students are encouraged to listen to announcements regarding upcoming activities that will support fundraising efforts.

HOLY CROSS ATHLETICS

The fall of 2005 sees the return of a strong extracurricular athletics program at Holy Cross. Tryouts and practices begin the first week of September for all teams in preparation for the fall sports program in the Kingston area.

This fall will see no less than eight teams carrying the green and silver of Holy Cross. The commitment of our student athletes and coaches generates dividends for all in our community. The parental support our teams have grown accustomed to over the years is most welcomed and appreciated.

Grade 9 students should not hesitate to get involved. There are a wide range of teams to join and all are age appropriate. High school sports are a great way to develop lasting friendships while learning and developing many skills. The values, beliefs and invaluable life skills which school sports provide allow our student-athletes the opportunity to fully develop themselves. If you have any questions regarding a team, contact one of the coaches listed below or see your homeroom or physical and health education teacher.

The Ontario Federation of School Athletic Association, OFSAA, operates with a Five Year Eligibility and a Transfer Eligibility Rule. **Student-athletes now have a maximum of five years of eligibility to compete in high school athletics. Any student who has transferred into Holy Cross from another high school remains ineligible for all sports until they go through the transfer appeal process and are ruled upon.** Any transfer student should contact Mr. Tim Pendergast, Athletic Director to begin the appeal process.

The costs of running an extracurricular athletic program are great. Our teams are most fortunate to have the financial support of the **Holy Cross Students' Council**. Even with this support, user fees are required for all sports at Holy Cross. User fees for individual teams are listed below and are due in full for all students on all teams before their first competition. Have a great season and we hope to see you on the sidelines supporting the Green and Silver Crusaders of Holy Cross.

Senior Girls' Basketball

Mrs. Kelly Dixon and Mr. Alfie DeMelo will conduct tryouts on Tuesday, September 6th at 2:45. Team Fee: \$85 + tournament costs (hotels etc.); Practices 3:00-4:30 on Mon. Wed., and Fri. Games are on Tues. and Thurs. 6 tournaments (3 away, 3 home). Championship Dates: KASSAA- 3rd Mon. of Nov. EOSSAA- Nov. 24th, 25th OFSAA- 1st week of Dec.

Junior Girls' Basketball

Head Coach: **Ms. Julie Roantree**; Team Fee: \$85 + tournament costs (hotels etc.); Schedule: Tryouts are the 1st week of school, practice 4:30-5:45 on Mon. Wed., and Fri. Games are on Tues. and Thurs. 3 tournaments (1 away, 2 home). PH Classic is Thurs. Oct. 6th 5:00. Championship Dates: KASSAA- 3rd Mon. of Nov. EOSSAA- Nov. 24th, 25th

Cross Country Running

Head Coach: **Mrs. Anne Marie Macrow and Mr. Mike Lazure**; Team Fee: \$75; Schedule: Any student wishing to attend practice daily will be allowed to compete in the meets. Practice daily from 2:45 until 4:30. Championship Dates: KASSAA- Oct. 20th EOSSAA- Oct. 27th OFSAA- Nov. 5th

Field Hockey

Girls Field Hockey tryouts begin September 8 at 3pm. All girls are eligible to tryout for this exciting team! We are looking for girls who can run, play hard and smile. Bring your running shoes, gym clothes and happy face to the field. See **Mr. Kallevig or Mr. Brady** for more information if you require it. Team Fee: \$50.00; Schedule: Tryout are held the 1st week of school. Practices are daily from 3:00 until 5:00. hampionship Dates: KASSAA- Oct. 20th EOSSAA- Oct. 27th OFSAA- 1st week of Nov.

Senior Football

Head Coach: **Mr. Tim Pendergast**; Team Fee: \$130.00; Schedule: Tryout are held the 1st week of school. Practices are daily from 3:00 until 5:00. Championship Dates: : KASSAA-Mid Nov. EOSSAA- End of Nov. OFSAA-Dec.6th

Junior Football

The Crusaders are looking forward to defending their city title. Tryouts for the team will start with an information meeting on Tuesday, September 6th at lunch in the gym. Any eligible grade 9 or 10 are welcome to attend tryouts from Wednesday to Friday after school. Practice times will be from 3:00pm to 4:30pm each day. You'll need running shoes, shorts and an old t-shirt that can have your name written on the back. You can contact **Mr. Hunter, Mr. McCombs, Mr. Burke, or Mr. O'Meara** for more information. Team Fee: \$135.00; Schedule: Tryout are held the 1st week of school. Practices are daily from 3:00 until 5:00. Championship Dates: KASSAA-Mid November

Senior Boys Volleyball

Head Coach: **Mr. Rob Manion**; Team Fee: \$80 + tournament costs (hotels etc.); Schedule: Tryouts are 1st week of school, practice on Mon. Wed., and Fri., games are on Tues. and Thurs. 2 tournaments. Championship Dates: KASSAA- 2nd Mon. of Nov. EOSSAA- Nov. 17th OFSAA- Last week of Nov.

Junior Boys Volleyball

Head Coach: **Mr. Mike O'Brien**; Team Fee: \$60; Schedule: Tryouts are 1st week of school, practices on Mon. Wed., and Fri., games are on Tues. and Thurs. 3 tournaments. Championship Dates: KASSAA- 2nd Mon. of Nov. EOSSAA- Nov. 18th

Next Month at Holy Cross, October 2005

- 1 & 2.....JV Girls' Basketball Tournament at HC
- 3.....Thanksgiving Food Drive Begins
- 6Paul Halligan Classic Jr. and Sr. Girls' Basketball
- 7.....Early Semester Report Cards Issued
- 7.....Grade 9 Students' Retreat
- 10.....Thanksgiving Day Holiday
- 13.....Thanksgiving School Mass
- 13.....Parent Teacher Interviews 3:30-6:00 & 7:00-9:00
- 14..... Thanksgiving Food Drive Ends
- 18.....Parent Teacher Interviews 3:30-6:00 & 7:00-9:00
- 19 Drama Trip to Les Miserables in Toronto
- 19 Visaul Art Trip to Toronto
- 21.....Grade 10 Students' Retreat
- 24.....Early Dismissal Day #1, periods 1 & 2 only
- 25.....Catholic School Council Meeting 7:00
- 26 to 28.....Visual & Dramatic Arts Trip to Montreal
- 27..... Academic Awards Breakfast
- 31.....Halloween