

# REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: [www.reginotredame.ca](http://www.reginotredame.ca)



## September 2018 NEWSLETTER

*Newsletter is issued at the beginning of each month*

### Principal's Address

As much as the transition between August and September is a difficult one, I am always so revitalized by the energy and enthusiasm of the students and staff as they return to our community. It seemed like nearly every group contributed to a big welcoming of our newest Panthers (240 of them!) by contributing to the A-Head Start Program. It was a great success and allowed our incoming students to become familiar with our practices and procedures. A big thanks to Mr. Santos for organizing this endeavour! Our Grade Nine Welcome culminates on the second Friday afternoon of our new school year with orientation activities. *Parents, please reinforce that your sons and daughters should change out of their school uniform at lunch and into comfy clothing (RND t-shirts) for an afternoon of fun outdoor activities.*

Staffing is nearing conclusion with hopefully only a few classes beginning with a temporary teacher. Over the summer months, Attendance Secretary Jill Thompson took over the duties at Ecole Cathedrale and, interestingly enough, Madeleine Picard has now moved from there to here. Mme Picard is looking forward to many familiar faces and to meeting the rest of the student body. Other new to staff (or returning) faces include: Mme Airhart, Mme Beliveau-Scott, Ms. Comartin, Ms. De Vuono, Mr. Cunningham, Ms. Bertrand-McDonald, Mr. Harren, Mr. Pitts, Mr. Thibodeau and Ms. Urie. Perhaps a fitting tribute to our retirees, our newest staff members are strong, passionate and dedicated educators.

Over the past year, we worked hard to renew some of our school policies, primarily in an attempt to ensure all of our community share a common understanding. Administration will share much of this with students and parents, in person, and via our website. Our revamping of the website is one example of how repopulating data provided an opportunity to have fresh eyes on our shared documents.

Parking continues to be a concern at RND. Only permit parking is allowed in the Cowdy lots and no one should be parked along the round. We have two access buses that pick students up at day's end at the Cowdy Street doors. If parents are picking up

their sons or daughters on Cowdy Street, please keep your car moving and allow room for the school bus to park near the ramp and depart from there as well. Your help is appreciated in this busy, shared space. Together, we ensure the safety of all of our young people,

I am so excited about this school year. Our mission statement challenges us all to be saints: to focus intentionally on how we can use our gifts for the betterment of the world around us. I encourage everyone to get involved in the school. From Faith In Action to the Chess Club, we have something to offer for everyone. Please check the school website and our social media accounts on a regular basis to see if there is something for you.

Terri Daniel

### Chaplaincy Services

“To be Saints is not a privilege for the few but a vocation for everyone.” – Pope Francis

This year's theme is a challenge from Pope Francis to become Saints! This sounds like a lot to ask of us, but God has created each one of us for some unique purpose and it's our job to develop our gifts and virtue - with the help of the gifts of the Holy Spirit - to become 'the best possible version of ourselves'. In this way we will be saints who bring the Kingdom on earth as it is in heaven. We have a lot of work to do, so let's make the most of every day and every opportunity this school year!

Students will work to help the needy in our community each month (first one is Sept 21<sup>st</sup> at St Vincent de Paul for Senior students who need volunteer hours on their spare), and the 'Faith in Action Team' (FIAT) will be busy planning for a Chalice campaign called 'Saints Among Us'. We'll be harvesting our '3 Sisters' Indigenous garden in time for our first mass on Wed. Sept. 26<sup>th</sup> at 9:30am in the CND Gym and if you would like to work with a new 'Multicultural community' group to share the food and culture that you're so proud of, we'll meet on Thursday Sept 20<sup>th</sup> in the chapel at lunch to make plans. Choir is still on Tuesdays at lunch in the Chapel, bring your lunch and be ready to sing by

11:30. The Thrift shop will be open most Tuesdays at lunch and all items are still only \$2. The first SGIC meeting will take place on Wed. Sept 12<sup>th</sup> at lunch (location to be determined) and the first Anime Club will be on Friday Sept. 14<sup>th</sup> at lunch in the Chapel. If you are new but not in Grade 9, we'd like for you and other new students to have the chance to meet and share some food together on Thursday Sept. 13<sup>th</sup> at lunch. You should receive a note in your homeroom with the location. Always feel free to contact Chaplaincy if you have any concerns. Peace and Blessings, Mary Elaine Carty x2530 and Friar Jim Fukes.

## Student Services

### News

Student Services is pleased to announce that the guidance counsellor team of Ms. Gaudet and Mrs. Glancey Cox will expand to include Mr. Poser for a period a day this year. Mr. Poser will be lead counsellor and co-lead teacher for the new SHSM Sports, will coordinate eLearners at RND, and will coordinate our many college and university visits.

### Timetable Changes for Semester Start

Beginning Tuesday, September 4<sup>th</sup> all students must remain in their classes assigned on the timetable, even if the student thinks that there is a course on it that was not requested. Priority will be given to students with incomplete timetables:

- a) Grade 9 to 11 students with fewer than 8 courses
- b) Grade 12 students with fewer than 3 courses

Students with incomplete timetables for semester 1 and semester 2 should come to Student Services during the blank period on their timetable. Students should NOT leave an assigned class to come to Student Services. **It is imperative that students with incomplete timetables address these concerns.**

There may be a few students who are aware that they are ineligible for a class because they do not have the correct pre-requisite (for example – a student is scheduled in grade 11 math but did not pass the grade 10 math). Those students should also come to Student Services ONLY during the period in question.

Students wishing to inquire about a course change must see a guidance counsellor outside of Student Services *between classes or during lunch* with their timetable in hand.

**No changes in electives for grade 9 and 10 will be considered.** Any changes to grade 12 schedules will be based on pathways for graduation requirements and post secondary education.

### Online Booking for Guidance Appointments

Last year Student Services established the process of booking guidance appointments online; we will continue this efficient, paperless initiative for the new school year. However, students will now see times when their counsellor is available. Students can choose a time and will receive an immediate confirmation of the booking on their @alcdsb.on.ca email account. Online booking will be made available to students beginning **Monday, September 10th**. If you need to see your guidance counsellor immediately, please speak with our Student Services secretary, Mrs. Warren.

If parents need to contact a guidance counsellor, please call Mrs. Warren at extension 2503. Please do not email the guidance counsellor. Guidance counsellors will contact you as soon as possible. If it is an emergency, please indicate this to Mrs. Warren. Guidance counsellors do not answer phones when they are working with students and, additionally, can become quite backlogged at the beginning of the school year.

### Regi Guidance on D2L

Once again, students can access information from Student Services on the Regi Guidance page in their Virtual Commons. Students will find information relevant to their grade. They can also find information on volunteer opportunities, scholarships, bursaries, SHSMs, employment opportunities, and many useful website links.

### Grade 9 Students – Meeting your Guidance Counsellor

Beginning Wednesday, September 12th, Guidance Counsellors will meet with Grade 9 students. Grade 9 students will be visiting Student Services during period two. Guidance counsellors will outline the services and supports available for students to use throughout their time at RND.

### Grade 12 Students – Post Secondary Planning

Grade 12 students should be checking with post-secondary schools and their websites to ensure they have met all the requirements for their desired post-secondary program. If students are unsure of the requirements or need to make changes to their timetable, they should make an appointment with either Ms. Gaudet or Mrs. Glancey Cox ASAP.

Some courses fill up quickly and/or are only available during one semester. Reaching your post-secondary goal requires YOU to plan, to respect deadlines, to work hard, and to make realistic choices.

## Reminder

To graduate from high school and receive an Ontario Secondary School Diploma (OSSD) students must:

- Earn 30 credits - 18 credits are compulsory. This means that students must take these 18 courses from a list of required subjects.
- Pass the Ontario Secondary School Literacy Test (OSSLT) or Ontario Secondary School Literacy Course (OSSLC).
- Accumulate a minimum of forty hours of community service. Please ensure proper documentation is submitted to Student Services as soon as possible.

## Important Dates for September

**Tuesday, September 11<sup>th</sup>:** Grade 12 Meeting Post Secondary Information @ 10:00 a.m.

**Wednesday, September 12<sup>th</sup>:** Western University presentation @ 8:30 a.m.

**Friday, September 14<sup>th</sup>:** *Last day to change classes*

**Wednesday, September 19<sup>th</sup>:** University of Ottawa presentation @ 8:45 a.m. / University of Guelph-Humber @ 11:00 a.m.

**Thursday, September 20<sup>th</sup>:** St. Lawrence College presentation @ 11:15 a.m. / Ryerson University presentation @ 1:30 p.m.

**Thursday, September 20<sup>th</sup>:** Grade 12 Parent Post Secondary Information Night: 6:00 to 7:00 p.m. in the Cafetorium

**Friday, September 21<sup>st</sup>:** Loyalist College presentation @ 11:15 a.m.

**Monday, September 24<sup>th</sup>:** Carleton University presentation @ 8:45a.m. / Queen's University presentation @ 11:00 a.m. / Brock University presentation @ 12:15 p.m.

**Tuesday, September 25<sup>th</sup>:** Trent University presentation @ 11:15 a.m.

**Thursday, September 27<sup>th</sup>:** Wilfred Laurier University presentation @ 8:45 a.m.

If you're thinking about attending an Ontario university, don't miss **the Ontario Universities' Fair (OUF)**. This is an event where you can visit all 21 Ontario universities in one place. The OUF takes place September 28<sup>th</sup> to 30<sup>th</sup>, 2018, at the Metro Toronto Convention Centre and admission is FREE.

Also, the **University Information Program (UIP)** takes place in Kingston at Frontenac Secondary School on November 6<sup>th</sup>, 2018 from 6:30 p.m. to 8:30 p.m.

If you are college-bound next year or want to know more about what Ontario colleges offer, check out the **College Information Program (CIP)**. It will take place in Kingston at St. Lawrence

College on Thursday, October 4<sup>th</sup>, 2018 from 1:00 p.m. to 2:30 p.m.

## Maplewood Passwords

If any students cannot remember their Maplewood usernames or passwords, please proceed to period 1 first day. Lists of period 1 classes will be posted outside the Main Office Tuesday. Homeroom teachers have the necessary Maplewood information for all students. Do not ask the secretaries in the Main Office or in Student Services for this information. Thank you for your cooperation.

## Monthly Newsletter

The RND newsletter is available by subscription and will be posted monthly on our website. For the latest news simply go to: <https://www.alcdsb.on.ca/school/regi/Pages/pgHomePage.aspx> and sign up to receive the newsletter each month.

## School Cash Online

As of 2017, it is now MANDATORY for parents to pay all fees (with the exception of the text book deposit of \$100.00) at RND's *School Cash Online*, which can be found on RND's homepage.

**Online?** School Cash Online is an online payment system that offers a **safe, fast** and **convenient** way to pay for school activities, field trips, hot lunches, and events. Simply click on:



**How To Register and Add a Student;** Registration opens Wednesday, August 15<sup>th</sup>. Go to:

**<https://alcdsb.schoolcashonline.com/>**

Once parents/guardians register and create an account, they can proceed to adding their student. After student(s) are added, items for that student will appear and be available for purchase. Parents will also get email notifications when new items are posted for their students. If parents run into problems finding their school or student when registering, visit: <https://schoolcashonline.com/Home/Support>.

## Athletics

Welcome back Panthers!! Time for another year of excellence in RND Athletics. Whether you are new to RND or are a returning student-athlete here are a couple of points regarding Athletics at RND.

Tryouts for Fall teams begins on the first day, September 4th, for senior teams. Most junior teams begin tryouts on Wednesday, September 5th. Sports offered in the Fall for RND students include field hockey, golf, cross country, football, girls basketball and boys volleyball.

Information about tryouts can be found on our school Athletic website at <http://www.rndpanthers.com/>. Students can also get information about teams and tryouts through school announcements, flyers and our new Athletic Bulletin Board located by the CND Gymnasium.

Students attending a tryout should bring a completed Student-Athlete Participation form with them. The Student-Athlete Participation form can be found at <http://www.rndpanthers.com/A.D.ministration/Forms/index.html>.

All player user fees will be paid online this year. Player user fees for each sport played can be financially burdening at times. No student-athlete at RND will ever be denied the opportunity to participate based on financial need. If finances are a concern please talk with a teacher or coach.

A big part of an enriching high school experience is getting involved. There are lots of opportunity to become involved in Athletics at RND in non-playing capacities as well. Scorekeepers, minor officials and team managers are just a few examples of ways to be involved. Please speak to a teacher or coach if this is something that you may be interested in.

## Los Angeles 2019

There are still spaces available for the trip to Los Angeles, California, which is happening on March Break. This tour includes visits to Universal Studios, the Walk of Fame, Venice Beach, the Hollywood sign, Disneyland and more. See Mr. McDonald in Room 210 to sign up.

## Picture Day

Picture day is scheduled for September 19th. Students will be called down by grade throughout the day.

## Music Notes

The music department is planning some exciting events this year. In November we are planning a concert to commemorate the 100

anniversary of the end of World War 1 which will involve all the bands, the choir and special guests. We will collaborate with all the other arts and many in the technology department to bring Into the Woods to the RND stage in December. Next semester the big event for the RND Senior Concert Band is the trip to **Chicago** planned for April to perform in the Festival of Gold at Orchestra Hall home of the Chicago Symphony Orchestra.

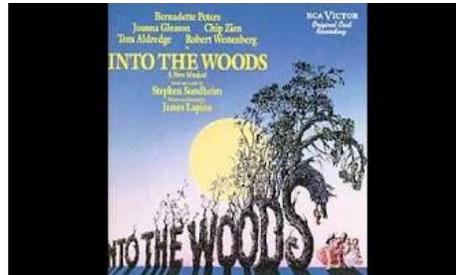
The first RND Senior Concert Band rehearsal will be on Monday September 10<sup>th</sup> after school.

## Do you have an instrument at home?

Have you borrowed an instrument from Regi on an "extended loan"? If so please bring it back. Check in your closets or under your bed. This apply to music method books as well. Also, if you have an instrument at home you would like to donate to RND music please contact us.

## Audition Notice

RND is producing the Broadway musical **Into the Woods**, Dec. 5 to 8. We will have a meeting for students interested in cast, crew, orchestra or other aspects of production on Thursday Sept. 6 at lunch in the music room. Auditions will be during the second week of school. Stop by the music room for more details about this historic event.



## **FUN FRENCH FACTS**

### **DID YOU KNOW?**

Students who speak several languages will increase their chances of finding a job, whether at home or abroad. Learning another language enriches the mind and opens up new horizons, both personal and professional. <http://bit.ly/2PclxUa>

*Encourage your child to be a lifelong learner of French!*