

REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: www.reginotredame.ca



March 2020 Newsletter

Newsletter is issued at the beginning of each month

Principal's Message

After a series of February storms, March brings some hope of spring days ahead. At this time of year, we cheer on our athletes competing in OFSAA festivals and thank all those involved whose seasons have wrapped up. We have a large contingent of wrestlers heading to OFSAA in Sault Ste Marie, as well as basketball, volleyball and swim team members who have earned berths in provincial finals. As this newsletter is coming together, Grade Eleven student Sarah Ryan is competing in the Special Olympics in Thunder Bay and has won two gold medals – congratulations Sarah! The RND Improv Team hosted the regional competition. Our Junior Team won their division and the Seniors placed second after two days of competition. We look forward to the spring season beginning shortly after the March Break. I think most of us are also looking forward to the March Break.

Students, visitors and staff are advised that parking is not allowed in our bus loading zones, at any time. We have provided warning notices and will have to tow cars who continue to block access for our buses. Please do not make this costly and inconvenient mistake.

Students were wonderful at our recent Semi-Formal. It is so nice to see students have a good time and show respect for one another and their school. Parental support was crucial as well, in order for the event to proceed on the scheduled date. Thanks to all who volunteered their time.

As we begin Lent, Pope Francis reminds us that the Lenten season calls people to open their hearts "to hear God's call to be reconciled to himself, to fix our gaze on the paschal mystery, and to be converted to an open and sincere dialogue with him" so that everyone become "what Christ asks his disciples to be: the salt of the earth and the light of the world." In this time of uncertainty, we can hear messages of despondence, of tensions amid pipeline conflicts, of worries about the coronavirus, of war and conflict, and of a deepening economic divide; our Pope asks us to respond to these messages by stepping in, by actively seeking reconciliation and repair to make our world a better, more unified place, near and far.

Terri Daniel

Pastoral Services

Indigenous Gathering Day for Self-identified First Nations, Inuit and Metis students along with Allies from Indigenous focused and World religions classes. All day on **Wednesday, March 4th** in the Cafetorium. Students will learn more about traditional dances and drumming along with other topics. Food will be provided at lunch.

The sisters of the Congregation of Notre Dame are looking forward to hosting workshops for Grade 2 to 5 students from local elementary schools in the St. Marguerite Bourgeoys chapel between **March 24th – 26th**. This is in honour of the **400th Birthday of St Marguerite Bourgeoys** which kicks off a year of celebrations in her honour.

Student Services

Online Course Selection for 2020/21

In early February, guidance counsellors began the course selection process for next year with grade nines and tens. Counsellors will continue with grade elevens prior to March Break. Once again students are using myBlueprint to choose their courses; this online planner is accessed through their Virtual Common and can be viewed from home. Parents are encouraged to discuss course plans with their children. Our course option sheet can be found on the RND website. All students should review their course requirements in their Maplewood account. Guidance counselors are available to answer any questions or concerns.

Grade 12 Returning Students

After March Break, guidance counsellors will visit grade 12 homerooms to have students complete an Exit Survey on myBlueprint. This will provide data as to students' intentions post-graduation - be it work, post-secondary, or a return to RND.

Any students who are eligible to graduate this year but intend to return to RND must complete an "Intent to Return" form. This form is now available in Student Services. Students create a plan with their guidance counsellor then must meet with **Ms. Daniel** for approval. Only then can Returners complete course

selection for the 2020-21 school year. Forms signed by **Ms. Daniel** must be returned to Student Services, and students will be re-activated at that time.

Parent/Teacher Interviews

Parent/Teacher Interviews are scheduled for **Thursday, March 26th from 3:00pm-5:00pm and 6:00pm-8:00 pm.**

Booking Parent/Teacher Interviews

Once again, Parent-teacher interviews can be booked online. Go to the RND website to book your appointments by clicking the appropriate link. Parents will have access for booking appointments **beginning Wednesday, March 18th at 8:00am.** Online booking will **close at 11:55pm on Wednesday, March 25th.** Please, be advised that any request for appointments after the deadline cannot be guaranteed. Interviews will be limited to 10 minute blocks per student per teacher. Be sure to book your appointments early as space is limited. If you have any questions or require further assistance with booking, please call Student Services.

Dual Credit Program at RND with SLC

Grade 12 and returning students at RND have an opportunity to earn college credits while attending high school. Dual credit programs are Ministry-approved programs that allow students, while they are still in secondary school, to take college or apprenticeship courses that count towards both the Ontario Secondary School Diploma (OSSD) and a postsecondary certificate, diploma, or degree, or an apprenticeship certification. To learn more about the program, please see our Dual Credit Teacher – **Ms. Linda Lott** in Student Services.

SLC Applicants

Samantha from **Recruiting at SLC** will connect with interested applicants at lunch on **Wednesday, March 4th.** She will be contacting all applicants via email prior to her visit.

Discovery Day in Health Sciences at Queen's

Discovery Days are one-day events that give secondary school students (primarily Grade 11) who are interested in science the opportunity to explore a variety of career options in medicine and the health sciences.

Discovery Day at Queen's will comprise a dynamic keynote lecture, interactive workshops and a career panel discussion on **Wednesday, May 6th.** This event affords students a clear picture of what it would be like to be a health professional by interacting with researchers, clinicians and educators in their real-life work setting. **Pre-registration is required and is open from Thursday, March 26th to Wednesday, April 8th at noon.** The first 8 students will be guaranteed a spot. If interested, see your guidance counsellor.

Young Women in Public Safety (YWPS) Work Experience Program

This unique work experience program was created to introduce grade 11 female students to exciting employment opportunities in the realm of public safety, such as border security, corrections, correctional investigation, probation and parole, information and intelligence, and policy development. The program will take place **July 13th to 17th, 2020 in downtown Kingston.**

Applications for the program must be submitted through the poster on the **Federal Student Work Experience (FSWEP)** website. The closing date for online applications is **Monday, April 6th.** Students must submit a maximum one-page document explaining why they would like to participate with their application. For more information, see your guidance counsellor.

The Ontario Student Voice Awards

Ontario Student Voice Awards are given annually to outstanding students across Ontario. **OSVAs** are a way for Ontario Student Trustees to give back to the most exceptional students in our province.

The deadline for all applications is **Monday, April 13th.** **There are six categories of consideration:** student voice, commitment to justice, entrepreneurial initiative, sports leadership, dedication to the arts, and cultural involvement. **To apply follow this link:** www.osta-aeco.org/award-applications/.

OSSLT

Tuesday, March 31st

Mid-Term Reports

Friday, April 24th

Used Spring Uniforms

With spring only weeks away, you may want to start thinking about your child's spring uniform. Please keep in mind that the school has plenty of used shirts and shorts for those looking to purchase a used uniform. If you are interested in purchasing a used spring uniform, please see **Mrs. Bouvier** in the main office; 613 545-1902; ext. 2200. Please note: Students can wear spring uniforms, commencing **May 4th.**

Basic Uniform Repairs

If your son or daughter is in need of a basic uniform repair, they can simply see **Mrs. Zborovsky** in **room 146.** **Mrs. Zborovsky** is graciously providing this service at no charge.

After School Numeracy Classes

As part of RND's Numeracy support strategy, After School Numeracy classes are available to provide one-to-one tutoring with math homework and review lessons of regular math class topics. Any student can drop by for help **in room 234 from 2:30 to 4:00 pm on their grade specific day.**

- Grade 9 Academic Math help is on Wednesdays.
- Grade 10 Academic Math help is on Tuesdays.
- Grade 9 & 10 Applied Math help will be on Mondays starting on **March 23rd.** Until then, students in applied math can come any of the other two days, Tuesday or Wednesday.

Registration forms and letters with additional information are being sent home with the math students. If you expect your child to attend these classes, please complete the form and have your child return it to his/her math teacher.

RND Mathletes

Our mathletes from grades 9 thru 11 wrote their first **University of Waterloo** contest this year on **February 25th**. The grade 12 mathletes will be writing their last contest, the **Euclid on April 7th** unless they want to be part of the team going to the U.S.A. **National Math League Finals** held at the end of **May**. Our mathletes are often zone champions for 3-4 of these contests each year and our teams are looking very strong again this year.

Grade 9 & 10 mathletes meet at lunchtime every Monday in room 234. The senior mathletes meet on Wednesdays at lunchtime in room 234. New mathletes are welcome to join anytime of the year. There are more contests and tournaments to come this year. Each year mathletes are invited to go on a **Canada's Wonderland** trip in May. See **Mr. Santos** in room 234 for more information.

In **April** our grade 11 mathletes will be visiting the **University of Ottawa**. In the fall, all of our mathletes will go on a tour of the **University of Toronto** and will be visiting the **Ontario Science Centre or Dunlap Observatory**. We have gone to both of these in the past. With these types of experiences, our mathletes are inspired to discover new possibilities for their studies and careers. They are stars ready to burst into brilliance.

IB News

- 1) Course selection is to be completed by **Friday, March 6th**. IB students should see **Mr. David** if they have questions about what courses they need to select to meet IB requirements or if they want to make changes to their IB pathway. Please request an appointment by email to: david@alcdsb.on.ca
- 2) Year 1 and 2 IB Candidates – The IB exam schedule has been posted on the **Regi IB D2L** page. Please be advised that these dates and times are rigid and unchangeable.
- 3) Year 1 and 2 IB students – Teachers will upload IA's in all subjects to IBIS on or before **March 26th**.

Graduation 2020

This year's Graduation ceremonies will take place on **Thursday, June 25th, 2020**. Mass will take place at **St. John's Church** at 12:00 noon. The ceremonies will take place in the CND gym at **Regiopolis Notre Dame High School**, commencing at 6:00 p.m.

Complete details will be provided in May.

Graduation Fees

If you haven't yet paid your son or daughter's graduation fee in the amount of \$30.00, you can simply pay online at



Thank you

Student Council

Hello Panthers! We hope everyone has had a great start to semester two. Thank you to everyone who attended our semi-formal. It was an amazing night and we couldn't have done it with you. We would also like to give a special thank you to all the volunteers who made time to be there so that we could still hold the dance. Everything went smoothly and it was a huge success.

We still have a lot planned for second semester, so if you would like to volunteer at an event, come see anyone on council or **Ms. Rizzi** and we would be happy to get you involved.

Upcoming Events and Dates in March

March 12th: Blood Bus; RND's **Blood Bus** is heading back to Canadian Blood Services to donate. If you're 17 and interested in giving blood and saving lives, see **Mackinley**!

March 12th: Relay U; Conference in **Ottawa** for members of the **Relay for Life** team. If you are interested in volunteering for Relay see **Julia** or **Mackinley**.

March 16th - 20th: March Break; We are so glad to see everyone giving it their all this semester. March break is around the corner and will give everyone the much-deserved time off to relax and cool down until the school is back on after the break.

March 27th: Non-uniform Day