

REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: www.reginotredame.ca



December 2018 Newsletter

Newsletter is issued at the beginning of each month

Principal's Message

Excitement is building for **Into The Woods** – follow the path and secure your tickets now. I am so impressed with the work ethic and the collaboration of the many volunteers who come together to make stage magic happen. I can't wait for the show. This musical is a demanding one to take on and our cast and crew are ready for the challenge.

Our fall sports season wrapped up, with many success stories, including a KASSAA championship for our senior boys' volleyball, OFSAA berths for our X-Country Junior Girls' Team, an OFSAA fourth place finish for **Nathan Nowak** and an OFSAA silver medal for **Annie Anghelescu** in the High School Golf Festival. The winter season is now underway.

We are into our final two months of the first semester. Use this time, and the feedback provided on midterm report cards, to do the very best work that you can in your classes. The Academic Awards Assembly is a yearly event, but it is the culmination of the daily work and care put into coursework.

As December begins, we enter the Season of Advent, the season of lights. May we all be light for one another. We have had many guest speakers in to talk with us about various aspects of mental health and well-being. Through a connection with **Dr. Sue Buchanan**, we also have a series of wellness lunchtime talks, on subjects selected by our students, called "Got Yer Back." It's really important for each of us to take care of ourselves and one another. Let the light of God's love shine on and through us.

Terri Daniel

Pastoral Services

*"A God who became so small, could only be mercy and love."
- St Therese of Lisieux*

This Advent let us prepare for the birthday of Christ by preparing our hearts and making this the "Best Advent Ever!" See the link to get daily prayerful reflections sent to your e-mail.
<https://dynamiccatholic.com/best-advent-ever>

FIAT is Latin for 'Yes' or 'Let it be done!'

If it wasn't for Mary's Fiat (Latin), we wouldn't have Christmas. Our Faith In Action Team (FIAT) takes its meaning from Our Lady's example. This Advent FIAT will be inviting students and classes to support families in need with donations of food, toys and money for gift certificates. We hope you'll give generously.

Weekly Advent Wreath lighting ceremony. Your homerooms are invited to join Students' Council in lighting the Advent wreath candles each week as we grow in anticipation of Christmas! Get ready to sing!

Grade 10 'healthy relationship' chapel visits - continue daily in Period 4. Some P4 Religion classes will also be celebrating the sacrament of Reconciliation. Friar Jim is here most Wednesdays for anyone who'd like to participate in this sacrament.

Advent Mass - Our community will gather to keep Christ in Christmas when we gather to pray and celebrate the Eucharist in the CND Gym on **Wed. Dec. 19th** at 9:30am.

Literacy News

After School Literacy Sessions focussing on reading skills continue this month. The last class will take place **Thursday, December 13th** with pizza being served. Writing Skills sessions will start in Semester II. Information letters and registration forms will be mailed to recommended students in January, but any student is more than welcome to attend. Extra registration forms will be in the main office.

Regi Reads

We are just beginning our journey through the, **The Forest of Reading Program**. This reading program offers high school-aged teens the opportunity to read the best of Canada's recent young adult fiction titles. The New titles have arrived and are on display in the Library. This reading program runs from mid-November until the middle of April which gives students ample opportunity to read as many titles as they wish. Voting will be held during the month of April and all votes must be submitted online by April 30, 2019. To be eligible to vote you must read a minimum of five books from the list. The winner of the White Pine Award will be announced at the Festival of Trees in Toronto on May. For more details see **Mrs. Merjavec** or **Mrs. Evans** in the library.

Winner of the White Pine Award 2018: ★ Everything Beautiful is Not Ruined ★
Written by Danielle Young-Ullman.

Books Nominated For The 2019 White Pine Award
36 Questions That Changed My Mind About You Written by Vicki Grant

The Agony of Bun O'Keefe Written by Heather Smith
Black Chuck Written by Regan McDonell
Catching the Light Written by Susan Sinnott
Chaotic Good Written by Whitney Gardner
A Girl Like That Written by Tanaz Bhathena
The Mosaic Written by Nina Berkout
Munro vs. The Coyote Written by Darren Groth
Prince of Pot Written by Tanya Lloyd Kyi
Recipe for Hate Written by Warren Kinsella

A display of these books can be found in the library

Student Services

Reminder for Students Applying to University

The deadline for Ontario secondary school students to submit completed online applications to OUAC (Ontario University Application Centre) is **January 16th, 2019**. Because of the high volume of applications received prior to this date, RND students are strongly encouraged to complete their application prior to the Christmas Holidays.

Students are encouraged to make an appointment with their guidance counselor if they need any further assistance with their application. Students must pick up their OUAC PIN in Student Services in order to apply.

Reminder for Students Applying to College

Applications received and paid for on or before **February 1st, 2019** will be given equal consideration by the colleges. Because of the high volume of applications received each year, RND students are strongly encouraged to complete their application prior to the Christmas Holidays. After February 1st, 2019, applications are still processed but will be considered by the colleges on a first-come, first-served basis. It is unlikely that an application for a highly competitive program to be considered after the deadline.

Students are encouraged to make an appointment with their guidance counselor if they need any further assistance with their application.

Semester Two Co-op Students

Any student in grade 11 or 12, who has co-op in their semester two timetable, should be searching for an appropriate co-op placement with the help of family and friends. If you have any question, please contact **Ms. Lott** in Student Services at extension 2527.

Winter Dual Credits

There are limited spots still available in some dual credit courses. If interested, please contact **Ms. Lott** at extension 2527.

Grade 8 Visits

Guidance counsellors will visit partner schools of RND during the month of December. Students will be provided with registration packages and direction for the course selection process for the 2019/2020 school year. Completed registration packages are due in Student Services by **Thursday, January 31st, 2019**.

Grade 8 Night 2019

Parents interested in learning more about what Regiopolis-Notre Dame CHS has to offer their children should attend Grade 8 Night on **Wednesday, January 16th, 2019**. An information session about the International Baccalaureate Program will be from **5:30 to 6:20pm** in the Upper Room. The general information portion of the evening will be from **6:30 to 7:30pm** in the Cafetorium, and it will be followed by an open house from **7:30 to 8:30pm**.

EQAO Math Testing

EQAO Math testing will take place on **Jan 21st** and **Jan 22nd**. It is mandatory for all grade 9 applied and academic students.

2018 Waterloo Math Contest Awards

For the first time, our mathletes were zone champions across 5 school boards in 4 Waterloo Math Contests. Congratulations to all the mathletes who participated and to our Award winners.

ISIAH KOZIAR - **Pascal** Medal winner, LAURIE YUZICHUK – **Pascal** Honors Certificate,

The following mathletes were the top Cayley (gr 10) team champions across 5 school boards in Eastern Ontario – **Cayley Plaque** awarded.

Cayley Certificates of Distinction

MARIA ZARIN – **Cayley & QSLMA** Medal winner & Certificate of Distinction, DONOVAN BISSON – **QSLMA** Cayley medal, PATRICK MAIER – **QSLMA** Cayley medal, ABIGAIL BERUBE, TREVOR SHILLINGTON, MAIKEL MEKHAEL, KYLIE MEYERMAN

Certificates of Distinction

ALEXANDER NEDIAK – **Fermat** Medal winner & Certificate of Distinction, NATHAN PINDER - **Fermat**, ISABEL WU - **Fermat**, ANN MARIA AJI – **Fryer** Medal & Certificate of Distinction, ALEXA ORIECUA - **Fryer** Honors Certificate, ABIGAIL BERUBE – **Galois** Medal, KYLIE MEYERMAN – **Galois** Honors Certificate, TREVOR SHILLINGTON – **Galois** Honors Certificate, ALEXANDER NEDIAK – **Hypatia** Medal & Certificate of Distinction, NATHAN PINDER – **Hypatia** Honors Certificate,

ALEXANDER NEDIAK – **Euclid & QSLMA Medal** & Certificate of Distinction

Last year our grade 12 mathletes won for the second year in a row the Euclid Championship across 5 school boards in Eastern Ontario. One of these mathletes was actually from grade 11. **Alexander Nediak** received the University of Waterloo **Euclid Plaque** on behalf of his other teammates, **Joseph Horeczy** and **Liam Hrechka**.

Our mathletes visited two university campuses two weekends ago. While at the University of Waterloo and McMaster University, the mathletes met with former Regi mathletes and toured the facilities. Many questions about programs, workload, residences and general university experience were answered. During this year's second semester our mathletes will be visiting the University of Ottawa.

New mathletes are welcome anytime. Juniors meet every Monday during lunch in room 234 and seniors meet on Thursdays during lunch in room 234.

After School Numeracy classes are in room 234 from 2:30-4:00 pm.

Grade 9 Academic Math is on Wednesdays. Grade 9 & 10 Applied Math is on Mondays. Grade 10 Academic Math is on Tuesdays and Thursdays. Students can drop by anytime they need extra help in math. No registration is required.

Student Council News

New Spirit Wear!!

Council has designed new merchandise! We will be selling Thursdays at lunch in the commons. The new apparel makes for great Christmas gifts!

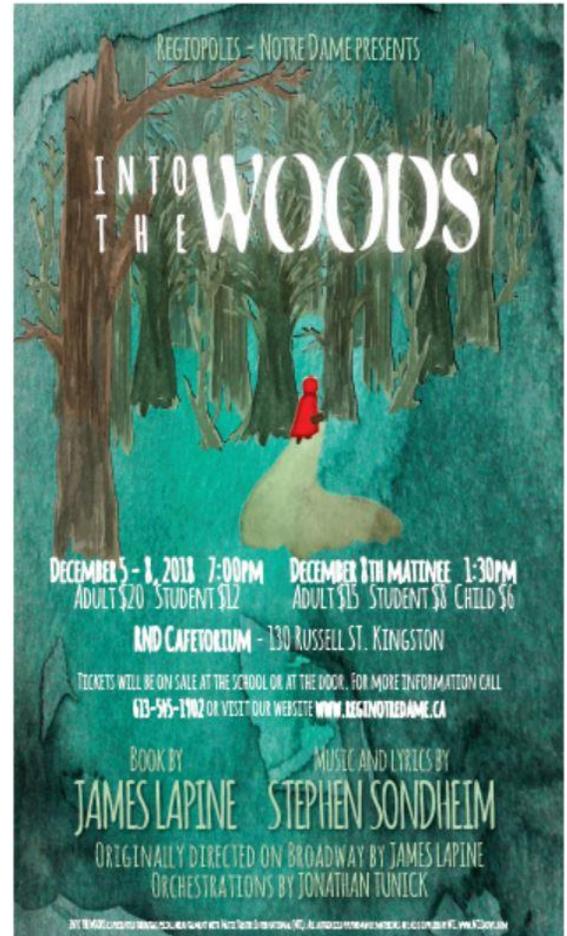
Christmas Spirit Week December 17th-21st

Monday: Cozy Day. Free Hot chocolate in the commons at lunch.
Tuesday: Ugly Christmas Sweater Day. Pictures with Santa in the commons at lunch.

Wednesday: Mass Day (dress in full uniform) and Gingerbread house competition.

Thursday: Hawaiian Christmas Day and Karaoke in the cafeteria

Friday: Red and Green Day with Skating at the Memorial Center from 10:00-11:00.



There is still time to get your tickets for Into The Woods

Into The Woods is the award winning musical by James Lapine and Stephen Sondheim. Plan to attend the staging of **Into the Woods**, a most challenging musical presented by a most talented cast of RND students. See your favourite fairy tale characters as you've never seen them before, as they learn that their choices have consequences, and that one needs to be very, very careful about wishes and desires.

The show goes up at 7pm nightly in the RND cafeterium from **Wednesday, December 5th to Saturday, December 8th**. Cost is \$20 for adults and \$12 for students. Saturday also features a special 1:30pm matinee. Prices are \$15 for adults, \$8 for students and \$6 for children under 12. For information regarding ticket sales, please contact the main office at **613-545-1902** or visit www.reginotredame.ca.

MICHELLE KASABOSKI



2nd Annual
A Michelle Kasaboski Christmas
 December 16, 2018
 4:30 pm
 The Grand Theatre

Featuring Special Guests:
 Roy Tngbang & David Wilton

TICKETS
 Adult \$30 • Student \$20
 613.830.2050 • kingstongrand.ca
michellekasaboski.com

Sponsored by:
 

FUN FRENCH FACTS

DID YOU KNOW?

Bilingual people have sharper cognitive skills and keep their brain alert and active even when only one language is used.

<http://bit.ly/2RhJY45>

Encourage your child to be a lifelong learner of French!



Giving Hope Today



Volunteers Needed For the Salvation Army Toy Drive

The **Salvation Army Toy Drive** campaign has kicked off and we need lots of assistance at the Toy Distribution Centre and Santa Shuffle! **Help is needed up to December 17th. Any dates and times you are able to assist us is greatly appreciated!** Text Rosa at 343-364-2680 or email toydrive2@kingstonsa.ca for a full list of dates and times available to volunteer!