

REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: www.reginotredame.ca



October 2018 Newsletter

Newsletter is issued at the beginning of each month

Principal's Message

With the first month of school behind us, my hope is that students and staff have settled into a productive learning environment, enveloped by faith. In terms of staffing, we wish **Mr. Dan Graham** the best of luck as he serves his colleagues and our school board as Vice-President of the local OECTA unit. Joining us is **Mr. Ryan Poling**. We also welcome **Mrs. Julie McDonald** to our EA complement.

The admin team and the existing Catholic School Council members were so pleased with the turnout of parents new to the Council in September. Current CSC executive members include: Chair **Alain Carrier**, Vice-Chair **Chantal Lavoie** and Secretary **Nicole Szumlanski**. All parents are welcome at our next meeting: **Tuesday, October 23rd, 6:30 p.m.** in our Library. RND's EQAO results for the 2017/18 school year continue to be strong: you will find chart outlining our results as well as students' growth over time. Students of Regiopolis-Notre Dame CHS continue to perform above the board and provincial standards in each of Reading/Writing and Mathematics. More importantly, the growth of individual students over time (between grade six and grade nine or ten) is encouraging news. We are especially proud of the students who wrote the applied mathematics grade nine test. The Grade Ten Practice Literacy Test will be coming up shortly. Parents are advised to keep apprised of after-school literacy and numeracy opportunities. Thanks to all of our staff who work so diligently to ensure students are learning at their maximum.

We return to Richardson this Friday for the annual **Bill McLeod Catholic Cup Football** games against our sister school, Holy Cross. All are welcome. Tickets are \$10 and the juniors start at five. We then move on to the **PH Classic Basketball** games against Holy Cross, raising money for breast cancer initiatives in the Kingston area, on Tuesday, October 16th, hosted here at RND. Please follow **RND Scoreboard** or the KASSAA website for details.

Our first school Mass was a beautiful gathering. We look forward to the autumn walk over to St. Mary's Cathedral for our second Mass of the school year, on Wednesday, October 17th, all community members welcome.

Chaplaincy Services

The Indigenous Student and friend group is starting right after the long week-end. Join students and staff interested in learning and sharing about indigenous culture at a lunch hour meeting (with food!) on Tues. Oct. 9th at lunch room 214.

A Christian faith sharing group is starting up on Thursdays at lunch in room 142. Everyone is welcome.

The October school mass will be held at St Mary's Cathedral on Wed. Oct. 17th. Students and their homeroom teachers will walk there and back for the 9:30 mass. Please dress for the weather on this 20 min walk. There will be a bus for those who have mobility issues.

There will be a Social Justice retreat for Grade 9 students on Fri. Oct. 19th. Cost is only \$5, but space is limited.

The Quinte Poverty Challenge is taking place on Thurs. Oct. 25th at Loyalist College. This unique experiential learning about poverty will open our students' eyes to the realities of the poor and marginalized in our own province. See Mrs. Zborovsky (SHSM Non-Profit) or Mary Elaine for permission forms.

FIAT continues to meet on Mondays at lunch to plan a shoebox fundraiser for "I love first peoples" bringing support and solidarity to our indigenous brothers and sisters in northern communities. The Green Team part of FIAT will also be getting our eco-schools audit started this month. See Mary E. if you can help out afterschool some days. FIAT is making a monthly commitment to help serve at St. Vincent de Paul. This month we will serve on the morning of Fri. Oct. 12th.

Student Services

University and College Presentations

Student Services is happy to announce that many grade twelves have taken advantage of the post-secondary visits to RND so far this fall. Attendance at the presentations is certainly up from last year, which means research is happening on the part of many future grads. A list of all the university and college

Presentations offered at RND can be found on our RND Guidance Page as well the dates are indicated on the school calendar.

CIP and UIP

The College Information Program (CIP) will be held on Wednesday, October 3rd at St. Lawrence College (Kingston) 1:00pm – 2:30pm. All Ontario colleges will be present. SLC will provide transportation for interested students. Sign up in Student Services.

The University Information Program (UIP) will be held on Tuesday, November 6th at Frontenac Secondary School 6:30pm-8:30pm. All Ontario universities will be present.

College Applications

The application for programs starting fall 2019, or winter 2020, or Spring 2020 will be available in October 2018. All applications are completed on-line. Students access the application at www.ontariocolleges.ca. The fee is \$95 for up to 5 choices (no more than 3 at any one College) – paid by Credit Card. The deadline to apply for equal consideration is February 1st. Apply early to avoid disappointment. Please see your guidance counsellor if you have any questions.

University Applications

The application for Fall 2019 will be available in late OCTOBER 2017. Students require a PIN issued from the Ontario University Application Centre (OUAC). An announcement will be made when they are available for pick up in Student Services. All applications are completed on-line. Students access the application at www.ouac.on.ca. The base application fee is \$150 for the initial 3 university/program choices. Each additional choice costs \$50. The deadline to apply to OUAC is January 16th, 2019. Apply early to avoid disappointment. Please see your guidance counsellor if you have any questions.

More information regarding colleges and universities is also available on the Regi Guidance page in students' "VIRTUAL COMMONS". If you missed the Post-secondary Education Info Session, the Power Point has also been posted. If you have further questions, please see your guidance counsellor.

Fall 2018 Parent-Teacher Interviews

First semester parent-teacher interviews at Regiopolis-Notre Dame will take place on Day 1: Thursday, October 18th and Day 2: Wednesday, October 24th in the CND gym.

Once again, Parent-teacher interviews can be booked online. Booking instructions will be sent home on the back of students' Early Progress Reports on Friday, October 12th. You will find a link to book your appointments on the RND website. Parents will have access for booking appointments beginning Saturday, October 13th at 8:00am for both Day 1 and Day 2 interviews.

Online booking will close at 11:55pm on Wednesday, October 17th for Day 1 interviews. Accordingly, online booking will close at 11:55pm on Tuesday, October 23rd for Day 2 interviews. Be sure to book your appointments early as teacher schedules fill up quickly and any request for appointments after the deadline cannot be guaranteed. Interviews will be limited to 10 minute blocks per student per teacher. If you have any questions or require further assistance with booking, please call Student Services.

Tutoring Options

At RND there is a limited list of private tutors who offer both group and one-on-one tutoring for a fee, which is generally about \$20.00 to \$30.00 per session. Please contact Ms. Griffin in Student Success for more information.

Peer Tutors are available every Tuesday and Thursday at lunch in Room 101 to assist students in Grades 9 and 10 with their course work. If you are experiencing difficulty with a course, drop by Room 101 Tuesday or Thursday at lunch for help. Queen's students (HYPE) will soon be available to assist with all level courses. Details to follow.

Pathways to Education

Pathways to Education is a free, community-based program providing high school youth with:

- Tutoring - all subjects
- Mentoring - Includes workshops, field trips, YMCA memberships, and volunteer opportunities
- Financial Support - incentives include PC Gift cards, school lunch vouchers, and a post-secondary scholarship up to \$2000 (after four years)
- Other Support - each student is assigned a student/parent support worker

Pathways is open to any high school students who live in the area of Division Street, Raglan Road, Conacher Drive, and the Inner Harbour area.

For more information, please contact: Petra Hanson, Student/Parent Support Worker Representative, Pathways to Education, Kingston Community Health Centres. Call 613.507.7107 ext. 2106 or email at Petrah@kchc.ca.

Take Our Kids To Work

Grade 9 students will be out of the school and will be job shadowing on Wednesday, November 14th. Students are responsible for making arrangements to spend the day with a parent, friend, or relative to gain insight into the world of work. Permission forms will be provided mid-October. In preparation for their day out in the world of work, all Grade 9 students will receive Workplace Health and Safety awareness training.

Specialist High Skills Major

RND offers SHSM in Arts and Culture Sector, SHSM in Non-Profit Sector, and SHSM in Sports Sector. SHSMs are for grade 11 and 12 students who are interested in customizing their secondary school experience to suit their interests and skills.

SHSM students have the opportunity to:

- bundle Grade 11 and 12 credits related to the sector to connect their learning to the sector
- earn valuable industry certifications including First Aid, CPR and WHMIS, at no cost
- participate in experiential learning and career exploration activities (ex. conferences, worksite tours, and workshops)
- tour colleges and universities and workplaces in the sector
- take dual credit courses at the college
- complete the Ontario Skills Passport(OSP) during the sector-related coop placement

For more information contact the Guidance Department. Applications are available on the RND Guidance Page in the students' VIRTUAL COMMONS. Deadline to apply is Friday, Oct. 5th.

Dual Credit

Any students interested in enrolling in the Dual Credit program at Regiopolis-Notre Dame Catholic High School should contact Ms. Lott in the Student Services Department. Applications for winter 2019 are now available. Apply early to avoid disappointment. Applications close on Friday, November 9th. Participating students must be in Grade 11 or 12 or returning for a fifth year.

The Dual Credit program affords students the opportunity to take a college course free of charge. The student is provided academic support by the Dual Credit teacher. Successful completion of the course will provide a college credit on a college transcript and a Ministry of Education credit that will go on the student's high school transcript. Please contact Ms. Lott or your guidance counsellor for further details.

The list of available courses is as follows:

CONGREGATED PROGRAMS – Students in the class are high school students only.

- Addictions, Wednesday 9:30am - 12:30pm
- Career & College Success, Tuesday 9:30am - 12:30pm
- Carpentry Skills, Wednesday TBA
- Canadian Business, TBA
- Welding Skills, Tuesday 9:30am - 12:30pm

INTEGRATED PROGRAMS – Students in the class include high school and college students.

- Aboriginal Peoples and Diversity
- Acting for Real Life
- Media & the Arts
- Nutrition
- Spanish Conversation
- Physics: introduction to Physical Sciences
- Behavioral interventions
- Child Development II
- Body Treatments
- Make-up
- Career Planning and Communication
- Bookkeeping
- Criminal Law: Law Clerk
- Electronic Spreadsheets
- Market Behaviour

The following courses are in 7 week blocks (3-4 days a week, 2 hour classes per day) so Co-op needs to be in your timetable:

- Introductory Accounting 1
- Introductory College Communications
- Introduction to Human Resources Management
- Introductory Marketing

Literacy News

This year, the Ontario Secondary School Literacy Test (OSSLT) will be written by all eligible students March 27, 2019. These students include those who are new senior students to RND, students who were not successful last year, or those who were deferred or absent last year; however, it will mostly be our Gr. 10 students who make up the majority of test takers. In preparation for the OSSLT, Gr. 10 students will write a diagnostic test in homeroom classes on **Tuesday, October 16,**

which will provide a sample of OSSLT reading and writing tasks. These tests will then be marked by a team of teachers who represent our cross-curricular Literacy Committee. The tests will be returned to students with feedback. Most importantly, students will be identified as needing extra help in reading, writing, or both to prepare for the OSSLT in the form of an After School Literacy Program. This free program will start in November. If your son or daughter is recommended to take the After School Literacy Program, an information letter and registration form will be mailed home before the end of the month.

WritersFest

Several students participated in a unique opportunity to participate in a creative writing workshop as part of this year's WritersFest for teens events, with award-winning and international best-selling author, Kenneth Oppel, writer of the *Airborn* and *Silverwing* series. Mr. Oppel gave "tips on the basics of story creation; games to limber up the creative muscle, brainstorming, plot, character, structure, good guys vs. bad guys, humour, tricks of the trade, revision!"

Numeracy

After school numeracy classes will begin September 18 for the academic math classes from 2:30-4:00 pm in room 234. Gr 9 math students can come on Wednesdays. Gr 10 math students can come on Tuesdays. After School Numeracy for the applied math classes will begin on October 15, every Monday in room 234 from 2:30-3:45 pm.

RND Mathletes

Our mathletes and student council leaders did an amazing job as peer leaders at RND's A-Head Start. Their service and leadership make A-Head Start possible. The RND community is very grateful that these panthers give back so much to our community and to our new panthers. The junior mathletes from grades 9 & 10 are meeting at lunch time every Monday in room 234. The senior mathletes are meeting on Thursdays at lunch time in room 234. New mathletes are welcome to join anytime of the year. The first contest is the Canadian Math Contest in November. Now is a good time to start practicing.

IB News

1) Registrations are in progress for Grades 11 and 12 students who are writing IB exams in May 2018. All students should confirm their registrations with Mr. David in the IB Office. The last day for changes is Nov. 9.

2) Year 2 (Grade 12) full diploma candidates are reminded to check the resources for the EE on the D2L Page "Regi IB". Please complete the Reflections on the IB Form RPPF. An electronic copy of the final version of the EE's is due Friday, Nov. 3 to your supervising teacher.

3) Eric Lauzon – *The Art of Learning* – presented a full day Learning Skills Workshop for all grade 9 IB students on September 21st. Thanks to the students and to Eric for a great day of learning how to learn.

4) News items are posted on the D2L page “Regi IB”. All students should check this page for important IB announcements.

Royal Canadian Legion Contests

Every November all across Canada the Royal Canadian Legions host a Remembrance Day Poster and Literary Contest. Regi students are encouraged to participate in this contest. Registration forms along with the Rules and Regulations are available on the circulation desk of the library. Posters, poems and essays need to be submitted to the one of the library staff by Monday November 12, 2018. Information for the remembrance video contest and public speaking contest are also available in the library.



Make plans to go Into the Woods in December!

Auditions are done, the cast is set, and RND is preparing to go Into the Woods, the award winning Stephen Sondheim musical scheduled to go up December 5th through December 8th. The show intertwines a number of fairy tales as it explores the consequences of wishes and actions. Keep up with information on show times and tickets by checking the website (www.reginotredame.on.ca). Individuals or business interested in advertising in the show’s program should contact Mr. Murphy at murphypa@alcdsb.on.ca.

Remember...it’s all fun and games....until Act Two.

Student Council News

Student Council would like to take the opportunity to thank all teachers and students who helped make Grade 9 Day a success. It was a great day out on the field and photos of the day will be circulating in the next few weeks for anyone interested in seeing them. We are also happy to announce that RND has won the Brady Trophy this year for having the most students participate in the Terry Fox walk held at Saint Lawrence College on September 16th.

If you would like to see more of what student council does, here’s how you can connect with us:

RND Student Council Instagram: @rndstudcouncil; **RND Student Council Twitter:** @rndstudcouncil

Here are some upcoming dates to keep in mind:

Spirit Week: October 9th -12th

Tuesday October 9th - Cozy Day

Wednesday October 10th - Twin Day

Thursday October 11th - Denim Day

Friday October 12th - Garnet and Gold Day (for Pep Rally!)

Pep Rally – Friday October 12th

RND Night at Kingston Frontenac’s - Friday October 12th

7pm

RND students and community members can get tickets at a discounted price using the following link:

<https://tinyurl.com/yaz6dfmn>

Coffeehouse – Friday October 19th at 7pm in the cafeteria



FUN FRENCH FACTS

DID YOU KNOW?

Canada’s largest francophone community outside of Quebec is Ontario! The Franco-Ontarian community has over 400 years of history, starting when Samuel de Champlain explored Ontario in 1615. Over 612,000 francophone people celebrate Franco-Ontarian Day on September 25th.

[Bit.ly/2OR9MCG](https://bit.ly/2OR9MCG)

Encourage your child to be a lifelong learner of French!