

REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: www.reginotredame.ca



November 2020 Newsletter

Newsletter is issued at the beginning of each month

Principal's Address

Welcome all to the month of November. I am so pleased with the herculean efforts of students and staff thus far this fall. We have adjusted time and again and continue to keep well-being of our community at the forefront. It is so nice to hear giggles and laughter. The newly elected **Students' Council** and selected **Cabinet** did a wonderful job with their first Spirit Week. Please read their segment further on in this newsletter. There is a lot going on even given the pandemic restrictions.

As the weather cools, students will be spending more break time indoors at school. Just a reminder to all to continue to be diligent in safety precautions: you may sit in the Commons or Cafeteria to eat lunch, two to a table and facing the same direction. When students arrive in the morning, they may sit (physically distanced) in the Cafeteria if buses arrive early. Otherwise, students are to proceed directly to their class cohort upon arrival. I know this is awkward but it is our best chance to remain safe while masks are removed for eating. Masks are to be worn at all other times (other than eating or drinking) while indoors, on the bus and outside if physical distancing is not possible. Students are doing a great job but do need some reminders during unstructured times.

We will hold a virtual **Remembrance Day Ceremony** this year and look forward to a modified celebration of our students who achieved **Honour Role** status.

We continue to hold **Caleb Knox** and his family in our prayers as he works his way toward healing.

Change Re Exam Day: Thursday, November 12th

Dear parents/guardians,

I am writing to you today to provide an update on the exam day for Octomester 2. Please note that the allotted exam day for Octomester 2 is **Thursday, November 12th**.

The following is important information for this day:

- This day will be a half day in the morning – which will be for culminating activities and will differ depending

on the class. Some classes will participate in exam style or regular classroom activities

- Teachers, in consultation with the school administration will clearly communicate the expectations of the day to their class
- Students will be dismissed at lunch (similar to the traditional morning exam block in previous years)
- Any students who cannot secure transportation home and are in attendance for the afternoon on **November 12th** will be provided with a designated spot until regular dismissal
- To ensure COVID-19 protocol, students who do remain at school until regular dismissal time must remain in the designated area
- All students in the Life Skills Developmental Centres will be in attendance on **November 12th**, participating in their regular program

Octomester 3 will begin on **Friday, November 13th** and Octomester 4 will begin on **December 16th**. Information regarding second semester will be shared in coming weeks.

The health, safety and wellness of our students continues to remain a priority in our board. We continue to learn from our experiences during this pandemic and work diligently to ensure that our students are receiving all supports required for a successful year.

If you have any questions, please do not hesitate to contact me.

Sincerely,

Terri Daniel

Pastoral Services

November is the month of the Holy Souls. There will be a Book of Remembrance in the chapel all month long. Stop by and add your loved ones who have died and say a prayer for all those who have died. We especially remember the repose of the soul of Scottie Legg who died recently.

African Caribbean Student Mentoring group will meet virtually on **November 3rd and November 17th** at 4:15 each day. See **Mary Elaine** in the chapel for more information.

Virtual Remembrance Day service for all students will take place on **Thursday November 11th**, more details to come.

Eco-Schools team will be meeting virtually and socially distanced over lunch periods to discuss ways to green the outdoor and indoor environments at RND **every other Thursday** at 4:15 via Teams. Contact **Mary Elaine** for more info cartym@alcdsb.on.ca

Treaty recognition week is the first week of November. A Treaty is an agreement which was made in a sacred trust between the Indigenous Peoples of Canada and the Crown. First Nations Treaties are “negotiated agreements that clearly spell out the rights, responsibilities and relationships of First Nations and the federal and provincial governments” ([Treaty Relations Commission Manitoba](#)). A Land acknowledgement is a stepping stone to honouring broken treaty relationships.

Regiopolis-Notre Dame Catholic High school is situated on the traditional and ancestral territories of the Anishinaabe and the Haudonesaunee. We acknowledge their enduring presence on this sacred land, as well as the presence of the Métis, Inuit, and other First Nations from across Turtle Island. We honour their cultures and celebrate their commitment to this land.

Student Services

RND's Condensed Academic Awards Day

Every year RND honours students for exceptional academic achievements. In lieu of an assembly this year, an Administrator along with a member of Student Services will present Honour Roll and Academic Awards to all 2019/2020 recipients in their Octomester 3 classrooms. Presentations will take place on **Friday, November 20th, 2020.**

University and College Presentations

Several colleges and universities have already facilitated virtual visits for our seniors this year. The dates of RND visits are on the school calendar and a list of all online events offered by Ontario colleges and Canadian universities can be found on our RND Guidance Page.

Virtual Experience SLC Day

St. Lawrence College will hold a virtual Experience SLC Day on **November 14th** from 9:00 a.m. – 12:00 p.m. (normally their Fall Open House). Students will be able to speak with staff, faculty and students about their programs of interest as well as any other questions they have. For more information and to access the event, check out the SLC website.

Ontario College Virtual Fair

On **Wednesday, November 4th** (4:00p.m.-8:00p.m.) and **Thursday, November 5th** (9:00a.m.-12:00p.m.) the Ontario College Virtual Fair will take place. Students will be able to visit and speak with representatives from all 24 Ontario Colleges and their services. For more information or the event link, check out Regi Guidance in D2L.

Aboriginal Post-Secondary Information Program

APSIP is a collective of colleges and universities that travel together to identified areas where there are high numbers of Indigenous students. This year a virtual tour, using Zoom meetings, will replace the fair style event. Indigenous recruiters will represent their respective schools and will share information specific to Indigenous students. This event is for grade 9 to 12 students. To book a Zoom meeting with APSIP recruiters, go to apsip.ca/2020-virtual-tour.

Post-secondary Applications

College Applications

The application for programs starting Fall 2021, or Winter 2022, or Spring 2022 is NOW available. Students complete the online application at www.ontariocolleges.ca. The fee is \$95 for up to 5 choices (no more than 3 at any one college) – paid by Credit Card or with online banking. The deadline to apply for equal consideration is **February 1st**. Apply early to avoid disappoinment. Please see your guidance counsellor if you have any questions.

Ontario University Application Centre (OUAC) PINs

This year OUAC mailed PINs directly to the home addresses of all grade 12 students at RND. Students who have yet to receive their PIN should contact their guidance counsellor immediately. If you are not applying to university this year or ever, you can shred the letter.

University Applications

Upon receipt of the OUAC PIN, students can apply to Ontario universities using the online application at www.ouac.on.ca. The base fee is \$150 for the initial **3** university/program choices. For every additional choice the fee is \$50. Some schools/programs have supplemental fees in addition to the base

fee. The deadline to apply to OUAC is **January 15th, 2021**. Apply early to avoid disappointment. Please see your guidance counsellor if you have any questions.

More information regarding Colleges and Universities is also available on the REGI GUIDANCE PAGE found in the students' VIRTUAL COMMON. If you have any further questions, please see your guidance counsellor.

Regi Guidance in D2L

Several grade 12s are missing important announcements and reminders because they are not on the Regi Guidance class list. If you do not see Regi Guidance in "your classes" please let your guidance counsellor know so we can add you.

Major Scholarship - The Queen's Chancellor Award

Students seeking nomination for the Queen's Chancellor Award must apply to Queen's (through OUAC) before **November 20th, 2020**. Meeting this deadline gives you early access to the Chancellor application through your SOLUS account. Link to the practice application can be found on the Regi Guidance page in your child's D2L. The completed application should be submitted through D2L on the Regi Guidance page by **Thursday, November 13th** to be considered for nomination. Please read the criteria noted on the Queen's website. The student who will be nominated will be notified in person by Student Services, and all other applicants will be notified via Board email. RND is only permitted **one** nomination. Again, the deadline to submit your request for nomination by RND is **November 13th, 2020**.

For additional information please follow this link to the Queen's major awards page:
<https://www.queensu.ca/studentawards/admission-awards/major-admission-awards>

Specialist High Skills Major

RND offers SHSM in Arts and Culture Sector, SHSM in Non-Profit Sector, and SHSM in Sports Sector. SHSMs are for grade 11 and 12 students who are interested in customizing their secondary school experience to suit their interests and skills.

SHSM students will:

- bundle Grade 11 and 12 credits related to the sector to connect their learning to the sector
- earn valuable industry certifications including First Aid, CPR and WHMIS, at no cost
- participate in experiential learning and career exploration activities (ex. conferences, worksite tours, and workshops)
- tour colleges and universities and workplaces in the sector
- take dual credit courses at the college
- complete the Ontario Skills Passport(OSP) during the sector-related coop placement

For more information contact your guidance counsellor. A QR Code for the online application is available on the Regi Guidance in D2L. Deadline to apply is TBD.

Dual Credit

Any grade 11 or 12 students interested in taking a Dual Credit at St. Lawrence College should contact **Ms. Lott** in Student Services. Students can participate in courses on site at SLC, but RND students also have access to congregated courses offered virtually at St. Lawrence (Kingston) and integrated courses offered virtually from all three St. Lawrence campuses.

Successful completion of the course will provide a College credit on a College transcript and a Ministry of Education credit that will go on the student's Secondary transcript. Be sure to check out Regi Guidance to learn which courses will be offered this January.

The application deadline for Winter 2021 is **Friday, November 27th**. Please contact **Ms. Lott** (lott@alcdsb.on.ca or 613-888-4921) or your guidance counsellor for further details.

KFPL Tutoring Program

The Kingston Frontenac Public Library is pleased to announce, "In It to Win It", a virtual tutoring and homework drop-in facilitated for Kingston and Frontenac teens by Kingston and Frontenac teens.

Beginning **November 10th**, every Tuesday, from 3:30 pm to 5:00 pm, upper-year high school student volunteers will provide online tutoring to younger teens in Grades 7 and 8 as well as older teens requiring special academic support. Under the supervision of a KFPL programmer, volunteer tutors will work one-on-one, or with small subject groups, to mentor and motivate emerging learners in various subjects. For more information, go to the KFPL website or email **Graeme Langdon** at glangdon@kfpl.ca.

KFPL Tutors Needed

KFPL is presently accepting volunteer applications from upper-year high school students comfortable with tutoring and motivating younger students in various subjects. Volunteers will attend a brief training session and weekly tutoring sessions. These sessions will take place over the library's Zoom account, so participants will need access to an Internet-enabled computer with a web cam and microphone.

This is an excellent opportunity for high school students to develop important skills and earn volunteer hours during this exceptional time. Interested students are encouraged to apply online or to email **Graeme Langdon**, at glangdon@kfpl.ca for more information.

Tutoring at RND

Paid Tutors – There is a short list of private tutors who offer one-on-one tutoring for a fee (generally \$20-\$30 per session). Please see your guidance counsellor for more information.

HYPE (Helping Young People Excel) Tutoring Program – An after-school tutoring program offered by Queen's University – It is FREE and this year it is virtual. Qualified tutors help in all subject areas at all grade levels. Check out the QR code on Regi Guidance to book a session with HYPE.

Mathify (formerly Homework Help) - Mathify is a FREE online math help resource for students in Grades 7-10. Visit <https://tvomathify.com/students> and register with student OEN (Ontario Education Number) found in Maplewood and Date of Birth.

Pathways to Education

Pathways to Education is a free, community-based program providing high school youth with -

- Tutoring - all subjects
- Mentoring - Includes workshops, field trips, YMCA memberships, and volunteer opportunities
- Financial Support - incentives include PC Gift cards, school lunch vouchers, and a post-secondary scholarship up to \$2000 (after four years)
- Other Support - each student is assigned a student/parent support worker

Pathways is open to any high school students who live in the area of Division Street, Raglan Road, Conacher Drive, and the Inner Harbour area. Meetings between Student Support Workers and RND students in the Pathways program began in early October.

For more information, please contact: **Petra Hanson**, Student/Parent Support Worker Representative, Pathways to Education, Kingston Community Health Centres. Call 613.507.7107 ext. 2106 or email at Petrah@kchc.ca.

Youth2KFLA Youth Opportunity

Y2KFLA is looking for Youth Reps. There will be 2 virtual Youth Reps meeting a month (every second Thursday and fourth Wednesday). Discussion topics and zoom links will be shared on our social media (@Youth2KFLA - Facebook, Instagram, Twitter) the week of the meeting. Youth will be participating in various community engagement discussions, sharing their voice about important topics to inform the 2020 KFLA Youth Strategy, and will work towards developing community action projects.

Meeting attendance and participation will result in earning **volunteer hours** with the added incentive of earning **prizes** (gift cards and other equipment tailored to the young person) for repeat attendance and bringing a friend.

Take Our Kids to Work Day Goes Virtual

Normally all grade 9 students job shadow parents, guardians, or family friends on Take Our Kids to Work Day in early November. Students will not visit workplaces this year. Instead, Student Services will share resources provided by the Learning Partnership and myBlueprint via parent/guardian emails as an option for students who wish to experience the world of work virtually. Resources will be available for **Wednesday, November 4th, 2020**.

IB News

1) Registrations have been completed for Grades 11 and 12 students who are writing IB exams in **May 2021**. All students should confirm their registrations with **Mr. David** in the IB Office. If you have not received a copy of your IB registration form from **Mr. David**, please see him in the IB Office. Corrections must be entered by **November 6th, 2020**.

2) Year 2 DP candidates are required to read the Extended Essay content pages on the Regi IB D2L page, in particular the EE Assessment Criteria. Please complete the Interim Reflection form (RPPF), and schedule your Final Reflection with your EE supervisor. A reminder that full registration for DP Exams in **May 2021** cannot proceed until the EE has been submitted to the IB Coordinator.

3) All IB DP students in Year 1 and 2 students are invited to attend a Teams Meeting **Tuesday Nov 3rd** at 7:00 pm. This meeting will look at student well-being and mental health. We will also be discussing course work load, Internal Assessments, Extended Essays, and May examinations.

RND's Mathletes

RND's biggest club, the mathletes are continuing to meet virtually on weekends. Several math teachers challenge the students with Waterloo contest problems that they work through together. This is an excellent way to get enrichment in mathematics and to keep math skills fresh especially with this octomester when math courses could be a full year apart.

The practices occur nearly every two weeks and last approximately one hour. New mathletes are welcome to join. For more information contact any of the following teachers;

Mr. Santos(santosh@alcdsb.on.ca)

Mr. Akbari(fakbari@alcdsb.on.ca)

Ms. Fitze(kfitze@alcdsb.on.ca)

International Student Homestay

Attention Families Interested in Becoming an International Student Homestay.

We are looking for families that are interested in hosting an International Student in the RND community. There are homestay options for students staying 4 months, 5 months and full school year stays. This is a great opportunity for families that would like to learn about new cultures and share their Canadian experience with our visiting students.

We invite those interested to submit an email to international@alcdsb.on.ca to learn more information.

Students' Council

Another month in the books! Thank you to all panthers who displayed their fantastic spirit during our October events. The start to this school year has certainly been unique, however we have done our very best to maintain a strong school community. To begin the month, student council went around to all the grade 9 classes to introduce ourselves and the Panther mascot. This year we could not participate in our annual PH classic game with Holy Cross, but we still carried on the tradition of a pink non-uniform day and raised \$1055 for cancer research.

Our student body has been thinking of the Knox family and keeping Caleb in our prayers. If you would like to donate to the family, this is the link to the Go Fund Me page: https://www.gofundme.com/f/cxdyx9-support-for-the-knox-family?utm_source=customer&utm_campaign=p_cp+share-sheet&utm_medium=copy_link_all

We finished off the month of October with our first spirit week of the 2020/2021 school year! Thank you so much to all the students who participated in our themed days and events and truly showed our panther pride. Our Coffeehouse was a great success thanks to all the talented people who submitted a performance. The Coffeehouse is still up on the RND YouTube channel if you happened to miss the event!

November is the month of the Holy Souls. As Catholics, we pray for the dead and hope that God's mercy draws them home to the source of love so that we can rejoice together for eternity. There will be a Book of Remembrance in the chapel all month and you are invited to stop in and add the names of your loved ones who have died. You may also 'light' a candle for them (it's battery operated!) but know that all who pass by are praying for your loved ones this month!

African Caribbean Students Association: Mentors from Queen's African Caribbean Students Association and protégés from RND will meet virtually on **November 3rd** and **November 17th** beginning at 4:15pm. Please contact **Mary Elaine** if you'd like to participate.

Remembrance Day Service

On **November 11th** there will be a Remembrance Day service online offered to all students around 11 am. Grade 9 students will have an adjusted schedule so that everyone can participate in the Remembrance Day service.

God our Father,

Your power brings us to birth,
Your providence guides our lives,
and by Your command we return to dust.

Lord, those who die still live in Your presence,
their lives change but do not end.
I pray in hope for my family,
relatives and friends,
and for all the dead known to You alone.

In company with Christ,
Who died and now lives,
may they rejoice in Your kingdom,
where all our tears are wiped away.
Unite us together again in one family,
to sing Your praise forever and ever.
Amen.

As always, please connect with us on social media if you have any questions or want to get in touch! Twitter and Instagram: [@rndstudcouncil](#)

Tentative Dates For Picture Day

Grade 9 - November 16
Grade 10 - November 17
Grade 11 - November 18
Grade 12 - November 19

**HDH- ST. MARY'S CATHEDRAL
2020 WINTER COAT DRIVE**



**Providing warm winter
clothing for the homeless
and those in need in our community**

**November 16 - December 18, 2020
and January 4 - January 18, 2021**

Monday – Friday 1pm - 4pm

**St. Mary's Parish Centre
260 Brock Street**

**Seeking down-filled styled coats and ski jackets
(washable-no wool or fur), warm mitts, toques,
scarves, socks and winter boots.**

**Donations can be dropped off at
St. Mary's Parish Centre
Monday to Friday from 1pm to 4 pm**

