

RED AND WHITE SONICS UPDATE

Tuesday, April 23rd, 2019



Audiences, Actors, Events, Holidays and Sports

Shrek The Musical Jr.

On May 7th and 9th St. Paul Catholic School is hosting a play called Shrek The Musical Jr.

You may purchase tickets for \$5 per person. The cast biographies will be posted in the school and there is a bulletin board with the cast members names on it. The board is located outside of Mr. Garrisons 4/5 classroom. The musical will start at 6:30pm and go up to 8:00 pm.

Kate Gowsell plays Shrek, Samantha Cameron plays Fiona, Cameron Bransfield plays Lord Farquaad, Adam Mignault plays Gingy, Emma Rylie, Maggie Vanstone and Rayne Davison play the storytellers, Sophie Splinter plays teen Fiona, Rhyan Gumboc plays Donkey, Hailey Ganon plays young Fiona and many more.



As you can see the set is coming along nicely and the crew is

working hard to get things done. The cast is practicing their lines and prepping for the big shows so it's clean, smooth and polished. People should get their tickets soon to secure their spots.

CROSS COUNTRY.

Every year Ms. Omera, Ms. Coulter, and Ms. Novoloni volunteer their own lunch period to help train students in cross country (a running event) on Mondays, Wednesdays, and Fridays and supervise some young and passionate student runners.

On Monday May 13th students from Grade 3-8 across ALCDSB can join and participate in a Cross-Country meet.

St. Paul has been successful each year with amazing and very fast students. With their dedication and speed students, are to run a certain amount of kms depending on their grade, to try to win a trophy. In 2017 and 2018, St. Paul's had won the B-School Trophy. If St. Paul's can keep this up, we might just win first, second or third!

Cross country with Ms. Omera, Ms. Coulter, and Ms. Novoloni is going great this season!

Runners are running up the hills and across St. Paul's field. If we didn't have these runners, we wouldn't have a team!

They will run and compete to try to win a trophy. Great job St. Paul's and keep up the great work and keep on running fast.

Jr. Boys ready for their run!



Jr. Girls ready for the run of a life time!



Last year's Cross-Country meet

STATIONS OF THE CROSS

On the morning of Thursday April 18th, Grade 6s,7s, and 8s from both Mr. Stevens and Ms. Coulter's class put on a presentation for students in St. Paul Catholic School. The Stations of The Cross presentation happens every year on Holy Thursday. Talk to your children about how it went, what they liked about it and whether it brought them closer to Jesus or not. not.



FLAG FOOTBALL.



Flag football is starting! Get your kids ready for High School Football with a little bit of Flag Football. Grade 7 and 8s can start signing up on the sports board. For more info about Flag Football stay updated with our news articles, to follow.

EARTH WEEK

Earth week is a very special time for people to think about what a beautiful earth God has given us.



Many students here at our school recognize this earth as the only earth and that we must help each other to keep it alive and healthy. That may include helping younger students understand what our Earth means to us, cleaning up the school yard, planting something or even just using the three R's! (reuse, reduce, recycle). There are many things you and your child can do for the Earth. So, the next time your child says, "I'm bored!" just give them some gloves and tell them to clean up the yard for a reward.

Also, we hope everyone enjoyed a blessed Easter and a restful break from school.



Stay updated with next week's edition of RED AND WHITE SONICS UPDATE!

Writers and their article(s).

Caitlyn Jantzen and Rayne Davison-Shrek the musical Jr.

Kaidra Giroux-Earth Week and The Sports Articles.

Sophie Splinter-Stations of The Cross.

Editors- Mrs. Janzen, Julia *from Regi*, Mr. Stevens.

Pictures- Picture 1 is St. Paul's school logo. Picture 2 is St. Paul's gym. Picture 3 and 4 is last year's cross country meet ALCDSB. Picture 5 is three crosses on a hill from Google. Picture 6 is “are you ready for some football?” from Google. Picture 7 is a student in St. Paul's setting up the learning board for Earth Week, from St. Paul’s twitter. Picture 8 Easter long weekend from Google. Picture 9 is the school logo.



St. Paul Catholic School, the Writers and the Editors thank you
for reading our very first article of the 2018-2019 school year.

We all wish to say

THANK YOU!! 😊 😊

