

OUR LADY OF MOUNT CARMEL

Catholic School *Newsletter*

Principal: Karen Moran

Vice-Principal: Sandra Fragoso

May 2019 Newsletter



Prayer for Mothers

All-loving God, we give you thanks and praise for mothers young and old.

We pray for young mothers, who give life and count toes and tend to our every need; May they be blessed with patience and tenderness to care for their families and themselves with great joy.

We pray for our own mothers who have nurtured and cared for us; May they continue to guide us in strong and gentle ways.

We remember mothers who are separated from their children because of war, poverty, or conflict; May they feel the loving embrace of our God who wipes every tear away.

We pray for women who are not mothers but still love and shape us with motherly care and compassion.

We remember mothers, grandmothers, and great-grandmothers who are no longer with us but who live forever in our memory and nourish us with their love. Amen

May Mass

Please note that our Mass for the month of May is scheduled to take place on Tuesday, April 30th at 9:30 at Blessed Sacrament. All Parents/Guardians are welcome to attend!



Sacrament of Confirmation

Best wishes to our Grade 7 students who have been preparing to receive the Sacrament of Confirmation at Blessed Sacrament Church on Wednesday, May 29th at 7:00 p.m. with Archbishop Michael Mulhall and Father Shea. The sacrament will be followed by a reception with refreshments in the parish hall. Thank you to families and teachers Mme Corsi, Mrs. Williams, Mrs. Lattanzio and Mme Martin for preparing students to receive the sacrament. Thank you to our intermediate staff for planning the Grade 7 Confirmation Retreat Day for Confirmation candidates on May 21. This is always a meaningful day for students.

Staffing Update

We say farewell and best wishes to Mrs. Emily Miles who will be begin her B. Ed Program at the Faculty of Education at Queen's University on May 1st. We welcome Mrs. Clarke to the LRA position until the end of the school year.

Retirement

In addition, I wish to inform you of my intention to retire from Algonquin and Lakeshore Catholic District School Board on June 28, 2019. I am grateful to ALCDSB for providing me with a very rewarding career which has allowed me to grow as a professional educator and personally. I

will bring with me fond memories of the various roles I have had the pleasure of accepting as well as the families I have worked alongside over the years of employment with ALCDSB, and most recently at Our Lady of Mount Carmel Catholic School. I believe that we have an outstanding Catholic education system and I am proud to have been a part of the vision and mission it upholds.

I will continue to keep the school community updated with information around staffing changes.

School Council Update

Our next School Council Meeting is scheduled to take place on Wednesday, May 23, 2019 at 6:00 p.m. in the Learning Commons. All Parents/Guardians are welcome to attend.

OLMC and the Boomerang Lunch

What is a boomerang lunch? A boomerang lunch is a lunch that has every piece of it returned to its source, home! In other words, everything in the lunch goes back home at the end of the day, including leftover food, containers, or garbage; it all goes back to be washed or disposed of at home.

We are thrilled to have a mini recycling center at our school for items such as, milk containers, juice boxes, plastics, paper/cardboard.

What can I do to ensure my child doesn't come home with a messy lunch bag? The number one choice is to send all food items in sealable reusable containers. Therefore, the only items returning in the lunch bag will be in sealed containers ready to be washed and used the next day. If you choose to send disposable containers such as yogurt, applesauce, and juice boxes, your child will be encouraged to place the empty containers in a re-sealable bag to be returned home if they cannot be recycled.

Isn't waste just being diverted home and then thrown in the garbage?

The eco-team feels that it is our responsibility to teach the students the number one best option for our environment. This is reducing waste. The purpose of the boomerang program is to promote the use of reusable containers, thus reducing the amount of lunch waste being produced by our school. The collection, transportation, and processing of garbage as well as recyclable materials require a significant amount of energy, putting strain on our environment. Thank you to OLMC families for supporting the Boomerang Lunch!



OLMC Presents A Night on Broadway

Staff and a cast of over 50 students at OLMC have been practicing hard and are very pleased to present a musical evening called A Night on Broadway. The evening will showcase musical numbers from various Broadway musicals. The show runs May 14th, 15th and 16th at 7:00 p.m. Ask your child for a Ticket Order Form or call the school. We are looking forward to a great night of OLMC student talent. Thank you to Mrs. Latham, Mrs. Williams and Mme Bacile for leading the way!

Homestay Program

The Homestay Family is an important part of the International Education experience for international students.

Students are coming to Canada to learn English, or in some cases to improve, their English, to prepare for entrance into a Canadian university, and to experience the North American culture and family life.

The Algonquin and Lakeshore Catholic District School Board's International Education program is seeking homestays in the Holy Cross Catholic Secondary School area in Kingston. Students will arrive at the end of August and stay until the end of June.

If you are interested in learning more or becoming a homestay parent, please contact Madeleine O'Connor at 613-848-9987 or by email at occonnorm@alcdsb.on.ca



Catholic Education Week 2019: “Living as Joyful Disciples”- May 6-10, 2019

This year’s Catholic Education Week theme is “*Living as Joyful Disciples.*”

The 2019 theme was inspired by three sources: *Renewing the Promise*, The Pastoral Letter on Catholic Education from the Bishops of Ontario; *Gaudete et exsultate*, the Apostolic Exhortation of Pope Francis on the Call to Holiness; and *Young People, the Faith and Vocational Discernment*, the October 2018 Synod of Bishops. Mindful of the Synod on Youth, the theme and sub-themes are very much directed to the young people in our schools, especially in their growth in holiness and their formation as disciples of Christ through the discernment of their vocational pathways. In the section of *Renewing the Promise* entitled, “A Community that Forms Joyful Disciples,” we read, “*Our Catholic schools help to form joyful disciples as hearts and minds are opened to the transforming love of God and to the flame of faith in action. On a daily basis, Catholic schools demonstrate the joy of believing and witness the Good News to the communities that they serve.*”

There are five sub-themes for each day of Catholic Education Week:

- Day 1: Rooted in Prayer
Enracinés dans la prière
- Day 2: Living in Community
Vivre au coeur de la communauté
- Day 3: Doing Justice & Creating Hope
Semer la justice et inspirer l’espérance

Day 4: Journeying Together in Faith
Cheminer ensemble dans la foi

Day 5: Sharing the Good News
Partager la bonne nouvelle

Every year, the Ontario Catholic School Trustees’ Association (OCSTA) provides our Catholic schools with a resource kit to help schools prepare for Catholic Education Week. Using these resources, as well as our own developed activities, we have prepared a series of activities, which will highlight how the students and staff at our school are *Living as Joyful Disciples.*

French Immersion at OLMC

Welcome to French as a Second Language in ALCDSB! Check out the videos that were created featuring a variety of French Immersion classrooms throughout our Board and in Mme. Bacile’s classroom at OLMC!
<https://www.youtube.com/watch?v=ipEP1tOBnjc&t=28s>

Join our FSL team:

https://www.youtube.com/watch?v=_wZNLpj1R5g&t=1s

Well done to our Grade 5-6 Class!

PA Day- May 17th, 2019

Please note that Friday, May 17th, 2019 is a Professional Activity day. As a result, there are no classes for students.

OLMC Track and Field Day- May 6, 2019

This year our school track and field meet, which supports our Physical and Health Education curriculum, will be held on **Monday May 6th, 2019** at the Invista Center, 1350 Gardiners Road. We are lucky to once again be using the CaraCo track facilities located behind the arena.

The track meet can move slowly due to the number of events being offered and a large number of participants, therefore it is

important that students come to the meet prepared. Students should bring extra food and clothing and should be prepared for a variety of weather conditions, including light rain. Students should also bring some items to keep themselves occupied between events. **Please note that there will be no canteen available.**

If your child chooses to bring any form of electronics (iPod, iPad, or gaming system) it is the responsibility of the student to take care of their own device. If they are at all concerned about electronics being lost or stolen it is strongly advised that devices be left at home.

It is our goal that students will return back to school in order to take their regular bus home. If you decide to pick up your child up directly from the CaraCo track, please let your child's classroom teacher know ahead of time and check in with Ms. Frago, who will oversee attendance, when you pick your child up from the meet. This way all students can be safely accounted for at the end of the day. Best wishes for a great day of OLMC school spirit as we cheer on our classmates!

Cross Country Meet- May 13, 2019

Best wishes to all students who have been training to participate in the ALCDSB's annual Cross Country Meet scheduled to take place on May 13th at Fort Henry Hill. We have a large number of students who have been running at noon hour to prepare for the meet. Thank you to the following staff who have been coaching students at lunch time for the meet: Mr. Kyer, Mme Compeau and Ms. Torres. Thank you to all staff for supporting students to do their best! Good luck to all OLMC participants!

IPRC (Identification, Placement and Review Committee) Meetings

Thank you to all parents who have returned the invitation to waive or hold an annual meeting to review your child's identification and placement in our special education

program at OLMC. IPRC Meetings took place on April 24, 2019. Please note that parents can meet with staff at any time during the school year to discuss their child's program and progress by contacting your child's classroom teacher or SERT to make an appointment.

FUN FRENCH FACTS

DID YOU KNOW?

French is a good foundation for learning other languages, particularly Romance languages (Spanish, Italian, Portuguese and Romanian) and even English, since over half of modern-day English vocabulary is derived from French.

Bit.ly/2V3vFWR

Encourage your child to be a lifelong learner of French!

EQAO Assessment of Reading, Writing and Math (Grade 3 and 6)

Education Quality and
Accountability Office



Preparations are well underway for all Grade 3 and 6 students to participate to their fullest potential in the upcoming provincial assessments of Reading, Writing and Math. Please note that our Grade 6 students will be writing the assessment on May 22, 23 and 24th. Our Grade 3 students will be writing the assessment on May 28, 29 and 30th. In order for all students to *show what they know*, we ask that parents please book appointments or trips outside of these dates so as to avoid students missing part of the assessment and to ensure that all students perform to the best of their ability during the assessments. EQAO assessments are an opportunity for students to “show what they know” and to celebrate the hard work they have been doing throughout their division. Thank you for your co-operation regarding the scheduling of appointments for your children.

Kindergarten Registration and Open House

We are now accepting registrations for our Kindergarten Program for September 2019. Your child is eligible to enroll in Junior Kindergarten if he or she will be 4 years of age by December 31, 2019. You can access registration forms by coming into the Office or online through the Algonquin and Lakeshore Catholic District School Board's website. Please also include your child's Baptismal Certificate, Birth Certificate and Immunization Record.

Did you know that...

*Early childhood sets the foundation for life-long learning, behavior, health and well-being? (Ontario Early Years Policy Framework).

*Stacking blocks and mixing sand and water encourages logical mathematical thinking, scientific reasoning and cognitive problem solving...the learning that occurs is a by-product of play (Paul Cappon, Canadian Council on Learning).

*Play is thinking time for young children. It is language time. Problem solving time. It is memory time, planning time and investigating time. It is the organization of ideas time when the young child uses his mind and body and social skills and all his powers in response to the stimuli he has just met (James L. Hymes: Child Development and Research Specialist).

Parents/Guardians and children who will be beginning school in September are invited to our Kindergarten Open House on Monday, June 10th from 5:30-6:30 p.m. Looking forward to meeting our youngest students then!

Grade 8 Graduation Date

Our Grade 8 Graduation date is set for **Thursday, June 20th**. More specific times and details will follow.

ALCDSB Elementary Summer Programming Sports and Art/Drama Themed Camps (Grades 6/7/8)

This program is for students who as of June 1, 2019 are in Grades 6, 7, or 8.

There are two theme options offered at each location for the weeks indicated below:

Sports: This program will work to enhance students' literacy and numeracy skills and will be a combination of literacy and numeracy sports themed activities and hands-on skill development. Sports will include soccer, basketball and volleyball.

Art and Drama: This program will be a combination of literacy and numeracy art and drama themed activities and hands-on skill development. Art and drama skills will include sketching, painting and acting.

Operation of all programs is dependent on sufficient enrolment. Enrolment for each class is limited.

Programs will operate Monday- Friday, 9:00 am – 3:00 pm. Parent(s)/Guardians are welcome to register their child by completing the registration link below. There is no cost for this program.

To Register click here:

<https://forms.office.com/Pages/ResponsePage.aspx?id=eWrjBJpsTkKu9WekMhYEwXvp0gpLoIFCodI7ZELEDXpUME04NUIOUE1FWFJHSTVZVUNZTVNVtkQwWS4u> .

Locations and Dates:

Kingston
Holy Cross Catholic Secondary School
July 15-19, 2019
Regiopolis-Notre Dame
July 8-12, 2019

Belleville

Georges Vanier Catholic Elementary School
July 15-19, 2019
Nicholson Catholic College
July 8-12, 2019

Trenton

St. Mary Catholic School (Trenton)
July 8-12, 2019

SEVENS

This program is for students who are graduating grade 6 and entering grade 7 in September. This grade 7 Numeracy program will be offered August 19-23, 2019 in the mornings from 9:00 am – 12:00 pm. The purpose of this program is to strengthen the student's skills in the area of Mathematics. We understand that the transition from grade 6 to grade 7 is a huge step for many students, therefore this program may help with that challenge. Sevens is an engaging 15 hour program designed to prepare grade 7 students for intermediate math by reviewing and solidifying basic concepts and skills. Activities will include hands-on games, group work, technology enhanced investigations and inquiries planned through a universally designed framework. There will be two schools that will host this program – St Michael's Belleville, St Marguerite Bourgeoys Kingston. Parent(s)/Guardians are welcome to register their child at the registration link below.

There is no cost for this program.

To Register click here

<https://forms.office.com/Pages/ResponsePage.aspx?id=eWrjBJpsTkKu9WekMhYEwXvp0gpLoIFCodI7ZELEDXpUME04NUIOUE1FWFJHSTVZVUNZTVNVtkQwWS4u> .



**Build a balanced day!
Take time to play without
electronic devices.**



