



Promoting Positive School Climate and Well-being

Revised February 11, 2019

Preamble

The ALCDSB is dedicated to creating and promoting positive school climate and well-being in all of our schools. Respecting the dignity of all persons by fostering trusting relationships through policies and practices that promote equity, inclusion and diversity are at the core of our Catholic values, the Board's spiritual theme of *Faith in Action* and our provincial *Catholic Graduate Expectations*. A positive school climate is directly linked to student success and well-being ensuring students are motivated to do well and will realize their full potential. We are committed to sustaining healthy and nurturing communities of belonging that are safe, caring and respectful and built on the principles of restorative practice and progressive discipline.

The ALCDSB and its school communities engage in a whole school approach in putting prevention and intervention strategies in place to facilitate a positive relationship between students, staff, parents/guardians and community partners.

I. Education, Awareness, and Outreach

St. James Major Catholic School (the "School") proclaims that all people are created in the image and likeness of God and, as such, have the right to be treated with dignity, respect and fairness. The school further recognizes that a whole-school approach to engaging the school community will help the School's efforts to address inappropriate behaviour.

To these ends, the School will utilise the Ministry of Education definition of bullying in communications with the school community:

In its communication efforts, the School will:

- Make known that a positive school climate is essential for student achievement and well-being
- Identify the factors that contribute to a safe, inclusive caring and accepting school climate.
- Support relationship building and focus on promoting healthy relationships using a variety of strategies
- Educate parents/guardians and students regarding the differences between bullying, conflict, aggression and teasing
- Explore and identify the underlying factors that contribute to conflict and/or bullying
- Work in partnership with parents/guardians and the broader school community to build awareness about the resources and pathways available
- Be responsive to parental concerns and continue to build relationships and resiliency

St. James Major Catholic School (the “School”) will communicate and share with the school community, policies and procedures including the Board/school Code of Conduct, equity and inclusive education policy and guidelines for religious accommodations, procedures to address incidents of discrimination, progressive discipline approach, and promoting positive school climate and well-being.”

1. The School will endeavour to increase education, awareness and outreach by using the following best practices:

- A whole-school approach to creating a safe and caring school
- Religious and Family Life Education, and Health curriculum focused on building relationships
- Whole school celebration students following Catholic Graduate Expectations (CGEs), specifically this year’s focus: being self-directed, responsible, life-long learners. Information is celebrated with parents/guardians/guardians and with the larger community through notes home, school web-site, school messenger, monthly assemblies after Mass and Prayer Services.
- Student (2) representation on Caring and Safe Catholic Schools Team
- Whole school focus on Restorative Practices (Circles)
- Whole school focus on Zones of Regulation
- Whole school focus on the principles of Applied Behaviour Analysis (ABA)
- Programs in each class provide students opportunities to learn and develop strategies: Girls Inc., Gr 7/8; Roots of Empathy, Gr 3-5, DPA, PALs, Reading Buddies, Bus Patrollers, DND Club
- Student Voice - Student Council
- Participation in surveys (e.g. MDI)
- Completion of reflections by students shared with staff and parents/guardians/guardians

2. The School has identified the following strategies to engage parents/guardians in conversations about promoting a positive school climate:

- Parent representation on Caring and Safe Catholic Schools Team
- Sharing of assessment information
- Presentations to School Council on bullying prevention and positive school climate
- Consistent efforts to communicate and listen to parents/guardians: School Agendas K-2, Remind App Gr 3-5 and Gr 6-8
- Parent/Guardian-School Communication – phone calls, messages, meetings
- Student Case Conferences
- School twitter accounts

II. Evaluation of Evidence

St. James Major Catholic School recognizes that effective prevention strategies must be evidence-based.

The School will base its interventions, strategies, practices and programs on evidence from the school climate surveys and other relevant information. The school will take the following steps to assess prevention initiatives and strategies:

- Evaluate the evidence to determine the main areas of concern, and identify issues in the physical environment, determine current procedures, and assess the strategies in place based on results of the school climate surveys and other relevant information.
- Identify children and youth involved in bullying (including the bully, the person being bullied, and those who may have witnessed or been affected by the bullying). The School will consider using a risk assessment approach in this process.
- Review and update the School's strategies as a result of gathering new information.
- Share the updated strategies with the school community.

Pre-evaluation strategy

1. The School's main issues of concern raised by students, staff and parents/guardians in the school climate surveys and based on other relevant information are the following:
 - Ensuring that students can report incidents of bullying safely and in a way that minimizes the possibility of reprisal
 - There is a lower percentage of students who report bullying to teachers
 - Bullying at recess and on the bus
2. The School's areas of focus with respect to the physical environment are:
 - Ensuring supervision of students inside the school and on school property
 - Supervision in the hallway
 - Increased supervision on yard to monitor blind spots
 - Include older students as peer leaders (adapted from www.prevnet.ca)
3. The School's current processes for reporting on, responding to, supporting, and following up on issues are as follows:
 - Use of the Board's *Caring and Safe Catholic School Administrative Procedures*
 - Communication with parents/guardians and staff
 - Restorative Circles/conferences with students using affective statements
4. Based on a review of the school climate survey results and other relevant information, the following areas have shown success/improvement:
 - Supervision of recess
 - Positive response to student concerns
 - Students have a voice
 - Restorative Circles
 - Whole class discussions
5. Based on the school climate survey and other relevant data, the School proposes the following action plan to address areas requiring improvement:

- Explicit teaching and review to define and explain bullying, aggression, conflict and teasing in student language. What do bullying, teasing, conflict and aggression look like, sound like, feel like? Presentation for whole school by Youth Worker or Community Policing Officer.
- Explicit teaching of procedures for reporting when outside and on school bus.
- Student Council to discuss training of student mediators with CYW.
- Caring and Safe Schools Team will meet to examine the information and data collected through MDI. An action plan will be created to share this information with students and parents/guardians. Student Council will then be included in developing a plan to train student mediators and/or recess activity leaders where they assist others who have concerns. Student Council will work with classes and staff to develop printed information that promotes positive behaviour and actions to share with students and post in the school (e.g. posters at the back door to promote inclusion at recess). Information will be presented to parents/guardians through School Council and school web-sites. A student voice report will be “published” to share all information.
- Student leadership opportunities (e.g. DPA)
- Grade 7/8 student writing of Speak Up Grant proposal to promote caring and safe school community, and student well-being

Post-evaluation Strategy

The School will reassess the results of subsequent school climate surveys to verify the efficacy of the positive initiatives implemented. The “post-evaluation phase gathers evidence to test the efficacy of the prevention, responses, interventions or supports provided in order for changes to be made, where necessary.”

Upon re-evaluation, the School will update the information in this template to reflect the effectiveness of its bullying prevention initiatives.

III. Policies and Procedures

The School recognizes that a whole school approach and the policies and procedures of ALCDSB are important for promoting positive school climate and well-being.

The School also recognizes that the goals of policy initiatives must address the areas of challenge identified in school/Board climate surveys and other relevant data.

1. The School will actively communicate its policies, procedures and guidelines to the school community (including involving the school community in the review and/or development of policies, procedures and guidelines relating to Caring and Safe Catholic Schools, by taking the following steps:

- *School Council and students consulted in the review and revision of the School Code of Conduct 2018-19; Link to school Code of Conduct:*
<http://schools.alcde.on.ca/jams/default.aspx>
 - Ministry of Education Provincial Parent Guide
 - Sharing of the Student Voice Report with all stakeholders
2. The roles/responsibilities of the school community (students, staff, parents/guardians, and community members) are as follows:
- To follow the standards of behaviour as outlined in the Code of Conduct
<http://schools.alcde.on.ca/jams/default.aspx>
 - To participate in a whole-school approach to positive school climate in order to ensure that schools are safe, inclusive, and accepting. The Ministry of Education Provincial Parent Guide link: <http://www.edu.gov.on.ca/eng/safeschools/code.pdf>.

IV. **Prevention**

The School recognizes that fostering a positive learning environment will help to reduce possible bullying, harassment, and discrimination incidents. The School is committed to taking steps to strengthen prevention measures.

1. The roles and responsibilities of the Caring and Safe Catholic Schools Team (which will be communicated to the school community) are as follows:
- Team members are responsible for addressing issues identified in the School Climate Surveys and other related data
 - Team members will meet with student leaders to develop an action plan for further prevention of issues
 - Student leaders will be trained as peer helpers on yard. PrevNet has highlighted the central role of peers in bullying: they serve both to reinforce and perpetuate bullying problems and to defend victimized students (Hawkins, Peplar & Craig, 2001)
2. From its evidence-based analysis, the School has identified the following practices and initiatives for promoting positive school climate and well-being:
- a) Bullying prevention and intervention programs or activities that are evidence-informed and that address the needs identified by the Board or the School:
- Restorative Circles weekly in all classes as well as when issues/concerns arise
 - Celebrations to identify those students who are promoting positive practices.
 - Student-led interest clubs at recess with teacher assistance - lego, art, choir, chess, DND Club, etc. This goal is in line with developing the student's "social architecture"-the opportunity to structure children's peer groups to promote positive peer experiences and to minimize negative peer relationships (Peplar, 2006)
 - Older students highlighted in a leadership role, modelling positive behaviour (e.g. Bus Patrollers, Reading Buddies, Eco Team, DPA, PALs)

- b) Relationship-building and community-building resources that are present in the school, classroom and in the larger community:
- Promoting connections to caring adults
 - Peer assistance and mentoring programs
 - Pastoral ministry
 - Youth Worker
 - Strong ties to community resources - Aboriginal Elders
 - Mitts made for students to borrow at school
 - KFL&A (Food Share)
- c) Activities that promote a positive school climate:
- School-wide focus on gospel values and Catholic Graduate Expectations
 - School-wide social justice - Terry Fox, United Way, Food Bank – Jingle Bell Walk, ECO Team, Jump Rope, Parish-School Walk
 - Catholic Education Week
 - Beacon of Hope
 - Reading Buddies Program
 - Say something nice about the person beside you
 - Anonymous writing about a person in the room
 - Monthly School Assemblies
 - Positive phone calls home
 - DPA, PALs
 - Morning Announcements – shared PPT with videos
 - Whole school field trips (e.g. skating in February)
- d) Awareness-raising strategies for students, e.g. social-emotional learning, empathy, developing self-regulation skills:
- Roots of Empathy
 - Social Skills Training K-2
 - Girls Inc
 - Zones of Regulation
 - Reading Buddies Program
 - DPA
 - PALs
 - Circles
 - Morning Announcements
 - Classroom Read Alouds
- e) Awareness-raising strategies to engage community partners and parents/guardians in early and ongoing dialogue:
- Presentation to Caring and Safe Catholic Schools Team and School Council on results from School Climate Surveys
 - Presentation on Restorative Practices by Safe Schools Teacher

- f) Strategies for linking curriculum and daily learning for promoting positive school climate and well-being:
 - School-wide focus on restorative practice as a whole-school approach
 - Learning about other cultures and celebrations
 - Focus on positive mental health in physical and health education
 - Health Unit Teachings-DPA, posted on school web-site, Healthy Living
 - Student generated posters
 - g) Strategies to support and encourage role modeling by caring adults and student leaders within the School and school community:
 - Catholic School Council
 - Student Council
 - Peer assistance and mentoring programs
 - Student leaders
 - Student Voice - We Believe, Therefore We Can
3. The School has identified the following learning and training opportunities for school staff and the school community that are needed:
- Annual training promoting positive school climate and well-being
 - Promoting Positive School Climate and Well-being pamphlet for parents/guardians (available at the Board's website www.alcdsb.on.ca)
 - Annual training on Restorative Practices
 - Annual training on Bullying Prevention and Intervention

V. Interventions and Support Strategies

The School recognizes the importance of using timely interventions and supports with a school-wide approach.

1. To this end, the School will:
 - Use teachable moments within a progressive discipline approach to address inappropriate behaviour, and consider mitigating and other factors
 - Have in place processes and strategies to identify and respond to bullying when it happens
 - Restorative Practices are in place to support prevention and intervention practices
 - Communicate the progressive discipline approach to the school community and the procedures in place to support the student
2. The School supports the use, in a timely manner and using a whole school approach, of the following evidence-informed interventions and support strategies:
 - Restorative practices
 - Discussion with Board Social Worker (Mental Health Leader)
 - Referral of students to school Youth Worker

- Principles of Applied Behaviour Analysis (ABA)
- Involvement of Community Policing Officer
- Fire Department
- KFL&A
- Food Share
- Knights of Columbus

Bullying - means aggressive and typically repeated behaviour by a pupil where,

- a) the behaviour is intended by the pupil to have the effect of, or the pupil ought to know that the behaviour would be likely to have the effect of,
 - i) causing harm, fear or distress to another individual, including physical, psychological, social or academic harm, harm to the individual's reputation or harm to the individual's property, or
 - ii) creating a negative environment at a school for another individual, and
- b) the behaviour occurs in a context where there is a real or perceived power imbalance between the pupil and the individual based on factors such as size, strength, age, intelligence, peer group power, economic status, social status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability or the receipt of special education ("intimidation")

For the purposes of the definition of "bullying" above, behaviour includes the use of any physical, verbal, electronic, written or other means.

Cyber-bullying

For the purposes of the definition of "bullying" above, bullying includes bullying by electronic means (commonly known as cyber-bullying), including,

- a) creating a web page or a blog in which the creator assumes the identity of another person;
- b) impersonating another person as the author of content or messages posted on the internet; and
- c) communicating material electronically to more than one individual or posting material on a website that may be accessed by one or more individuals.

Resources:

<http://www.prevnet.ca/>

<http://www.edu.gov.on.ca/eng/healthsafeschools/actionTeam/shaping.pdf>

<http://www.peelregion.ca/health/bullying/>

www.bullyfreezone.co.uk/index.php

www.bullying.org

<http://www.edu.gov.on.ca/eng/policyfunding/equity.pdf>

<http://live.iel.immix.ca/safeandacceptingschools/toolkit>

www.edu.gov.on.ca/eng/parents/guardians/climate.html

www.edu.gov.on.ca/eng/parents/guardians/bullying.pdf

http://www.tvdsb.ca/files/155749/tip-sheet-for-teachers_2011.pdf

http://www.edu.gov.on.ca/eng/general/elemsec/speced/Caring_Safe_School.pdf

<https://www.wcdsb.ca/schools/imagine/pdf/PartB.pdf>