

GREAT FAITH-BASED WEB SITES FOR STUDENTS

There are times in all of our lives when we struggle with questions about life, relationships, God, faith and so much more. Sometimes we don't know who we can talk to or where to go for answers to our questions. If you are facing any kind of difficulty know that you can call a member of the Pastoral Team here at Holy Cross for confidential, non-judgemental support and encouragement. And, check out the websites further below. There is always help and support available. And God is always ready to provide the grace that we need. God bless.

The Pastoral Team of Holy Cross:

Chaplaincy Leader - Mr. Chris Forster (613) 329-6413 or email at: forster@alcdsb.on.ca

Priest Chaplain – Fr. Leo Byrne (613) 389-8222 or email fatherlbyrne@cogeco.ca

To find out what's happening in youth ministry at St. Paul the Apostle Church contact Kevin Alexander at: lifeteenkingston@gmail.com

Nadia Gundert is the Coordinator of the Archdiocesan Youth Office at (613) 548-4461 or email her at: youth@romancatholic.kingston.on.ca

If you are having a bad day and don't know what to do or how to get help go to the LifeTeen website at: <http://lifeteen.com/category/life/healthy-mind/>

For information on sexuality and relationships you can check out another great LifeTeen website at: <http://lifeteen.com/category/relationships/sex-chastity/>

Have questions about your faith? Try this website: www.bustedhalo.com ;

If you have questions about the bible go to the "Bible Geek" by Mark Hart: <http://holyspiritinteractive.net/youth/biblegeek/>

How to pray? <http://www.catholic-religion-and-more.com/catholic-prayers.html>

To find prayers for difficult times: <http://www.2heartsnetwork.org/despair.htm>

For some great videos on relationships, sexuality, and dating go to: <http://ascensionpress.com/t/category/study-programs/theology-of-the-body/young-adult>

For a great "Prayer book": <http://www.smp.org/images/BookImages/CathYouthPrayerBk.pdf>

And, if you have a question about Vocations please contact Fr. Jan Kusyk at (613)329-3772 or email him at: frjankusyk@gmail.com