



HOLY CROSS

Catholic Secondary School

February 2020

Principal's Message

We have successfully wrapped up semester one here at Holy Cross and it was nice to make it through the exam period without the interruption of inclement weather days that we experienced last year. Semester one report cards will go home on Friday February 7th, 2020.

As we move into Semester two, we bid farewell to Ms. Allison Ross, Ms. Maggie Downey and Ms. Adriana Cote, who are moving on to other assignments with our Board. We thank them for their contributions to the Holy Cross community over the past semester and wish them the very best in their new positions. We welcome Mr. Ryley Kehoe to Science, Mr. Marcus Ruffolo to Religion and Social Science, Ms. Carleigh Clancy to Religion and Ms. Siobhain Broekhoven to Religion and Mathematics.

Our annual open house for prospective grade 9 students (those starting grade 9 in September 2020) will take place on Wednesday February 12th at 6:30 p.m. in the Cafetorium. Spread the word and encourage any interested grade 8 students in your world to come and see all the great things happening at the school. As you know, we have excellent offerings in Arts, Athletics and Academics, including our extended French program, which will begin its second year at HC in September. Details will be available at the open house about this and many other exciting programs at HC.

Our next Catholic school council meeting takes place at 6:30 p.m. in the Learning Commons on Wednesday February 5th. All parents/guardians are welcome to attend!

God Bless,

Michael Faught

This Month

- Feb 1– College applications due to OCAS**
- Feb 3– Semester 2 begins**
Semester 1 exam return
- Feb 5– Catholic School Council**
6:30-7:30 in Learning Commons
- Feb 7– Semester 1 Report Cards issued**
- Feb 12 - Gr 8 Parent Night**
6:30-8:00
- Feb 13– Course Selection Assemblies**
- Feb 14– Last day for Semester 2 changes**
- Feb 17– Family Day**
- Feb 26– Ash Wednesday Mass**



At Holy Cross, we've 'Got Your Back'.

Join us at our next
workshop and learn how to...



Hope to see you on:

Wednesday February 12th, from 11:05am-11:45am

Room 201

Free Lunch and Prizes!

Brought to you by the HC Wellness Team



...WELLNESS WEEK !!... 🤍

Yay!! Here we go again. Cheers to one of the most popular weeks of the year!!

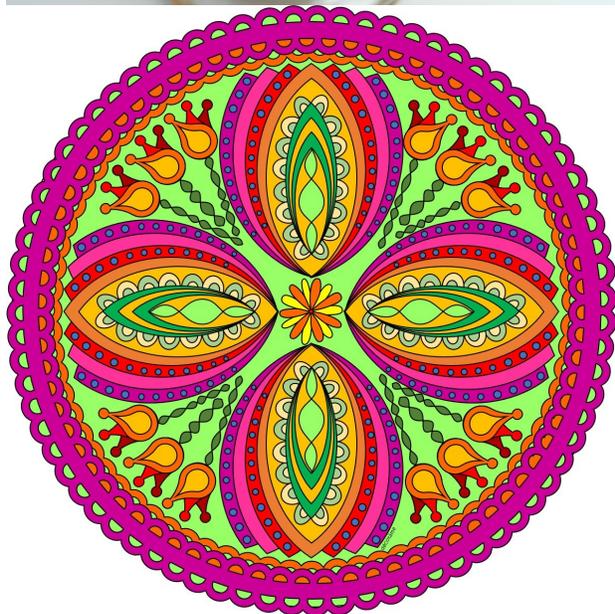
TUESDAY February 18 **FUEL:** Get properly fueled with a healthy start to the week.

WEDNESDAY February 19 **CHILL:** Opportunities for calmness and stress reduction.

THURSDAY February 20 **CHAT:** Connect with friends, peers and supports.

FRIDAY February 21 **PLAY:** Remember the fun; bring balance to the day.

WATCH FOR: pet therapy dogs, hot apple cider and teas, breakfast parfaits, live music, colouring mandalas, positive post-its, dance moves and much more. See you there!



HC Swim Team

17 swimmers from the Holy Cross Swim team are excited and ready to compete in EOSSAA at Queen's University on Thursday February 13th, 2020.





DECA Business Students are leaving for the Ontario Provincial Competition in Toronto from February 6th to 8th at the Sheraton Conference Centre.

Roxanne Gervais

Chloe Daicar

Chris Mundle

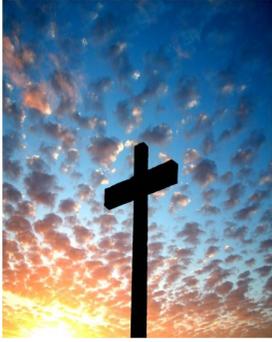
Hunter Cutbush

Britney Hovencamp

Joe Hamilton

Carter Howland

Pauline Jolicoeur



PASTORAL NEWS

Congratulations to students on the hard work put into exams and final assignments to conclude the first semester! The chaplaincy team is looking forward to a busy second semester as we plan upcoming liturgies, retreats, and CICS initiatives.

CICS will be busy this month preparing a bake sale for Frost Week, resuming visits to Rosewood Retirement Residence, and planning the Share Lent campaign. On Thursday, February 6th a group of students will be going to a Development and Peace leadership retreat. This will be a useful day for planning our Share Lent campaign and ThinkFast. The theme for this year's ThinkFast is based on Pope Francis' encyclical *On Care for our Common Home*, focusing on ecological justice.

We will be coming together as a school community for Ash Wednesday Mass on February 26th. Fr. Amato will also be with us on February 13th to make the ashes for this liturgy. We are looking to collect palms for the making of ashes. If you have palms in the house from Palm Sunday 2019 (or earlier!) please consider sending them in to be used for this year's Ash Wednesday Mass. They will be collected in the chapel.

Please be sure to keep the Jamaica Mission Team in your prayers as they prepare for their trip from February 13th – 21st. Their witness of service to others is inspiring!

We pray also for all students and staff as they begin the new semester. May God bless them and enlighten their hearts and minds!

BONUS - Lenten Challenge! For Lent, consider one thing you can **fast** from, a new way that you can **give** to others, and try to find five minutes each day for **prayer**.

Nick Cotman, Chaplaincy Leader

**Do Justice, Love Kindness, and Walk Humbly
with your God (Micah 6:8)**

Looking Forward to March

March 12– Making a Difference

March 13– Early Progress Reports home

March 16-20 March Break

March 25– Parent Teacher Interviews

March 31– OSSLT Grade 10s

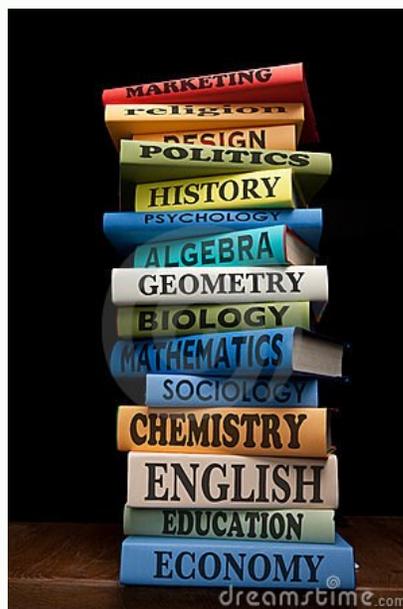
Contact Us

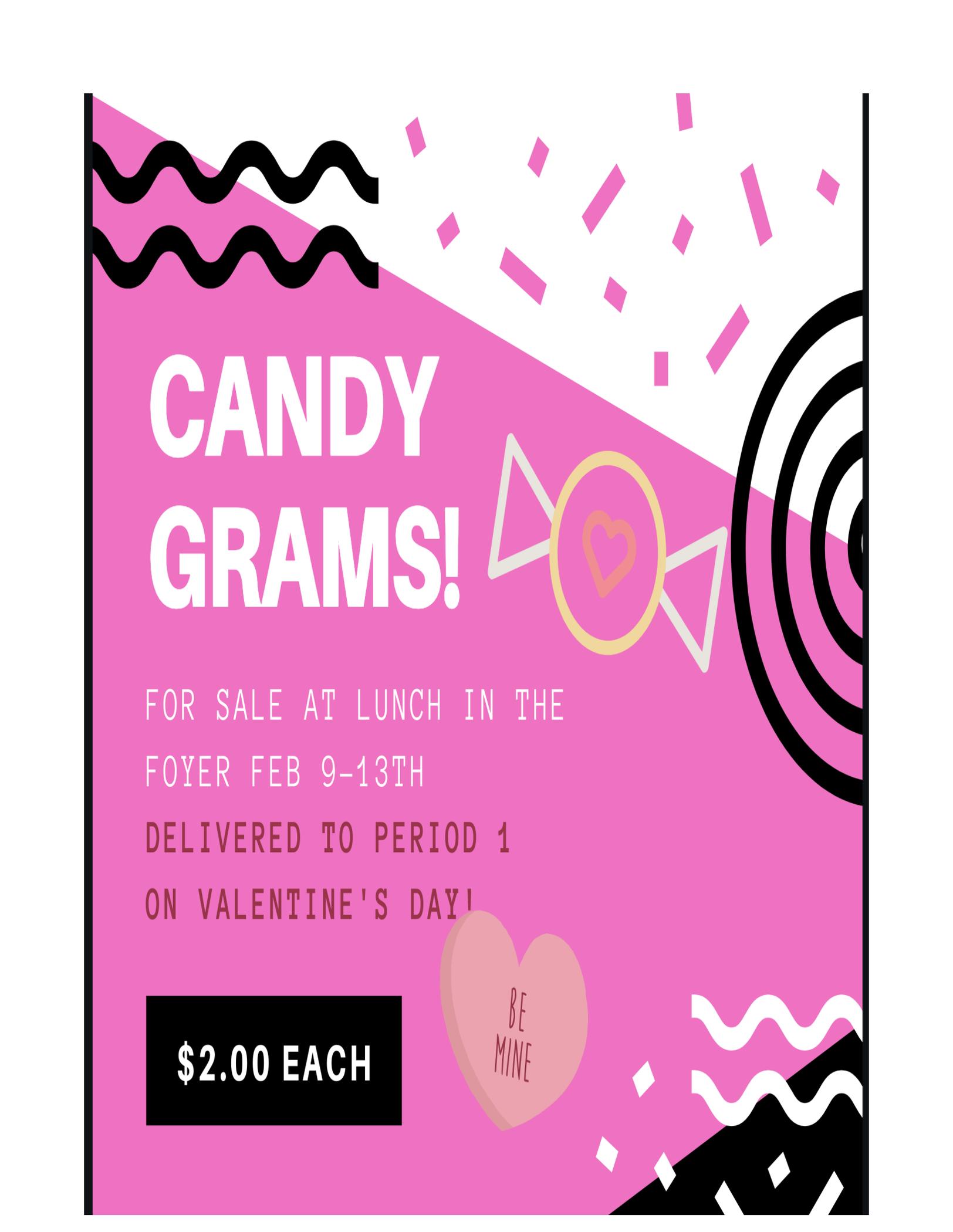
Check on-line for more information at www.htoday.ca

Holy Cross Catholic Secondary School

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(613) 384-1919





CANDY GRAMS!

FOR SALE AT LUNCH IN THE
FOYER FEB 9-13TH

DELIVERED TO PERIOD 1
ON VALENTINE'S DAY!

\$2.00 EACH

BE
MINE

January 29, 2020

Dear Parents and Guardians,

As you may be aware, a new illness called novel coronavirus (2019-nCoV) has been spreading in areas of southeast Asia, originating in Wuhan (Hubei province), China.

At this time returning travelers from affected areas are advised to continue regular activities but monitor for signs and symptoms of respiratory illness. If symptoms develop, ill persons are advised to self-isolate and contact their healthcare provider.

The 2019-nCoV has been identified at the same time that influenza (“the flu”) and other respiratory illnesses are circulating in our community. The precautions to protect yourself against these respiratory illnesses can also be used to help protect against coronaviruses, including 2019-nCoV.

Kingston Frontenac Lennox & Addington (KFL&A) Public Health and Hastings Prince Edward (HPE) Public Health recommend members of the public take the following usual precautions to reduce the risk of transmission of the flu and respiratory illnesses;

- Clean your hands often with soap and water or use hand sanitizer.
- Cough and sneeze into the bend of your arm, not into your hand.
- Avoid touching your nose, mouth or eyes with your hands.
- Clean objects and surfaces that a lot of people touch, such as doorknobs, phones, and television remotes.
- Get your influenza vaccine.
- Stay home when you are sick and avoid contact with other people until your symptoms are gone. Notify the school of your child’s absence

KFL&A Public Health and HPE Public Health are closely monitoring the situation and actively working with our local, provincial and federal partners to ensure the continued safety and well-being of the public.

This is a constantly evolving situation and there is a dedicated Ministry of Health website (www.Ontario.ca/coronavirus) where parents/guardians can find the most up-to-date information.

Please consult the local public health unit with any questions.

KFL&A		613-549-1232	https://www.kflaph.ca/en/index.aspx
HPE		613-966-5500	https://hpepublichealth.ca/

COUNSELLORS' CORNER

COURSE CHANGES/DELETIONS

Students are to consult a counsellor if they wish to make a change to their timetable. It is advised that any required course changes be dealt with by the end of the first week of semester two. Furthermore, it is required that all changes be completed by the end of the second week of the semester. The last day to change a course is Friday February 14th.

COURSE SELECTION PROCESS

At this time of year, students begin the process of selecting courses for the **2020-2021** academic year. It is critical for all students who plan on returning to **Holy Cross** that they follow the timelines in order to ensure that they are able to obtain the courses they desire. **Holy Cross** will be conducting the on-line process of selection of courses in workshops taking place at the school. Details will be explained in grade sessions being conducted on **February 13th**.

COURSE LOAD

All students in Grades 9, 10, 11 are required to carry a course load of 4 courses each semester. All students in Grade 12 who have achieved at least 24 credits are required to carry a minimum of 3 courses each semester.

GRADE 8 PARENT INFORMATION NIGHT

Grade Eight Parent Information Night will be hosted on **Wednesday, February 12th, 2020** at **6:30 p.m.** There will be an information session for parents/guardians of students who have an Individual Education Plan (IEP) starting at 6:00 in the Learning Commons. This evening is open to Grade Eight students and their parents/guardians. Registration packages will be available for all non feeder school parents. All completed registration packages are to be returned to **Holy Cross** by **March 2nd, 2020**.

Information about **OYAP** may be obtained from the guidance department or cooperative education teacher in any of the Board's high schools. Additional support or information is available from **Will Geris OYAP Co-ordinator** with the Board. **Will** can be reached at **(613) 532-4292**

University/College Applications

Applicants should note the application centre deadlines for equal consideration for admission to programs. University applications were due by **Wednesday, January 15th** and college applications by **Sunday, February 1st**. Students are asked to ensure that all data on the application is accurate (including address and transcript information). Please contact Student Services with any concerns.

Semester 2 Timetables

Students are able to access their timetable on the Student Maplewood Access on the Holy Cross website [hctoday](#). The link is under the “Student Services” section of the Home Page. Students should also verify demographic information here and notify Student Services of any changes. If you have misplaced your username and password, contact Student Services. A new timetable with teacher names and room numbers will be issued in Period 1 class on **Monday, February 2nd, 2020**

Summer Enrichment Opportunities

University of Toronto – Faculty of Medicine and Faculty of Law visit www.ysp.utoronto.ca for summer programs

Queens Summer Engineering Academy visit engineering.queensu.ca/qsea for summer programs

McGill Summer Academy visit summer.academy@mcgill.ca for more information

Ontario Educational Leadership Center offers leadership courses in the summer, go to www.oelccaso.com for more information. Application deadline is February 6th, 2020.

Scholarships and Awards:

RBC Indigenous Students Awards provides Indigenous students with scholarships based on achievements and financial need. Go to www.GoToApply.ca/RBC. Deadline is February 28th, 2020.

Marguerite Bourgeoys Bursary:

Scholarships are available for students with financial need and who have volunteered in areas of social justice. Applications are available in Student Services.

Queen’s University Promise Bursary:

Students who applied to Queens and are the first in their family to attend Post-Secondary and has financial need are eligible for this scholarship. See Mrs. Cantarutti for more information.

Volunteer Opportunity

Volunteers are needed at the Italo-Canadian Club on Wednesday February 14th, 2020 for Valentine’s Day masquerade dinner. More information is available in Student Services.