



# HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON

## November, 2010 Newsletter... visit our web site at [www.hctoday.ca](http://www.hctoday.ca)

**Main Office 613-384-1919; Attendance Office 613-384-1355; Student Services 613-384-2023; Fax 613-384-8665**

The Holy Cross newsletter is issued on the first school day of each month.

### PRINCIPAL'S MESSAGE

We bid adieu to **Ms. Carolyn Fenrich** who will begin an exciting new chapter of her life in **France** and we welcome back **Mrs. Suzanne Hills**, taking over **Ms. Fenrich's** English classes. We also offer our congratulations and bid a fond farewell to **Mrs. Sandra Ouelette**, who has taken a daytime caretaking position at **St. Peter's**.

Congratulations to our school community for contributing so much to the **K-ROCK** Thanksgiving Food. Our homeroom classes responded with incredible enthusiasm, ingenuity and generosity. The following HC home form classes collected the most food for their grade levels: **Ms. Fenrich's** Grade 9's, **Mrs. McLean** and **Mr. McCombs'** Grade 10's, **Ms. Waters'** Grade 11's, and **Mr. Prior** for the Grade 12's. **Holy Cross** came second in the city behind **QECVI**, but most importantly, we contributed to the **Religious Hospitalliers of St. Joseph's** efforts to feed the hungry in our own local community through the **Partners In Mission Food Bank**. Competition will never overshadow need and we know that the true intent of this drive is to share our resources with those in our community who are in need. We congratulate **QECVI** for bringing in an outstanding 14,175 pounds of nonperishable food items.

Thanks to the coaches, managers, community volunteers, and students for always making us proud to see the Green and Silver on the courts and fields. The **Students' Council** roused our school spirit with a wonderful **Pep Rally**. The **Fourth Annual Friday Night Lights Bill McLeod Memorial Catholic Cup** event was truly remarkable, a testament to our fierce Crusader pride as well as to undaunting support from the community at large, many of whom go without acknowledgement. We are grateful for all that everyone does to support **Holy Cross** athletics and all of our endeavours. Congratulations to our fall teams whose seasons have ended as well as to all of our teams working towards their seasons' completions.

On the Professional Development Day (**Monday, October 25<sup>th</sup>, 2010**), teachers and educational assistants gathered with our sister school, **Regiopolis-Notre Dame**, to learn from **OISE** professor **Garfield Gini Newman** about critical thinking and closing the gap between students who struggle in school and their peers who achieve at or above the provincial standard.

On **Friday, October 15<sup>th</sup>**, we issued our **Early Semester Report Cards** to students. This was an early indicator of each student's achievement in the first six weeks of this semester. The first half of the semester will end on **Tuesday, November 9<sup>th</sup>** and then on **Monday, November 22<sup>nd</sup>**, the **mid-semester Report Cards** will be distributed in Period One classes. This Report Card provides extensive reporting in each subject including: a percentage grade; course median; absences/lates; learning skills and personal comments on the individual student's strengths, weaknesses and next steps. There is ample time left in the semester for students to improve their marks and do well in each course. If a student's mark is below 50%, this indicates the need to examine the work to date. A discussion with the teacher will help you plan for maintaining the achievement level or ways to improve the student's mark. Teachers may refer some students whose progress is faltering to **Mr. Mike McAllister** or **Mr. Robin Dzierniejko**, our **Student Success teachers**, for what we call "**credit rescue**", an attempt to regain academic footing.

As the Holy Cross school community, we welcome your input on how we are doing. Please feel free to contact a teacher, counsellor or administrator during school hours. Check our website regularly for

### THIS MONTH AT HOLY CROSS

Monday, November 1	All Saints Day Online University Application Workshops 11:15 & 2:30
Tuesday, November 2	Mid-semester Test Period Begins All Souls Day Dalhousie University 2:30
Wed, November 3	Honour Roll Celebration (Period 1) College Information Program @ St. Lawrence College Take Our Kids to Work Day (Gr 9 students)
Thursday, November 4	Huron College 2:30
Friday, November 5	Veteran's Week Begins Sr. Boy's Volleyball Tournament, Uxbridge Fish Fry Fundraiser for Jamaica Mission Trip, RND
Sat, November 6	TISS Sr. Girls' Basketball Tournament
Sunday, November 7	Daylight Savings Time ends
Monday, November 8	Laurentian University 11:15 Algonquin College 2:30
Tuesday, November 9	Guelph University 2:30 Mid-semester Test Period Ends Term 1 Gr 10 Civics/Careers Courses End College Application Workshop 10:45
Wed, Nov 10	Term 2 Gr 10 Civics/Careers Courses Begin
Thursday, November 11	University of Toronto 11:30 St. Francis Xavier University 2:30 Remembrance Day Liturgies
Friday, November 12	Seneca College 11:30 College Application Workshop 10:45
Saturday, November 13	KASSAA Football Championships
Sunday, November 14	KASSAA Vball and Bball Championships
Monday, November 15	Crusaders Winter Season Tryouts begin Brock University 2:30 Ian Tyson Presentation, p.m.
Tuesday, November 16	Midterm Marks Due to Office Toronto Street Retreat EOSSAA Jr Girls' Bball Tourn @HC
Wednesday, November 17	Toronto Street Retreat EOSSAA Sr Girls' Bball Tourn @HC Catholic School Council Mtg, 6:30
Thurs, November 18	EOSSAA Sr Girls' Bball Tourn @HC Wilfrid Laurier University, 11:15 am Queen's On-Line to Success Parent Info Session
Friday, November 19	Students' Council Dance #2
Saturday, November 20	Kingston Santa Claus Parade National Child Day
Monday, November 22	Matinee Performance of <i>Pippin</i> Mid-Semester Report Cards Issued
Tuesday, November 23	Morning Performance of <i>Pippin</i>
Wed – Sat, Nov 24 – 27	Drama Club presents <i>Pippin</i> , 7 pm
Wednesday, November 24	Mid-term Marks due to OCAS Making the Cut, Carleton U
Thursday, November 25	University of Guelph Humber 2:30 Tentative Non-Uniform Day
Friday, November 26	ALCDSB PA Day #3 – Faith Day at HC
Monday, November 29	CICS Advent Food Drive Begins P1 Gr 11 Assemblies, Post-secondary Info
Tues, November 30	P1 Gr 11 Assemblies, Post-secondary Info Improv Tryouts begin after school Winter Team Photographs
Wednesday, December 1	Winter Team Photographs

important updates on information. Our students, your children, are the centre of our work and their educational and personal accomplishments fulfill our mission.

Paul A. Walsh, [walshp@alcdsb.on.ca](mailto:walshp@alcdsb.on.ca)

### HOLY CROSS PASTORAL SERVICES

November provides us with a wonderful opportunity to remember loved ones who have died as we celebrate All Saints and All Souls Day at the beginning of the month. We will again have a special **Book of Remembrance** in the Chapel; and we invite students, staff and visitors to our school to remember their loved ones by writing their names in this book; these people will be remembered in our daily prayers and at all our School Masses during November. On **November 11<sup>th</sup>**, we will be remembering all those who gave their lives in the Great Wars of the past century or while serving in Afghanistan or on peacekeeping missions through our **Remembrance Day Liturgies** here at Holy Cross.

**JAMAICA FISH FRY:** The 2011 Holy Cross/RND Jamaica Mission Trip is holding an **"All-You-Can-Eat Fish Fry"** on **Friday, November 5<sup>th</sup>** at RND. **Mike Mundell's Surf & Turf** will be providing the main course between 3:30 – 7:00 p.m. in the RND Cafeteria. The salads, pastas, refreshments and desserts will be provided by the students and staff from the trip. Tickets are \$15.00 and are available from any of the **Mission Trip** participants or from both school chaplaincy offices. Take out is available and tickets can be purchased at the door.

**RETREATS:** Our Grade 10 home form classes attended the **Sexuality: Mind, Body & Spirit Retreats** during the week of **October 19-22<sup>nd</sup>**. These full-day retreats focused on ways all of us can develop a healthier respect for our sexuality. Thank you to our students for attending and to our Grade 10 teachers and other staff whose hard work and sacrifice made these retreats possible.

**CICS' CORNER:** Congratulations to all our students and staff for their wonderful contributions to our **Thanksgiving Food Drive** which earned us second place in the K-ROCK High School Competition, but even more importantly helped fill the **Food Bank** shelves for Thanksgiving. CICS will also be participating in the **White Ribbon Campaign** against Child Pornography. And, we are looking forward to our **Toronto Street Retreat** which will take place from **November 16-17<sup>th</sup>**. Permission forms are available in my office.

Please pray for the sick and for their families and caregivers. Many of our students and staff have experienced serious illness in their families and we offer our prayers and support to them.

Chris Forster, Pastoral Services

### ECO-CORNER

The **Holy Cross Green Team** attended an excellent conference on environmental practices last week at **St. Lawrence College**. With some of the ideas presented at the conference the **Green|Team** is planning to go forward with some new initiatives. This year's themes are centered around composting our food and buying local food. We are currently completing grant applications that would enable such projects to go forward. As a large community, the choices we make regarding the food we purchase and waste we generate must consider sustainability. This year's **Green Team** is enthusiastic about making a positive change at the school!

**Eco-tip:** Since the introduction of the green bins by the city, many of us are composting at home. Have you thought of your lunch waste? Consider composting your lunch waste by bringing home your compostable food waste in the reusable containers you brought to work or school. Keep it green HC!

### PHOTOGRAPHY

**Grad Photos** and grad retakes were taken in September and October. Students have received their proofs and order forms. Grad orders which were submitted by the October due date will be distributed before the Christmas break. Grad Photo orders are still being accepted. Please bring your orders to **Mr. Prior** between 8:15 and 10:00. Orders placed at this time, however, will not arrive until after Christmas. **School Photos** were taken in September, and orders have been distributed to students who ordered packages. Retakes were taken on **Friday, October 22<sup>nd</sup>**. Retake orders will be distributed in late November.

### STUDENTS' COUNCIL

October has been a very productive and busy month for the **Students' Council Executive**. The Crusaders donated over 10,000 pounds of food for this year's **Partners in Mission** Thanksgiving food drive, finishing in 2<sup>nd</sup> place! Congratulations to **Mrs. Fenrich's, Mrs. McLean's, Mrs. Waters', Mr. Prior's** and **Mr. McComb's** homeroom classes who donated the most food per person in each grade. These classes won a hot dog lunch! Thank you to all Crusaders who donated so generously. **Students' Council** ran a smooth pep-rally and was very impressed by the amount of school spirit. **Friday Night Lights** was a great success as the seniors won a great game over the **Regiopolis-Notre Dame Panthers**. Although the juniors had a tough loss, the crowd was still roaring with 'CRU' cheers. The **Junior Representatives** have been appointed by the Students' Council. We had eighteen very qualified candidates who went through the interview process. It was a tough decision but we chose two outstanding and responsible students. The grade 9 representative is **Jared Troywalchuk** and the grade 10 representative is **Darby Flynn**. The first task of the Junior Reps is helping us with **Hallowe'en Treat Bags** which were sold at lunch for \$2 and were delivered on **Friday, October 29<sup>th</sup>** to the homerooms. The annual **Paul Halligan Classic** took place on **Thursday, October 28<sup>th</sup>** in support of breast cancer research. We were proud to see our Crusaders wearing pink and cheering on our school teams to support this worthy cause. The next school dance will be on **Friday, November 12<sup>th</sup>**. Please listen to announcements as the theme will be announced soon. The cost will be \$10 and doors will open at 7:30. This dance will be just as fun as the last one, so come on out and boogie with your fellow Crusaders!

Sara Valentino, Communications Officer

### HOLY CROSS CATHOLIC SCHOOL COUNCIL

It was great to have committed parents, especially those of our Grade Nine and Ten students, join our first two Council meetings. The next meeting of the Holy Cross Catholic School Council will be held on **Wednesday, November 17<sup>th</sup>** in the Library at 6:30 pm. All interested community members are invited to attend.

### ARTS NOTES

A troupe of traveling actors. A mysterious leading player. A naïve young person looking for meaning and purpose in life. Put them in a magician's hat and out pops the musical comedy **Pippin**. With music and lyrics by **Stephen Schwartz** of **Wicked** fame, and originally directed and choreographed by Broadway legend **Bob Fosse**, **Pippin** – part medieval morality play, part modern satire – is pure musical theatre razzle-dazzle. Showcasing the work of over one hundred performing, visual, musical, and technical production student artists, **Pippin** promises an evening of challenging, thought-provoking and entertaining theatricality. The show runs **November 24 – 27<sup>th</sup>, 2010**; curtain time is 7:00 p.m. Tickets go on sale at the school beginning **Wednesday, November 17<sup>th</sup>** at lunch - \$10.00 for students and \$12.00 for adults – and will be sold at the door on performance nights.

Once again, the year's major production will be accompanied by a special art exhibit entitled **On the Right Track**, a visual exploration of the themes and issues in the play as interpreted by our senior visual art students. Don't miss this annual showcase of student talent. The **Arts Department** has "magic to do, just for you." *Join us* for the theatrical experience that is **Pippin**.

### TECH NEWS -SHSM CPR & First Aid Training

On Friday, November 19<sup>th</sup> and Saturday, November 20<sup>th</sup>, grade 11 and 12 students enrolled in the **Specialist High Skills Major in Information and Communications Technology** will be participating in a **St. John's Ambulance** training session in CPR and First Aid in the small HC gym. **RND** students from their new **Arts & Culture SHSM** will also be joining **Holy Cross** for this training session. To meet the rigorous requirements of the **SHSM**, students must acquire six industry recognized certifications. **HC** students have already received this semester their "ticket" in **Fall Prevention**. The **SHSM** is a special program that provides students the opportunity to focus their secondary school studies on their chosen career path in the communications technology sector. Students in the **HC SHSM** program study animation, audio production, graphic design, journalism, photography, video production and web page design. Grade 10 and 11 students interested in the **HC SHSM** program should contact **Mr. Esford** in **Room 218**.

### ELECTRONIC NEWSLETTER DISTRIBUTION

*If you are not receiving this newsletter electronically, but would like to, please update your email information with our Student Services Department at 613 384-2023 or email [hcssnews@alcdsb.on.ca](mailto:hcssnews@alcdsb.on.ca).*



## MOVEMBER

For breast cancer awareness, people wear pink ribbons ... the idea behind **Movember** is that all males are encouraged to grow moustaches to help raise awareness for prostate cancer; these moustaches act as their ribbons. To involve women, light blue ribbons can be worn as well. At **Holy Cross**, some of our students have been working extremely hard to help create this event. They have been creating posters and helping with the organization of homeroom letters. As well, they are creating two videos. The first is a challenge video to **St Theresa (Belleville)** and **Mr. Zanette** (you tube link: <http://www.youtube.com/watch?v=uVLjO8iRYUI>) that will be played for students at **St Theresa**. The second will be an information video that we will show to HC students in early November. Questions? Please see **Mr. Dzierniejko**.

## STUDENT ABSENCES AND THE PROVISION OF WORK

Ideally, students and teachers will be present throughout the school year. However, in reality, absences will occur from time to time. When teachers are absent, they often modify their lesson plans for the day and then make some adjustments upon their return. When students are absent, they need to follow a similar path. Students who are absent for legitimate reasons, such as illness or a school-approved excursion, should speak with their teachers at the earliest possible time and seek to find a way to get the lesson, and to either complete an assignment or a test as appropriate. In some cases, adjustments may need to occur (for example, a demonstration lesson will likely not be re-taught for individual students). Students who miss classes for legitimate reasons should not be penalized academically for these absences; however, it is up to them, in conjunction with their teachers, to get back on track as quickly as is possible. Many teachers have a web page from which students can access information; in other cases, students can check with peers to get a quick overview of what was covered. Students are reminded that doctor's notes are necessary for missing final exams. Family vacations should not occur during exam periods. When students are *going to be away for more three or more days* (in cases of illness, suspension, or some special event), they or their parents are encouraged to contact the student's guidance counsellor. The guidance counsellor will put out a notice to teachers and, within a school day, work should be available at day's end for pick-up at **Student Services**.

## LATE BUSES

Two late bus runs have begun, each **Monday** and **Wednesday**, traveling from **Holy Cross** to **Napanee** and **Amherstview**. These buses (or taxis) will only run if numbers warrant. **As these buses run on a needs-basis, please contact Mrs. Boyle in the Main Office if you are interested in making use of this service, before 11:15 each Monday and Wednesday.**

## From the Attendance Office

1. Students are reminded that if they are feeling ill during the day and wish to go home they must report to the attendance office. Parents will be contacted by the Attendance Secretary to arrange for pick up.
2. Parents are reminded that if their child is going to be absent from school they must call the attendance office (613-384-1355) before 8:30 on the day of absence.
3. Students requiring to leave school early (e.g. **MEDICAL, DENTAL, or out of town sporting event**) must bring parent notes to the Attendance office prior to 8:30 to obtain a permission to leave slip.

## HOLY CROSS UNITED WAY CAMPAIGN

Thank you to all those who have or will support this year's **United Way Campaign**. Together we have made a difference for the needy within our community. Thanks also to our United Way organizing committee, comprised of **Faith Bland** and **Chris Corcoran**.

## SPECIAL EDUCATION RESOURCE DEPARTMENT

Appreciation is sent to all Parents/Guardians for completing the **Individual Education Plan** process for semester one. If you have not returned the Consultation Form, please do so as we are collating them and responding to any comments. If you did not receive your son or daughter's IEP for this term, please contact **613-384-1919, ext.3426**.

**Grade 12 Students** who are graduating in **June 2011** are invited to update their IEP and prepare a **Post-Secondary Transition Portfolio**. To do so, schedule an appointment with **Ms. Gavan Knox** in **Room 117**.

## COUNSELLORS' CORNER

### HONOUR ROLL CEREMONY

A ceremony honouring last year's Honour Roll students will take place during Period One on **Wednesday, November 3<sup>rd</sup>**. Our guest speaker will be **Holy Cross Alumnus, Nathan Manion**.

### TAKE YOUR KID TO WORK DAY

Grade 9 students will participate in **Take Our Kids to Work Day** on **Wednesday, November 3<sup>rd</sup>**. This day is important in that it gives students the opportunity to gain exposure to the skills required in today's workplaces, and gain a better understanding of exploring career choices. Regular classes will not be held on this day. Signed permission forms must be returned to Student Services in order for students to participate.

### POST SECONDARY INFORMATION

Workshops for on-line application to **OUAC** (universities) were conducted on **Tuesday, October 26<sup>th</sup>** and another will be conducted on **Monday, November 1<sup>st</sup>**. Workshops for on-line applications to **OCAS** (college) will be held on **Tuesday, November 9<sup>th</sup>** and **Friday, November 12<sup>th</sup>** at 11:15. Students are encouraged to check our up-to-date post-secondary information at the **Holy Cross Website** ([www.hctoday.ca](http://www.hctoday.ca)) and click: "Academic" – Student Services "Post-Secondary Info").

### VOLUNTEER OPPORTUNITIES

Students are reminded to check the Information Board outside Student Services for volunteer opportunities.

### DEGREE FOR A DAY AT QUEEN'S - FRIDAY, NOV. 26.

Grade 12 students are invited to attend a day at **Queen's** to experience university life for a day. The event costs \$5, and students require their own transportation. Please see **Mrs. Cantarutti** for more information.

### HOUSE OF COMMONS PAGE PROGRAM

Grade 12 students accepted to a university in the **National Capital Region** with an academic average of 80% are eligible to apply to the **House of Commons Page Program**. Work begins in late August 2011, and the work schedule will be coordinated with their university schedule. Students must also speak fluent French to be eligible. For more information go to [www.parl.gc.ca/hocpage](http://www.parl.gc.ca/hocpage). The deadline to apply is **Friday Jan. 7<sup>th</sup>, 2011**.

### ENRICHMENT OPPORTUNITIES:

#### WATERLOO UNLIMITED

#### Grade 11: Design Theme March 14-18<sup>th</sup>, 2011

From engineering and the environment to science fiction and virtual reality, students will spend a week exploring the theme of Design.

Application deadline: **December 15<sup>th</sup>**

#### GRADE 10: VISION THEME MAY 15 – 19<sup>th</sup>

Students will consider the perspectives of scientists, engineers, writers, philosophers, and others as they examine the theme of Vision.

Application deadline: **March 4<sup>th</sup>, 2011**

Go to [www.unlimited.uwaterloo.ca](http://www.unlimited.uwaterloo.ca) for more information

#### ROTARY YOUTH EXCHANGE

Students ages 15 and older have the opportunity to experience a foreign country, learn a new language and culture by participating in the **Rotary Youth Exchange**. Opportunities for long-term and short-term exchanges are available. Students must be of good character, possess a desire to broaden their horizons, and be adaptable to new environments. For more information contact [sharon7040yex@hotmail.com](mailto:sharon7040yex@hotmail.com) or [sherri@agnewfoods.com](mailto:sherri@agnewfoods.com)

#### ENCOUNTERS WITH CANADA

High school students are welcome to participate in a week-long youth forum held at the **Terry Fox Canadian Youth Center in Ottawa**. During their week-long experience, students participate in five interactive modules, each linked to a specific theme. For more information go to [ewc-rdc.ca](http://ewc-rdc.ca) or call **1-800-361-0419**.

#### SHAD VALLEY

**Shad Valley** is a demanding four-week program that focuses on academics through workshops, lectures and a business project where the students are challenged to bring a new science and engineering based invention to market. Students also participate in challenging recreational activities, such as hiking and camping. There are several **Shad Valley** campuses across **Canada, Queen's University** being one. Applications are due **December 8<sup>th</sup>**. For more information go to [www.shad.ca](http://www.shad.ca), or see **Mrs. Cantarutti** for an application.

**Grade 11 and 12 students with a Learning Disability** are invited to an information evening for the **OnLine to Success** course at **Queen's Faculty of Education on Thursday, November 18th, 2010 at 6:30 pm at the Faculty of Education**. The deadline for registration is **December 10<sup>th</sup>**. For further information, please contact **Ms. Gavan Knox** at **613 384-1919, ext. 3426**.

**Free Workshop for Families: Bullying and Mental Health Problems in Adolescents and Adults with ASD: Risks and Interventions.** Contact **Maggie** at the **Dual Diagnosis Program-416-535-8501 ext. 7806** or email **Maggie:slusarczyk@camh.net**

**IEP 101 Online Workshop for Parents and Students.** created by the **Learning Disabilities Association of Ontario** to help parents and students to understand their role in the IEP process. No user name or password is needed.  
Parent/ Guardian Meeting to support sons /daughters on IEPs was chaired by **Mrs. Carolyn Krug** and **Ms. Gavan Knox** on **Thursday, October 28<sup>th</sup>**.

**ATHLETICS**

As the Fall Sports season nears an end, the winter sport season begins in November and Holy Cross is again expected to field extremely competitive teams in Wrestling, Swimming, Curling, Cheerleading, Badminton, Boys' Basketball, Girls' Volleyball, and Girls' and Boys' Hockey. This winter, over 170 student athletes from **Holy Cross** will attempt to compete in these championships. Approximately 50 staff coaches and 16 volunteers will provide these opportunities throughout the year. The websites: **KASSAA- www.kassaa.ca** and **OFSAA-www.ofsaa.on.ca** are excellent resources for schedules, league rules and any general information regarding high school sports. Information regarding teams can be obtained through a number of sources, including school announcements, posters, our school's athletic web site - **http://hcss.alcddb.on.ca/athletics/home.html**, local newspapers and the **KASSAA web site**. If you have any questions concerning a team, please contact the coach listed, or ask your home room teacher for assistance.

**Sport, Coach, Starting Date, and Cost**

<b>BADMINTON</b> Mr. Roberts/Mr. Gervais January .....	\$70.00
<b>JR. BOYS' BASKETBALL</b> Mr. Garant November .....	\$175.00
<b>SR. BOYS' BASKETBALL</b> Mr. Dzierniejko/Mr DeMelo November	\$350.00
<b>CHEERLEADING</b> Ms. Carr November .....	TBA
<b>CURLING</b> Mr. Thorburn/Ms. Doucet November .....	TBA
<b>BOYS' HOCKEY</b> Mr. Clarke/Mr. White/Mr. Switzer November ...	\$250.00
<b>GIRLS' HOCKEY</b> Mrs. Nichol/Mr. Gillis November 16 .....	\$300.00
<b>JR. GIRLS' VOLLEYBALL</b> Mr. O'Brien November .....	\$100.00
<b>SR. GIRLS' VOLLEYBALL</b> TBA November .....	\$160.00
<b>WRESTLING</b> TBA Late November .....	\$150.00
<b>SWIMMING</b> TBA November .....	\$125.00

**GRADE 9 PHYSICAL ACTIVITY PASS PROJECT**

In the next few weeks, all of the grade 9 students in **Kingston** and surrounding area will be receiving a **free Community Physical Activity Pass** granting them access to all recreation facilities (i.e., pools, arenas, YMCA) in the city and local townships for the entire school year. A previous evaluation of the Pass revealed only 16% of the students used their Community Physical Activity pass, which was attributed to low student awareness due to lack of promotional activities encouraging the Pass. **Holy Cross** is participating in a project run by **Nipissing University** to evaluate the effectiveness of enhanced promotion of the Pass through grade 9 peer ambassadors.

**ONTARIO YOUTH APPRENTICESHIP PROGRAM (OYAP)**

*"Apprenticeship is a training program of choice for more than 35,000 employers, 120,000 apprentices, and 300,000 active journeypersons in Ontario."* Apprenticeship Training in Ontario: A Guide for Employers and Sponsors. June 2010

What is an Apprenticeship? – An apprenticeship is a hands-on training program for people who want to work in skilled trades or occupations. About 90% of an apprenticeship involves on-the-job training by employers; the remaining 10% involves theoretical training at a college or with a training provider. In Ontario, there are more than 150 trades in which a person may register as an apprentice.

There are three popular routes to an apprenticeship that include:

- 1. Traditional Route** – The person seeking an apprenticeship is responsible for finding an employer who will sponsor him or her. The employer and apprentice register with the Ontario Ministry of Training, Colleges, and Universities Apprenticeship Office, sign a Contract of Apprenticeship, and the apprenticeship training period officially begins.
- 2. Ontario Youth Apprenticeship Program** – Senior students, with the help of their OYAP coordinator, register as apprentices while still in high school. These students complete a cooperative education placement in a skilled trade. They receive credit for the skills they develop and demonstrate to their employer during the apprenticeship. Some OYAP students can even receive credit for their (Basic) Level One in-school training. A successful OYAP placement can lead to paid employment and continuation of an apprenticeship after graduation. Interested students should speak with a guidance counsellor or cooperative education teacher at their secondary school.
- 3. College Route** – Many of Ontario's colleges of applied arts and technology offer diploma programs related to skilled trades. These programs require successful completion of secondary school and can take two or three years to complete. As these are full-time programs, college tuition is required.

**Steps to an apprenticeship following the OYAP route**

- 1.** Explore your career options with a guidance counsellor or coop teacher.
- 2.** Research the topic carefully and talk to people who work in the field you are considering. Web sites [www.oyap.com](http://www.oyap.com) and [www.apprenticeshipsearch.com](http://www.apprenticeshipsearch.com) are excellent resources.
- 3.** If possible, enrol in an in-school technology course related to your chosen field. Discuss options with your technology teacher.
- 4.** Enrol in a cooperative education course. Discuss this with your coop teacher.
- 5.** Meet with an OYAP Coordinator to discuss possible apprenticeship pathways.

Who Should Consider OYAP? - Students who:

- 1.** Are at least 16 years of age and have completed 16 credits.
- 2.** Are either in grade 11 or 12 and have an interest in a career in a skilled trade.

Additional support or information is available from **Jim Johnston** or **Paul Denison, OYAP Coordinators** with the Board. **Jim** may be reached at **(613) 532-3985**; **Paul** may be reached at **(613) 849 – 8550**.

<b>NEXT MONTH AT HOLY CROSS</b>	
1.....	World AIDS Day MADD Assemblies, "Shattered" Winter Team Photographs Improv Try-outs, 2:45 – 4:00 p.m., Rm 246 Coffee House at 6:30 p.m.
2.....	Grade Level Reconciliations all day in the Library Jazz Ensemble at Our Lady of Lourdes, a.m. Improv Try-outs, 2:45 – 4:00 p.m., Rm 246
5.....	International Day of Persons with Disabilities
6.....	National Day of Remembrance and Action on Violence Against Women Christmas Drive Begins
7.....	International Days Celebrations
9.....	International Days Celebrations Crusaders Bands, Foyer Performance School Advent Masses
10.....	International Human Rights Day Crusaders Bands, Foyer Performance Queen's Online to Success Registration Deadline
12.....	National Day of Prayer for Aboriginal People
14.....	Recommended Date for university & college applications
15.....	22 <sup>nd</sup> Annual Memorial Basketball Games at HC
16.....	Katherine Splinter Memorial Christmas Concert, 7 p.m.
17.....	Last Day of classes before Christmas Break Tentative Non-Uniform Day
18 – Jan. 2.....	Christmas Holidays