

# HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON

March, 2006 Newsletter... visit our web site at [www.hctoday.ca](http://www.hctoday.ca)

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The Holy Cross newsletter is issued in the first week of each month.



## Principal's Message:

As we head into the March Break, I express my appreciation to all students and staff for the great start to Semester II. Our community is blessed to have so many dedicated and talented members who share their time and talents with one another. I offer my congratulations on behalf of our community to the following:

The organizers of the **17<sup>th</sup> Annual Memorial** hosted at RND on **February 10<sup>th</sup>**. Approximately **\$16 500** was raised through ticket sales to the boys' basketball games, 50/50 draws, Silent Auction, T-shirt sales, and the two day elementary schools' basketball tournament.

The **Holy Cross Swimming Team** with **Philip Arnold, Ryan Coens, Griffin Chambers, Mackenzie Chamberlain** and **Amanda Mullin** which have qualified for the **All-Ontario OFSAA Championships** on **March 7<sup>th</sup> to 8<sup>th</sup>** in Etobicoke,

The **Holy Cross Improv** team comprised of **Rob Dorey, Simon Finn, Melissa Davis, Rob Taylor, Crystal Anderson, Brianna Roberts, Mike Cox** and **Cassie Berry** under the direction of **Ms. Carrie Rose** which placed an impressive **2<sup>nd</sup>** place in the **Eastern Regional Improv** games.

The **Holy Cross Technology Council** comprised of **Jessica Dykins, Lindsay Stokes, Brittany Mallen, Jenna Moorhead, Sherri King, Sarah Costa** and **Korin Pryal** which hosted the Kingston to Kingston (K2K) Fashion Show on February 23<sup>rd</sup> in the Cafetorium to raise funds for the St. Patrick's Foundation in Kingston, Jamaica and the Kingston Youth Shelter.

The Holy Cross Bands, which competed in the **Annual Kiwanis Festival** at RND on February 23<sup>rd</sup> and 24<sup>th</sup> under the Direction of **Mr. David Orser** and **Mrs. Diane McCombs**;

**Holly Ottenhof** who was nominated for an **Ontario Junior Citizen Award**.

**Chas Murphy** who captured the **Silver Medal** at the **All-Ontario OFSAA Wrestling Championships** in Sarnia.

**Kelsi Ball** who was nominated for the **Kiwanis amateur athlete of the year**.

## PASTORAL SERVICES UPDATE

### K2K FASHION SHOW:

Congratulations to the H.C. Tech Council which raised over \$1000.00 for charity at the **February 23<sup>rd</sup>** K2K Fashion Show. Our students and staff did a fantastic job in putting together a show which featured 'Fair-Wear' clothing from local stores (in keeping with our Board's Anti-Sweat Guidelines). Special thanks to **Brittany Mallen** and **Lindsay Stokes**, from the H.C. Tech Council, who co-produced the show. And to the many students, staff and parents who helped us to raise money in support of the Kingston Youth Shelter and the St. Patrick's Foundation in Kingston, Jamaica.

**PANCAKE BREAKFAST:** Thanks to everyone who supported our Pancake Breakfast on **February 28<sup>th</sup>**. We especially thank the Brown's Cafeteria Staff, the Golden Griddle, and M & M's on Gardiner's Road for their generous donations and help with this Share Lent fundraiser.

**HOLY CROSS JAMAICA MISSION TRIP:** We are fast approaching our visit to Kingston, Jamaica during the March Break. Twelve students and three staff from our school will be travelling to Kingston to volunteer at a school sponsored by the St. Patrick's Foundation. They are especially looking forward to strengthening our relationship with St. Patrick's as

## MARCH DATES TO REMEMBER

March 1.....	Ash Wednesday School Mass
March 3-5 .....	KASSAA Cheerleading Championship
March 7-17.....	Jamaica Mission Trip
March 7-18.....	France/Spain Trip
March 8.....	Early Semester Report Cards Issued
March 8.....	International Women's Day
March 10-17.....	March Break
March 20.....	Try-outs for Spring Sports Teams Begin
March 22 .....	Parent Teacher Interview Night 3:00 to 6:00 & 7:00 to 9:00 in the Cafetorium
March 23 .....	Grade Level Reconciliations all day- Library
March 28.....	Catholic School Council Meeting 7:00 p.m.
March 29.....	EQAO Grade 10 Literacy Test
March 31.....	Graduates' Retreat

well as with the Archdiocese of Kingston, Jamaica.

**ASH WEDNESDAY & LENT:** Lent began on **March 1<sup>st</sup>** this year with the celebration of Ash Wednesday Mass and the distribution of ashes. Once again, as Christians, we are encouraged to follow the traditional observances of fasting, abstinence and almsgiving throughout the 40 days of Lent. We will have a celebration of Reconciliation for the school community on **March 23**, a Staff Way of the Cross on **April 5<sup>th</sup>**, and a Holy Week Dramatic Presentation for the school on Wednesday, **April 12<sup>th</sup>** to help us to enter into the spirit of this penitential season.

**GRADUATES' RETREAT:** We will be having our Graduates' Retreat on **March 31<sup>st</sup>** this year. Graduating students are invited to sign up for this retreat which should be a valuable preparation for their post-secondary experiences.

**THINKFAST:** Our annual **25-Hour Thinkfast** will take place on **April 7<sup>th</sup>**. Students will be asked to collect pledges for the Catholic Organization for Development & Peace and to fast from solid food for 25 hours as part of this overnight experience.

Chris Forster, Pastoral Services

### INTERNATIONAL WOMEN'S DAY

**March 8, 2006** is International Women's Day. Established in 1977 by the United Nations, this special day provides an opportunity to reflect on the progress made to advance women's equality, to assess the challenges facing women in contemporary society, to consider future steps to enhance the status of women and, of course, to celebrate the gains made in these areas. Canadians will celebrate *International Women's Week* from **Sunday, March 5** to **Saturday, March 11, 2006**, with the highlight being *International Women's Day* on **March 8**. Additional information may be obtained on the web site, [http://www.swc-cfc.gc.ca/dates/iwd/index\\_e.html](http://www.swc-cfc.gc.ca/dates/iwd/index_e.html).

### HOLY CROSS ELECTRONIC NEWSLETTER

Subscribe to *e HCNewsletter* today and you'll be in the know when it comes to what's happening at Holy Cross. All we need is your e-mail address. To receive our newsletter at the beginning of each month send an e-mail today to [hcss@alcdsb.on.ca](mailto:hcss@alcdsb.on.ca) with the Subject of **HC Electronic Newsletter**.

### NEW UNIFORM SUPPLIER

**We are pleased to announce that Halpern's Ltd.** has become the exclusive supplier for school uniforms for Holy Cross Catholic Secondary School, effective immediately. Please see attached information.

### KIWANIS MUSIC FESTIVAL RESULTS

All of the Holy Cross Crusader Bands once again participated in the Kiwanis Music Festival held this year at Regiopolis-Notre Dame. Here are the results:

- \*Senior Wind Ensemble - 1st Place in Competitive "A" Class
- \*Symphonic Band - 2nd Place in Competitive "B" Class
- \*Junior Concert Band - 2nd Place in Junior Competitive Class
- \*Senior Wind Ensemble - A+ Rating in Non-Competitive Class
- \*Jazz Ensemble - A+ Rating in Non-Competitive Stage Band Class

Congratulations to all of our musical ensembles. We are very proud of you!

The Crusader Bands will travel to Orlando, Florida, **April 25-May 1** to compete in Festival Disney, a prestigious competition hosted by Disney at Disney World Resorts and Parks. Good Luck Crusader Bands in Sunny Florida!

### HOLY CROSS IMPROV

The Holy Cross Improv Team placed second overall out of seventeen area high school teams in the Kingston Improv Games. The games were played at McArthur College Auditorium on Saturday, February 25, 2006. This is the first time in many years that a Holy Cross Improv Team has done so well. Congratulations to all team members.

### SEMESTER 2 EARLY REPORT CARDS AND INTERVIEWS

On **March 08<sup>th</sup>**, the early Report Cards for Grades 9 - 12 students will be completed in all classes. All students will receive a complete report. There will be one night for **Parent Teacher Interviews** on **Wednesday, March 22<sup>nd</sup>** from **3:00 to 6:00 p.m. and from 7:00 to 9:00 p.m.** Each parent/teacher conference is scheduled for 10 minutes, and may be booked by appointment, in advance, in the days prior to the interview. Parents and guardians should feel free to contact their son's or daughter's teacher at any time in order to learn more about their performance, but in particular at this time.

### LEADERSHIP CONFERENCE

On **March 1, 2006** seven Holy Cross students will be participating in a global leadership conference at Queen's University. This conference is sponsored by Global Vision, a national charitable organization and founder of the Junior Team Canada Program (JTC) and is being hosted in 20 cities across Canada. JTC programs position youth to get a head start on career opportunities in both national and international job markets. JTC programs feature leadership training that links theory with real work experiences from the competitive global workplace. Students will meet with Canadian business, industry, government and education leaders to develop their leadership and entrepreneurial skills. Students will learn first hand what are the skills, knowledge and experience they need to succeed in today's global economy.

In addition, students participating in one of the conferences will have the opportunity to compete for a spot on the Junior Team Canada Mission. Here teams of young Canadians travel to foreign markets and explore business opportunities on behalf of Canadian business and industry. In addition the team examines the global issues that developing countries are facing, and how Canada can play a lead role in making a difference.

Students participating: **Kaitlyn Lackie, Claire Cheng, Josh**

Ashurst, Matt Hulse, Rebecca Holmes, Sarah Taylor, Lauranne Warner.

### LIFE THREATENING ALLERGIES

Many children have allergies. A few, however, are life threatening. Some children, for example, are severely allergic to peanut products, including peanut butter. Even a tiny bit can be fatal within minutes. Nuts, shellfish, fish, eggs, and milk are also known to cause severe reactions.

Our school board has a policy in place to help protect children with life-threatening allergies. If you are the parent of a child with life-threatening allergies, we need your cooperation in providing the school with current, medical information and assistance in developing a plan to protect your child's health. When that plan is in place, we will be asking for the cooperation of all parents and students in the school to help protect the allergic child from danger.

With your help, we will do our best to prevent mishaps and to make sure that all of our students are safe, healthy, and able to concentrate on learning.

If you would like further information about our policies, please call the school.

### ONTARIO YOUTH APPRENTICESHIP PROGRAM

The Ontario Youth Apprenticeship Program (OYAP) was originally designed by the province to provide an awareness of career opportunities in skilled trades areas to students in high school. This program has proven to be extremely successful, and continues to grow in popularity and demand as it has surpassed expectations of the Ministry of Education and the Ministry of Training, Colleges and Universities. An example of this success can be observed in the ALCDSB where there were 147 ALCDSB students involved in cooperative education placements and specialty programs in skilled trades areas in first semester this year. This is in comparison to 106 students who were enrolled in similar placements for the same period last year.

Updates/Information:

- The OYAP program is available to any full time high school student interested in the skilled trades. They must be a minimum of 16 years of age, have completed at least 16 credits toward their OSSD, and have expressed interest in a skilled trades area to qualify.
- **High school/College Level 1 Apprenticeship Programs for 2006 – 2007 include Cook/Chef, Automotive Service Technician, Carpentry, Construction Craft Worker, Hairstylist, and Early Child Educator.**

Information about OYAP may be obtained from the guidance department or cooperative education teacher in any of the Board's high schools.

Additional support or information is available from **Jim Johnston**, OYAP Coordinator with the Board. Jim may be reached at (613) 532-3985.

### COUNSELLORS' CORNER

After ironing out some initial "kinks" in the system, the on-line course selection process seems to now be working well. All selections will be input by **March 8<sup>th</sup>**. Students should be aware that changes to selections can be made by setting up an appointment with a counsellor.

The **Literacy Test** will be written on **Wednesday, March 29<sup>th</sup>**. A Literacy Test preparation class is being presented to all Grade 10 students. A practice booklet has been sent home with the students. This year, the test will be conducted on one day for two ninety-minute sessions.

New summer and job opportunities are posted on the bulletin board outside Student Services.

A reminder that university and college applicants who have made course changes recently must check their university/college site to make sure the changes have been made. See your counsellor as soon as possible if the academic info on either the OUAC or OCAS site is incorrect.

### NEWS FROM THE SPECIAL EDUCATION DEPARTMENT

A draft of the Individual Education Plan for semester II will be sent home for consultation on **March 27<sup>th</sup>**. Parents are asked to return the signed consultation form to room 117. Graduating grade 12 students need to make an appointment with the Special Education teachers in order to discuss their post secondary plans and chart a transition path. Yearly IPRC meetings will begin soon. Parents will be contacted with an appointment time and date. Please feel free to address any concerns regarding programming and accommodations for special needs students with the Special Education staff.

### HOLY CROSS CATHOLIC SCHOOL COUNCIL

The next Meeting of the Council is on **Tuesday, March 28<sup>th</sup> at 7:00 p.m.** in the Library. All parents are welcome to attend.

### AREA CODES

Area Codes **450, 514, 519, 613, 819**

10-digit dialing for local calls will be required in all area served by these area codes.

In **October 2006**, all business and residential customers will be required to dial the area code and 7-digit phone number for all local calls made using a wireline or mobile phone.

### SENIOR GIRL SAYS

March is a lucky month for the Holy Cross population. Not only is it the month of St. Patrick but also March Break. This is a time to relax, vacation, and do some homework of course. Our March Break begins on the tenth and extends until the twentieth of March, which creates a nice break for the students and teachers. Unfortunately, we have to travel a distance to obtain that beautiful golden tan which we all dream of in these 'almost summer' months. Some resort to tanning beds

or the faux glow to gain their sun kissed look. While self tanner is much safer than the beds, it has its disadvantages; this lotion can cause an orange tint. Whether you are in Kingston, Jamaica, or Kingston, Ontario, take advantage of the wonderful week off of school.

As many boys and girls know, **Mike Veryzer** created an x-box tournament throughout one week in February. This occurred during the lunch hour and brought many students together to express their x-box skills. This invention developed such a stir, Mike has considered organizing another tournament in the near future. The semi-formal which occurred on February 17th was a huge success. Many students from Holy Cross and their dates joined the dance floor to celebrate Valentine's Day. Our final dance will be held as this school year ends to glorify the success of another great year at Holy Cross. Have a wonderful March break and stay safe Holy Cross!

## Next Month at Holy Cross

April 6-13.....	Mid Semester Examination Period
April 4-5 .....	Spring Team Photographs in Rm. 129
April 5 .....	Staff Way Of The Cross (After school)
April 7.....	Thinkfast (Overnight)
April 12.....	Holy Week Liturgy
April 12.....	HC Spring Uniform Sale 3-8:30pm, cafeteria
April 12&13.....	U of Waterloo Gr.12 Math Contest
April 13.....	Half Courses end
April 14.....	Good Friday
April 15.....	Holy Saturday
April 16.....	Easter Sunday
April 17.....	Easter Monday
April 19.....	Grade 9-12 Marks Due
April 24.....	Catholic School Council Meeting 7:00
April 24-29 .....	Volunteer Week
April 25 - May 1.....	Band Trip to Florida
April 26.....	Secretary's Day
April 26.....	Mid semester Report Cards issued
April 28-30 .....	National Cheerleading Championships

## HOLY CROSS ATHLETICS

The spring sport season **begins in March** and Holy Cross is again expected to field extremely competitive teams in Rugby: Senior boys, junior boys, and Girls), Soccer: Senior Girls, Senior Boys, Junior Girls, Junior Boys, and Track and Field.

**Spring Team photographs will be taken on Wednesday, April 4<sup>th</sup> and Thursday, April 5<sup>th</sup> in order to appear in the yearbook. Photographs will be taken in room 129 during the lunch hour.**

This spring, over 200 student athletes from Holy Cross will compete for KASSAA and EOSSA championships. Both the KASSAA website - [www.kassaa.ca](http://www.kassaa.ca) and the OFSAA website [www.ofsaa.on.ca](http://www.ofsaa.on.ca) are an excellent resource for schedules, league rules and any general information regarding high school sports.

Information regarding teams can be obtained through a number of mediums including school announcements, posters, our school's athletic web site - [www.alcddb.on.ca/~hcssa](http://www.alcddb.on.ca/~hcssa), local newspapers and the KASSAA web site - [www.kassaa.ca](http://www.kassaa.ca). If you have any questions concerning a team please contact the coach listed or ask your home room teacher for assistance.

### Boys' Soccer

The **Senior Boys' Soccer** team will play under the leadership of teacher coach **Mr. Fil Scarpaza**. Mr. Scarpaza is looking forward to another competitive seasons. The team will travel to two tournaments. Tryouts will begin after March break with practices after school. The team's user fee will be \$110.

The **Junior Boys' Soccer** team will be looking to improve upon their strong showing last year. Teacher Coaches **Mr. Bob Bouvier, Mr. Pat Murphy, Mr. Mike McCallister** and **Mr. Scott McCann** will be taking the junior Crusaders to one tournament at LaSalle. Practices occur daily Monday through Friday after school. Tryouts will begin on after March Break and the team's user fee will be \$40.

### Girls' Soccer

The **Senior Girls'** team is lead by teacher coaches **Mr. Richard Coleman**. The team practices after school. The team's

user fee will be approximately \$75.

The **Junior Girls'** team is lead by teacher coaches **Mrs. Patsy Hawkins-Hogan** and **Mrs. Marie Hulse**. The team will have some morning practices and some after school practices. The team plans to attend two tournaments and the team's user fee will be \$55.

### Rugby

All three Rugby teams are coached by the same coaching staff led by **Mr. Mike Chambers, Mr. Dave Jarrell** and **Mr. John Clark**. Official team tryouts begin after the March break. The teams practice daily after school and each new player is required to purchase team kit. The **Senior Boys** team will attend two tournaments; in Toronto and Guelph. The **Junior Boys'** team looks to build on the success of the junior football team as they vie for the **KASSAA** championship. The Girls' team again looks to be strong. They and the juniors will attend two tournaments. All three teams have a \$40 user fee separate from tournament and kit costs.

### Track and Field

The **Track and field** team, under the leadership of teacher coach **Mrs. Ann Marie Macrow, Mr. Mike Lazure, Mr. Robin Dzierniejko, Mrs. Kim Hulton, and Mrs. Joanne Van Nest** will try and send a record number of Crusaders to the Ofsaa championships being held on June 1-3 in Toronto. Any interested student, willing to practice regularly will be given an opportunity to join this highly competitive team. Try-outs occur late in March. The team's user fee is approximately \$85.

### Rowing

An initial meeting has been held with all returning and new rowers. Another meeting is planned for Wednesday, March 8th at 7p.m. in the Lecture Theatre at Holy Cross for parents and the coaches. If you are unable to attend this meeting, please contact Mr. Les Jung at 389-7755. The coaches for this year are Mr. Jung and Ms. Shani Doucette who is a teacher with our Board. Rowing regattas will be held every weekend in May culminating in the regatta in St. Catharine's at the beginning of June. In addition dry land training will begin soon followed by daily practices at the Rowing Club.