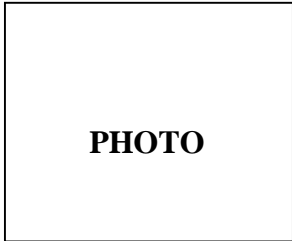


Anaphylaxis Alert

This person has a DANGEROUS life-threatening allergy to:

Foods: _____
Insect Stings: _____
Medication: _____
Other: _____



Food: The key to preventing an anaphylactic emergency is **absolute avoidance** of the allergen. Individuals with food allergies cannot share food, eat unmarked/bulk foods, or products which have the “may contain” warning.

KNOW THE SIGNS AND SYMPTOMS... a person with anaphylaxis might have any of the following signs or symptoms:

- Face:** Itchy eyes, itchy nose, flushed face, swollen lips, swollen tongue
- Airway:** Trouble breathing or swallowing, hoarseness, choking, coughing, wheezing.
- Stomach:** Pain, vomiting, diarrhea,
- Skin:** Rash, itchiness, swelling, hives - anywhere on the body.
- General:** Weakness, sense of doom, loss of consciousness.

Anaphylaxis can lead rapidly to unconsciousness and death.

KNOW WHAT TO DO ... the first signs of a reaction can be mild, but symptoms can get worse very quickly.

Give: The epinephrine (adrenaline) injection at the first sign of a reaction. It is dangerous to wait. Give a second dose in 10-15 minutes if reaction continues or worsens.

Call 911: Tell them someone is having a life-threatening allergic reaction. Ask them to send an ambulance immediately.

Go: To the nearest hospital, even if symptoms are mild or have stopped. Stay in the hospital setting for 4-6 hours. The reaction could come back.

CONTACTS / APPROVAL

_____ (H) _____ (O) _____ (Cell) _____

_____ (H) _____ (O) _____ (Cell) _____

The undersigned parent/guardian hereby authorizes any adult to administer epinephrine to the above-named child in the event of an anaphylactic reaction as described above.

Signature of Parent/Guardian

Date

The information gathered on this form is pursuant to the *Education Act* and the *Municipal Freedom of Information and Protection of Privacy Act*. Information will be used to prepare assessment records; maintain records for all students. Users: Student Services Staff, Principal of Student, all teachers responsible for the Student’s program and designated staff for clerical functions.