

Fanny Pack Laminated Information Card

FRONT OF CARD

ANAPHYLAXIS ALERT

This child is allergic to _____

Use the EpiPen immediately if any of these symptoms appear

- Tingling in mouth
- Wheezing, sneezing, coughing and choking
- Hives, rash, itching
- Sense of doom, fear apprehension
- Swelling eyes, ears, lips, face, tongue
- Constriction in breathing, swallowing
- Vomiting, stomach upset, diarrhea
- Generalized flushing
- Lightheadedness
- Loss of consciousness

EpiPen directions:

1. **Pull off the blue safety cap.**
2. **Place orange tip on thigh.**
3. **Press hard into thigh until you hear the click.**
4. **Hold for 10 seconds.**

Call 911 to transport to hospital. If symptoms continue or worsen after 10-15 minutes and ambulance has not arrived, a second injection must be given .

BACK OF CARD

ANAPHYLAXIS ALERT

School: _____

Name of Child: _____

Child's Weight: _____ lbs/kg Age: _____

Address: _____

Parents' Phone Numbers: _____

Emergency Contact # _____

Health Card No: _____

The information gathered on this form is pursuant to the *Education Act* and the *Municipal Freedom of Information and Protection of Privacy Act*. Information will be used to prepare assessment records; maintain records for all students. Users: Student Services Staff, Principal of Student, all teachers responsible for the Student's program and designated staff for clerical functions.