

**Student With Diabetes Responsibilities Checklist**

- Wears his/her Medic Alert identification at all times during the school day.
- Has age appropriate understanding of his/her diabetes.
- Recognizes symptoms of a low blood sugar reaction and can take age-appropriate action to treat the symptoms.
- Takes responsibility for proper eating habits.
- Takes responsibility for bringing and looking after his/her blood glucose monitoring and insulin injection apparatus, including proper disposal.
- Has an age-appropriate understanding of how to administer the blood glucose monitoring system, blood testing, insulin injection and safe disposal of lancets and needles.
- Takes age-appropriate responsibility in providing self-administration of appropriate low blood glucose treatment.
- Promptly informs an adult that he/she has diabetes as soon as symptoms appear or when experiencing a general feeling of not feeling well.