

## Parents/Guardians Responsibilities Checklist

- Inform the school of their child's diabetes.
- Meet with the school administration and appropriate school staff, e.g. classroom teacher, prior to the child's first day of school and provide information related to their child's chronic illness, including:
  - Medical Care Plan.
  - Special needs or concerns regarding the health and care of their child.
  - Typical signs and treatment of low blood glucose.
  - Times for meals and snack times.
  - When the school is to contact parents (e.g. after incidents of moderate or severe low blood glucose, etc.)
  - Review school guidelines concerning: causes, prevention, identification and treatment of hypoglycemia and include highlighted special signs or characteristics for their child.
- Complete the following forms and submit them to the school principal before your child's first day of school:
  - Request and Consent Diabetes Intervention Form.
  - Three (3) copies of the Type 1 Diabetes – Hypoglycemia Emergency Treatment Form.
- Inform school administration regarding changes in their child's health, lifestyle, diabetes procedures, management and emergency contact numbers on an on-going basis.
- Provide and maintain a supply of fast-acting sugar, e.g. oral glucose, orange juice, etc. at the school.
- Provide a safe container for blood glucose monitoring items and insulin injection items and medication labeled with your child's name for transport and storage requirements.
- Teach your child:
  - The importance of wearing a diabetes identification (Medic Alert) at all times.
  - Age appropriate understanding of the causes, identification, prevention and treatment of low blood glucose.
  - To recognize the first symptoms of low blood glucose.
  - To communicate clearly to adults/those in authority that he or she has diabetes and when feeling a reaction starting or a general feeling of not feeling well.
  - To be responsible for all treatment apparatus, including proper disposal and to eat only foods approved by parents.
  - To take as much responsibility as possible for his or her own safety.
  - The importance of having their kit and snacks with them during the school day.