

UNIVERSAL PRECAUTIONS RE BLOOD AND BODILY FLUIDS

1. Use impermeable gloves if blood or bodily fluids containing visible blood are anticipated.
2. Stop the bleeding, cover the wound and change the uniform if contaminated with excessive amounts of blood.
3. Wash hands and skin after contact with blood.
4. Clean any surfaces or equipment with appropriate disinfectant and clean clothes or skin with soap and water or an appropriate antiseptic.
5. Use proper disposal procedures for contaminated clothing and equipment.
6. Use a ventilation device for emergency resuscitation.
7. Avoid direct contact patient care if you have an open skin condition.
8. Follow accepted guidelines for control of bleeding and for any body fluids containing visible blood.
9. Encourage all participants to use individual water bottles.