Anaphylaxis Alert

This person has a DANGEROUS life-threatening allergy to:

Foods: ____________________________________________

Insect Stings: _______________________________________

Medication: _________________________________________

Other: _____________________________________________

Food: The key to preventing an anaphylactic emergency is absolute avoidance of the allergen. Individuals with food allergies cannot share food, eat unmarked/bulk foods, or products which have the “may contain” warning.

KNOW THE SIGNS AND SYMPTOMS... a person with anaphylaxis might have any of the following signs or symptoms:

Face: Itchy eyes, itchy nose, flushed face, swollen lips, swollen tongue
Airway: Trouble breathing or swallowing, hoarseness, choking, coughing, wheezing.
Stomach: Pain, vomiting, diarrhea,
Skin: Rash, itchiness, swelling, hives - anywhere on the body.
General: Weakness, sense of doom, loss of consciousness.

Anaphylaxis can lead rapidly to unconsciousness and death.

KNOW WHAT TO DO ... the first signs of a reaction can be mild, but symptoms can get worse very quickly.

Give: The epinephrine (adrenaline) injection at the first sign of a reaction. It is dangerous to wait. Give a second dose in 10-15 minutes if reaction continues or worsens.

Call 911: Tell them someone is having a life-threatening allergic reaction. Ask them to send an ambulance immediately.

Go: To the nearest hospital, even if symptoms are mild or have stopped. Stay in the hospital setting for 4-6 hours. The reaction could come back.

CONTACTS / APPROVAL
__________________________________________ (H) __________ (O) __________ (Cell) __________
__________________________________________ (H) __________ (O) __________ (Cell) __________

The undersigned parent/guardian hereby authorizes any adult to administer epinephrine to the above-named child in the event of an anaphylactic reaction as described above.

__________________________________________
Signature of Parent/Guardian

Date

The information gathered on this form is pursuant to the Education Act and the Municipal Freedom of Information and Protection of Privacy Act. Information will be used to prepare assessment records; maintain records for all students. Users: Student Services Staff, Principal of Student, all teachers responsible for the Student’s program and designated staff for clerical functions.